#### Estimation of the QT-RR relation: trade-off between 2 goodness-of-fit and extrapolation accuracy 3

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29	

- 30 Abstract
- 31

Correction of the QT interval in the ECG for changes in heart rate (RR interval) is needed to compare groups of patients and assess the risk of sudden cardiac death. The QTc represents the QT interval at 60 bpm, although most patients typically have a faster heart rate, thus requiring extrapolation of the QT-RR relationship.

36 This paper investigates the ability of QT-RR models with increasing number of 37 parameters to fit beat-to-beat variations in the QT interval and provide a reliable estimate 38 of the QTc. One-, two- and three-parameter functions generalising the Bazett and 39 Fridericia formulas were used in combination with hysteresis reduction (memory) 40 obtained by time-averaging the history of RR intervals with exponentially-decaying 41 weights. In normal men and women datasets of Holter recordings in normal subjects (24h 42 monitoring), two measures were computed for each model: the root mean square error 43 (RMSE) of fitting and the difference between the estimated QTc and a reference QTc 44 obtained by collecting data points around RR = 1000 ms.

45 The two- and three-parameter functions all gave similar low RMSE with 46 uncorrelated residues. An optimal memory parameter was found that still minimized the RMSE and could be used for all functions and subjects. This reduction in RMSE resulted 47 48 from changes in the parameters linked to the increased steepness of the QT-RR relation 49 after hysteresis reduction. At optimal memory, the two and three-parameter models 50 provided poorer prediction of the QTc as compared to the Fridericia's model in subjects 51 with fast heart rates, since accurate representation of the steeper QT-RR relation 52 worsened the extrapolation that was then needed to determine the QTc. As a result,

- 53 among all models investigated, the Fridericia formulation offered the best trade-off for
- 54 QTc prediction robust to memory and fast heart rates.
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60	Abbreviati	ons
61	B, F, P	: QT model; Bazett, Fridericia, power optimized
62	$B^{o}, F^{o}, P^{o}$	: Bazett, Fridericia, power optimized with offset
63	QT	: QT interval
64	JT	: JT interval
65	QTX	: predicted QT for model X (X = B, F, P, $B^{o}$ , $F^{o}$ , $P^{o}$ , $B^{JT}$ , $P^{JT}$ )
66	$QTX_{c}$	: corrected QT for model X (X = B, F, P, B <sup>o</sup> , F <sup>o</sup> , P <sup>o</sup> , B <sup>JT</sup> , P <sup>JT</sup> )
67	τ	: memory time constant (in beats) of the autoregressive filter
68	m	: exponent of QT model
69	K <sub>1</sub> , K <sub>2</sub>	: regression coefficient of QT model
70	RR, $\overline{RR}$	: RR interval, raw and with memory
71	$QT_{ref}^1$	: QT reference at RR = 1000 ms=1 sec
72	$QTX^1$	: predicted QT at RR = 1000 ms by model X (X = B, F, P)
73	М	: Men 24-hour Holter group
74	W	: Women 24-hour Holter group
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# **1. Introduction**

79	Numerous studies have been devoted to the analysis of the QT vs. RR relationship
80	in time series extracted from ECG recordings (Molnar et al., 1996; Malik et al., 2002;
81	Pueyo et al., 2004; Malik et al., 2008a; Malik et al., 2008b; Halamek et al., 2010;
82	Jacquemet et al., 2011; Cabasson et al., 2012; Pickham et al., 2012). Their aim was either
83	to typify the QT dependency to RR among subjects and conditions, or to obtain a reliable
84	estimate of the $QT_c$ (QT at RR = 1 sec.) to be used for clinical or regulatory purpose
85	(Isbister & Page, 2013; Rabkin & Cheng, 2015). Different functional representations and
86	fitting criteria were considered (Pueyo et al., 2004). In many instances, a set of QT vs.
87	RR functions were fitted, the most performing being retained for each individual
88	recording (Jacquemet et al., 2011). Since QT changes also display hysteresis upon RR
89	variations, weighted time average of the RR has been used to account for the so-called
90	memory effect (Malik et al., 2008a; Malik, 2014).
91	
92	Our goal is to further investigate the links between memory, the choice of the QT-
93	RR functions, the goodness-of-fit and the accuracy of $QT_c$ prediction. The paper covers
94	the following topics: 1) Analysis of the ability of selected QT-RR functions,
95	incorporating one to three adjustable parameters and weighted average RR corresponding
96	to progressively decaying memory effects (a procedure referred to as hysteresis
97	reduction), to reproduce the beat-to-beat dynamics of the QT intervals; 2) Comparison of
98	the proportional and linear approaches to compute $QT_c$ from these QT-RR functions; 3)
99	Evaluation the accuracy of QTc prediction by comparison with a benchmark obtained
100	from QT values measured from episodes where the RR was stable around 1000 ms.

102	The first section of the paper obtains, through the comparison of two alternative
103	methods, a set of reference QT values that will be compared to the $QT_c$ predicted by the
104	different models. Then, we examine whether optimal memory providing minimal QT vs.
105	RR fitting errors should be subject- and/or model-specific. We also investigate whether
106	the improvement of the fitting brought by memory results from specific changes in the
107	values of the parameters and how these are related to the sex of the subjects and the
108	number of adjustable parameters in the models. Finally, two methods to estimate the $QT_c$
109	are assessed. All these issues are studied in clinical recordings obtained from 24 hours
110	monitoring.
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112	2. Methods
113	2.1. ECG recordings
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124 ECG signals were band-pass filtered (0.01-100 Hz). An ECG fiducial point 125 detector (Dubé et al., 1988) was applied to the magnitude of the signal (RMS of the three 126 ECG leads) to identify the markers Q, R, S and T. The beginning (Q) and end (S) of the 127 QRS were defined as the position corresponding to 2% of the maximum of the R wave 128 before and after the peak value respectively. The marker R was set at the center of gravity 129 of the QRS complex (median of the area between Q and S). The marker T (i.e. end of 130 repolarization) was placed at the intersection of the baseline and the tangent at the 131 steepest negative slope of the lowpass-filtered T wave (15 Hz cutoff frequency) (Xue & 132 Reddy, 1998). ORS, OT and JT intervals were defined as S-O, T-O and OT-ORS 133 respectively, and RR as the period between successive R markers. In the sequel, QT(n), 134 QRS(n) and JT(n) refer to the intervals within the n-th beat, and RR(n) to the RR interval 135 from the preceding beat. Markers were validated by examination of the QT and RR time 136 series using a combination of ECG analysis software (Dubé et al., 1988) and Burdick 137 Vision Premier Holter (Cardiac Science, Bothell, WA, USA) operated by experienced 138 operators. After a preliminary automatic analysis, all individual RR and QT time series, 139 as well as the ECG, were examined to remove ectopic beats, compensatory pauses, 140 episodes of arrhythmia and unreliable beats that may have been missed, as well as 141 abnormal QT coming from noisy stretches of recordings. All analyses were performed 142 using the validated time series consisting of normal sinus beats with reliable QT intervals. 143

#### 144 **2.3. Memory**

145 The response of the QT interval to abrupt changes in heart rate is characterized by 146 a slow adaptation, by which the change of QT lags behind the change of RR. Upon

147 successive increase and decrease of the RR, the OT variation depends on the RR time 148 course and displays hysteresis. This is usually be taken into account by introducing an effective RR interval, denoted by  $\overline{RR}$  and computed from the past RR intervals, which is 149 150 then used to predict the QT. This is equivalent to filtering the RR time series. This filter 151 may be chosen to be a moving average (Ehlert et al., 1992), a one- or two-parameter 152 transfer function (Halamek et al., 2010; Jacquemet et al., 2011), be subject-specific 153 (Puevo et al., 2004; Malik et al., 2008a), or QT-RR hysteresis may be simply neglected 154 (Molnar et al., 1996; Rautaharju & Zhang, 2002). We used an autoregressive filter 155 approach that has been extensively validated (Jacquemet *et al.*, 2014; Malik, 2014; Malik 156 et al., 2016) and is defined by the formula:

157 
$$\overline{RR}(n) = c RR(n) + (1-c) \overline{RR}(n-1) , \qquad (1)$$

where  $0 < c \le 1$  is the memory parameter. This is equivalent to exponentially decaying weights:

160 
$$\overline{RR}(n) = c \sum_{i=0}^{\infty} (1-c)^{i} RR(n-i) = \sum_{i=0}^{\infty} w_{i} RR(n-i)$$
(2)

161 
$$\sum_{i=0}^{k} w_{i} = 1 - (1 - c)^{k+1}$$
(3)

162 The model therefore discards the instantaneous effect of action potential duration

restitution (Franz et al., 1983) on the QT interval in normal subjects during sinus rhythm.

164 Some attention to this additional effect may be needed in the context of arrhythmia,

165 exercise or tilt table test (Cabasson *et al.*, 2012).

166 The number of preceding beats needed to reach 95% of the total cumulative 167 weight, denoted by  $\tau = \max(1, \log(0.05)/\log(1-c) - 1)$  was used to quantify the memory 168 (Malik, 2014). The memory parameter  $\tau$  was varied from 1 beat (no memory, c = 1) to 169 500 beats (long memory,  $c \approx 0.006$ ). For the sake of convenience, RR was divided by 170 1000 ms to provide non-dimensional normalized time series.

171

#### 172 **2.4. QT models**

173 The Bazett's and Fridericia's formulas are the standard clinical representation of 174 the QT vs  $\overline{RR}$  relationship:

175 Bazett (model B): 
$$QTB(n) = K_2 \cdot \overline{RR}(n)^{\frac{1}{2}}$$
  
Fredericia (model F):  $QTF(n) = K_2 \cdot \overline{RR}(n)^{\frac{1}{3}}$ 

in which QTB(n) and QTF(n) refer to the beat-to-beat predicted QT by each function. In
this article, we chose to include the simplest extensions of these functions by allowing the
exponent of the RR to vary and/or by adding an offset. In the sequel, we referred to these
functions as models. The most general model, denoted by P<sup>O</sup> (adaptive power (P) with
offset (o)) is expressed as:

(4)

181 model 
$$P^{O}$$
:  $QTP^{O}(n) = K_1 + K_2 \cdot \overline{RR}(n)^m$ 

182 where  $K_1$ ,  $K_2$  and *m* are parameters to be adapted to each subject.

183

Additional models were created by applying the functions to the JT interval instead of the QT interval (Tsai *et al.*, 2014). Since QRS duration only depends weakly on heart rate (5 to 8 ms variation for full RR range (Malik *et al.*, 2008b)) and its beat-tobeat determination is commonly less accurate than the QT, the JT time series was defined as  $JT(n) = QT(n) - \langle QRS \rangle$ , where  $\langle QRS \rangle$  was the mean QRS duration over the whole recording. Predicted QT values were then recovered by adding the subject-specific 190  $\langle QRS \rangle$  to the predicted JT. This was done for the B and P model (B<sup>JT</sup>,P<sup>JT</sup>). The results of 191 the F<sup>JT</sup> were the poorest among all models and are not presented. The effect of memory 192 was also taken into account by fitting the models with  $\overline{RR}$  computed from a large set of c 193 values

194

195 The B<sup>JT</sup> and P<sup>JT</sup> models are equivalent to setting the parameter  $K_1$  of the B<sup>o</sup> and 196 P<sup>o</sup> model to the subject-specific  $\langle QRS \rangle$ . There were introduced to test whether the  $K_1$ 197 parameter obtained by the fit was close to  $\langle QRS \rangle$ . The eight different models are 198 summarized in Table 1.

Model	Nb. of Parameters
B: $QTB(n) = K_2 \cdot \overline{RR}(n)^{1/2}$	1
F: $QTF(n) = K_2 \cdot \overline{RR}(n)^{1/3}$	1
$B^{JT}$ : $QTB^{JT}(n) = \langle QRS \rangle + K_2 \cdot \overline{RR}(n)^{1/2}$	1
P: $QTP(n) = K_2 \cdot \overline{RR}(n)^m$	2
$\mathbf{P}^{\mathrm{JT}}$ : $\mathbf{QTP}^{\mathrm{JT}}(\mathbf{n}) = \langle \mathbf{QRS} \rangle + \mathbf{K}_2 \cdot \overline{\mathbf{RR}}(\mathbf{n})^m$	2
$\mathbf{B}^{\circ}:  \mathbf{QTB}^{\circ}(\mathbf{n}) = \mathbf{K}_1 + \mathbf{K}_2 \cdot \overline{\mathbf{RR}}(\mathbf{n})^{1/2}$	2
$F^{\circ}$ : $QTF^{\circ}(n) = K_1 + K_2 \cdot \overline{RR}(n)^{1/3}$	2
$P^{\circ}: QP^{\circ}(n) = K1 + K_2 \cdot \overline{RR}(n)^m$	3

199

**Table I**: The eight models and their number of parameters.

201	Fitting was performed for each subject using an iterative least square method
202	implemented in Matlab (nlinfit). To secure convergence in the three parameters P <sup>O</sup>
203	model, the $K_1$ and $K_2$ parameters were first estimated from two-parameter optimization
204	with $m$ varying from -3 to 3 by step of 0.04. The variant with minimum residue was
205	picked as initial condition for the final three-parameter optimization. Analysis was
206	restricted to these models generalizing Bazett's and Fridericia's formula to allow for a
207	comprehensive comparison of the parameters values between models as well as with
208	respect to memory.

The quality of the fits was assessed by the root mean square error (RMSE). Fitting does not necessarily reduce the dispersion of the QT around each RR value. A dispersion index was obtained for each subject by computing the QT standard deviation in successive RR bins of 40 ms width, ranging from 460 to 1400 ms. The dispersion index was calculated for each bin containing at least 40 beats.

215

#### 216 **2.5. QT correction**

A single value for the QTc can be obtained by evaluating the fitted QT-RR relation at  $\overline{RR} = 1$ . The resulting value was noted as  $QTX^1$  for the model X, X standing for P, P<sup>O</sup>, B, F, etc. However, when  $QT_c$  has to be monitored over time, its beat-to-beat evaluation is needed. It can be obtained through two types of formulations, referred to as proportional and linear scaling by Rautaharju and Zhang (2002). The proportional evaluation (index p) is computed as

223 
$$QTX_{cp}(n) = \frac{QT(n)}{\overline{RR(n)}^{m}} + K_1 \cdot \left(1 - \frac{1}{\overline{RR(n)}^{m}}\right) \quad .$$
(7)

In the absence of offset ( $K_1$ =0), a standard Bazett-like formula is obtained that still required fitting if m is a free parameter. The offset introduces a rate-dependent correction factor in the QT<sub>c</sub> estimation. The linear correction (index L) is formulated as

228 
$$QTX_{cL}(n) = \left(QT(n) - K_2 \cdot \overline{RR(n)}^m\right) + K_2$$
(8)

The mathematical derivation of the expected values of the mean and standard deviation of  $QTX_{cp}(n) - QTX^1$  and  $QTX_{cL}(n) - QTX^1$  are given in Appendix I.

231

#### 232 **2.6. Reference value for the QT**<sub>c</sub>

In order to quantify the accuracy of the models at predicting the  $QT_c$ , a reference estimate of the QT at RR=1000 ms is desirable. Ideally, it would be the QT interval measured after a long period at a stable RR of 1000 ms ( $QT_{ref}^1$ ), but such stable episodes were rarely present in the recordings. Two algorithms were developed to estimate  $QT_{ref}^1$ .

237

The principle of the first algorithm was to select the QT intervals from time windows in which the RR remained within a limited range around 1000 ms. The method had two parameters: (1)  $\Delta$ RR, the acceptable range ( $\Delta$ RR = 35 or 50 ms); (2) W, the duration of the window (W = 10 to 120 s by step of 10 s). For each segment of duration W, the mean ( $\mu_{RR}(\Delta RR;W)$ ) and standard deviation ( $\sigma_{RR}(\Delta RR;W)$ ) of RR intervals were calculated. Windows were kept if the interval  $\mu_{RR} \pm \sigma_{RR}$  and at least 90% of the RR were within the interval  $1000 \pm \Delta RR$ . The whole recording was scanned by steps of W/2, and the mean QT value ( $\mu_{QT}(\Delta RR;W)$ ) was calculated for each acceptable window. The window-based estimated of  $QT_{ref}^{1}$ , denoted by  $QT_{ref,W}^{1}$ , was computed as the average of the  $\mu_{QT}(\Delta RR;W)$  overall values of  $\Delta RR$  and W. This method puts more weight on long stable intervals, since they contribute to multiple windows.

249

In the second algorithm, the RR time series was filtered by a series of autoregressive filters as in Eq. (1) with  $c = [1.5, 2, 2.5, 3, 4, 5, 7, 10, 25, 50] \times 10^{-2}$ . For each value of c, the QT of all beats for which the filtered RR was within the [975, 1025] ms range were averaged, giving an estimate  $QT_{ref, AR}^{1}$  (c). The final estimate  $QT_{ref, AR}^{1}$  was taken as the average of  $QT_{ref, AR}^{1}$  (c) over all values of c.

255

The two estimates  $QT_{ref,AR}^1$  and  $QT_{ref,W}^1$  were compared using pair Student T-test (equality of mean), F-test (equality of variance), Bradley-Blackwood test (equality of mean and variance together) and Lin concordance coefficient.

- 259
- 260 **2.7. Comparison of**  $QT_{ref}^1$  with  $QT_c$

261  $QT_{ref}^1$  and  $QT_c$  predicted by the different models were compared through repeated-262 measure Anova, using Huynh-Feldt correction for significance.

263

#### 265 **3. Results**

#### 266 **3.1. Reference QT interval at 1000 ms**

As expected (Stramba-Badiale *et al.*, 1997; Malik *et al.*, 2013),  $QT_{ref, AR}^1$  and 267  $QT_{ref,W}^1$  were both longer in women than in men (p < 0.001 for both, Table 2). For men 268 (M), there were no significant differences between the two measures. For women (W), 269 there was a tendency for  $QT_{ref,AR}^1$  to be slightly longer ( $QT_{ref,AR}^1$  -  $QT_{ref,W}^1$ , p=0.01, 95% 270 271 confidence interval: 0.28-2.24 ms), but they nevertheless had a very high level of 272 concordance. A shortcoming of the window method, beside its complexity, was that  $QT^1_{{\rm ref},\,W}\,could$  not be calculated in one woman who had no acceptable window. Hence, 273  $QT_{ref,AR}^{1}$  was chosen as  $QT_{ref}^{1}$  for further analysis. No  $QT_{ref}^{1}$  was above the values that have 274 275 been proposed as clinical threshold for long QT<sub>c</sub> (Hofman *et al.*, 2007). 276

	Men	Women
n	41	26
$QT^{1}_{\text{ref, AR}}~(\mu_{\text{AR}}\pm\sigma_{\text{AR}})$	$373.0 \pm 14.1 \text{ ms}$	401.9 ± 15.7 ms
$QT^{1}_{_{ref,W}}~(\mu_{W}\pm\sigma_{W})$	$372.9 \pm 13.2 \text{ ms}$	400.6 ± 15.7 ms
$\overline{QT^1_{ref,AR}} - QT^1_{ref,W}$	$0.04 \pm 3.36 \text{ ms}$	$1.26 \pm 2.42 \text{ ms}$
Prob ( $\sigma_{AR} = \sigma_{W}$ )	0.67	0.99
Prob ( $\mu_{AR} = \mu_{W}$ )	0.94	$0.01^*$
B-B	1.64	3.37
Prob (B-B)	0.21	0.05*
$ ho(\mu_{\scriptscriptstyle AR}-\mu_{\scriptscriptstyle W},\mu_{\scriptscriptstyle AR}+\mu_{\scriptscriptstyle W})$	0.29	>-0.001
$\operatorname{Prob}(\rho=0)$	0.08	0.99
$ ho_{cc}$	0.97	0.98

278

279**Table 2:** Comparison of  $QT^1_{ref, AR}$  and  $QT^1_{ref, W}$  in each group. Prob: probability of the null280hypothesis for each test. B-B: Bradley-Blackwood test;  $\rho$ : correlation between the sum and281difference of the two values;  $\rho_{cc}$ : Lin's concordance coefficient.

282

#### 283 **3.2. Goodness-of-fit of the QT-RR relation**

This section examines the ability of the different models to reproduce QT vs RR
variations. Two questions are investigated:

1) Using the fitting root-mean-square error (RMSE) as a yardstick, was there an optimal memory  $\tau$  providing the best fit, and was this optimal memory specific to both subjects and models? We conclude that an optimal  $\tau$  can be used for all models and all subject.

290 2) Was memory associated to a change of the values of the parameters of the
291 models? We show that the answer depends on the number of parameters of the
292 models.



**Fig 1. A,B**:  $\overline{\text{RMSE}}$  of the models as a function of memory in men (M) and women (W). Note that the four 2-parameter models P, P<sup>JT</sup>, B<sup>o</sup> and F<sup>0</sup> are superimposed. **C**: Distribution of the model-subject optimal memory. The yellow lines are the position of the minimum  $\overline{\text{RMSE}}$  for each model from panels A and B, the dash line the value of  $\tau_{opt}$ . **D**: Distribution of the model-subject optimal memory RMSE. **E**: Distribution of the differences between the model-subject optimal memory RMSE and the RMSE using  $\tau_{opt}$ for all models and subjects.

301 *Effect of memory* 

Figs 1 A,B show RMSE, the RMSE of each model averaged among subjects, as a function of the memory parameter  $\tau$  for the M and W group respectively. In these, as well as in the curves for each subject (not shown), there was a minimum located as far as 20 ms below the RMSE without memory. It is also noteworthy that curves of all 2parameters models are superimposed.

307

308 The details of the subject-model-optimal  $\tau$  ( $\tau$  giving minimum RMSE for each 309 subject and each model) are presented in Fig. 1(c). The B and F models had respectively 310 the longest and shortest subject-optimal  $\tau$  for both sexes. Women had shorter mean values, except for the P<sup>o</sup> model, in agreement with the results obtained by Malik for the 311 312 Fridericia model (Malik et al., 2016). Still, these sex differences did not reached 313 statistical significance (t-test, p > 0.25 for all models). This was substantiated by a 314 Repeated Measures Anova (model\*sex), which diagnosed a significant differences only 315 between the models (model, p < 0.001), which vanished when the B and F models were 316 discarded (p = 0.31). This suggested that the same subject-optimal  $\tau$  can be used for all 317 models, except possibly for the B and F models.

318

Besides, the variation of  $\overline{\text{RMSE}}$  and of the individual RMSE vs  $\tau$  were very shallow around their minimum. To quantify RMSE sensitivity to  $\tau$ , we calculated for each model and subject, the interval  $\Delta \tau$  (Subj, Model) = { $\tau_{\text{max}} - \tau_{\text{min}}$ } over which RMSE  $\leq$ min(RMSE(Subj,Model))+0.25ms. All  $\Delta \tau$  (Subj, Model) were over 75 beats, the mean values lying around 200 beats for each model, being even larger for the B model. There were no  $\Delta \tau$  (Subj, Model) differences between M and W (Anova Sex\*model, Sex: p=0.66, Sex\*Model: p=0.42). Such a large gap enabled to select a single optimal  $\tau$  for all subjects and models. In order to remain close to a minimum for all models taken together, we chose  $\tau_{opt} = 241$  beats, close to the median of all model-optimal  $\tau$  obtained from Fig. 1A,B.

329

Fig 1E displays the distribution of RMSE(Subj,Model)-RMSE( $\tau_{opt}$ ), which remained much below 0.25 ms except for a few subjects with the B and F models (max: model B: 0.64 ms; F=0.42 ms). The robustness of the F model was conspicuous since the changes of RMSE from subject-optimal  $\tau$  to  $\tau_{opt}$  were minimal even if the former was in general shorter than  $\tau_{opt}$ .

335

In summary, it is possible to use a single  $\tau_{opt}$  for all subjects and model, with large latitude in the exact choice. This reconciles our results with those of Malik *et al.* (2013) who reported an average QT/RR hysteresis of 113±16 sec (or 150±21beats for heart rate at 80 bpm) for 14 hour recordings in a large population of healthy subjects.

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Model	В	F	B <sub>JT</sub>	Р	BO	F <sup>O</sup>	P <sup>JT</sup>	P <sup>0</sup>
$\overline{\text{RMSE}} \pm \sigma(\text{RMSE})$ ms, No memory ( $\tau$ =1),								
M σ±μ	$15.7 \pm 3.8$	$11.6 \pm 2.2$	12.7.±	$10.9 \pm 1.7$	$10.8 \pm 1.7$	10.9±1.7	$10.8 \pm 1.7$	$10.6 \pm 1.6$
W σ±μ	$14.2 \pm 2.5$	$12.3 \pm 2.2$	$12.6 \pm 2.2$	11.9±2.2	11.9±2.2	11.9±2.2	11.9±2.2	11.8±2.2
Pr(M=W)	0.14	0.11	0.67	0.03	0.03	0.03	0.03	0.01
$ au_{ m opt}$ ,								
Μ σ±μ	$8.6 \pm 2.2$	8.1±1.6	$7.5 \pm 1.5$	$7.1 \pm 1.4$	$7.1 \pm 1.4$	$7.1 \pm 1.4$	$7.1 \pm 1.4$	$6.8 \pm 1.3$
W σ±μ	$8.8 \pm 1.6$	$10.0 \pm 2.1$	8.7±1.5	$8.1 \pm 1.5$	8.1±1.5	$8.2 \pm 1.5$	$8.1 \pm 1.5$	$7.9 \pm 1.4$
Pr(M=W)	0.25	< 0.001	0.002	0.001	0.001	0.001	0.001	0.001
$\mathbf{RMSE}(\tau=1) \cdot \mathbf{RMSE}(\tau_{opt})$								
Μ σ±μ	$7.1 \pm 2.5$	$3.4 \pm 1.5$	5.2±1.9	$3.7 \pm 1.3$	$3.7 \pm 1.2$	$3.7 \pm 1.2$	3.8±.1.3	$3.8 \pm 1.2$
W σ±μ	5.4±1.7	$2.3\pm0.9$	$4.0 \pm 1.4$	3.7±1.3	$3.7 \pm 1.2$	3.7±1.2	$3.8 \pm 1.3$	3.8±1.4
Pr(M=W)	0.002	<0.001	0.002	0.94	0.92	0.92	0.92	0.96

349**Table 3**: Mean and standard deviation of RMSE without memory and at  $\tau_{opt}$ . Probability of350Kruskal-Wallis test for equality RMSE in the two groups. The last line is the probability that351RMSE( $\tau$ =1)- RMSE( $\tau_{opt}$ ) was the same in the two groups

352

353 *Fitting accuracy* 

The performance of the models could be ranked by their RMSE (Fig. 1D, Table 355 3). The error was larger for the B, B<sup>JT</sup> and F model, which was expected since they had only one parameter. A striking feature is the quasi equivalence of all the two and threeparameter models:

• Their RMSE, both without memory and with  $\tau_{opt}$ , differed only at or beyond the

359 first decimal within each group;

• Their decrease of RMSE at  $\tau_{opt}$  was the same, and identical in the two groups.

361

Finally it is also noteworthy that for all models except B, at  $\tau_{opt}$ , women's RMSE were up to 2 ms larger than men (p  $\leq$  0.002). This difference can be explained by the QT vs RR Dispersion Index (Fig. 2), whose mean value remains systematically higher for women.



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Fig. 2 QT vs RR dispersion without memory (top) and with  $\tau_{opt}$  (bottom), Women (Red), Men (Blue).

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	W	М	Prob(M=W)
$\mu(RR)$	$882 \pm 113$	$891\pm79$	0.733
$\sigma(\mathrm{RR}(\tau=1))$	$125 \pm 27$	$139 \pm 27$	0.032
$\sigma(\mathrm{RR}(\tau=1))/\mu(\mathrm{RR})$	$0.14\pm0.02$	$0.16\pm0.03$	0.028
$\sigma(\mathrm{RR}( au_{\mathrm{opt}}))$	$106 \pm 25$	$113 \pm 25$	0.155
$\sigma(\mathrm{RR}(\tau_{\mathrm{opt}}))/\mu(\mathrm{RR})$	$0.12\pm0.02$	$0.13\pm0.03$	0.226
$\sigma(\mathrm{RR}(\tau_{\mathrm{opt}})) / \sigma(\mathrm{RR}(\tau=1))$	$0.85 \pm 0.05$	$0.81 \pm 0.07$	0.066
μ(QT)	$384 \pm 22$	$358 \pm 19$	< 0.001
$\sigma(QT)$	$21.7 \pm 4.9$	$19.5 \pm 4.4$	0.038
$\sigma(QT)/\sigma(RR(\tau=1))$	$0.18\pm0.03$	$0.14\pm0.03$	< 0.001
$\sigma(QT)/\sigma(RR(\tau_{opt}))$	$0.21 \pm 0.03$	$0.17\pm0.03$	< 0.001

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5 <b>Table 4</b> : Distribution of Mean ( $\mu$ (QT), $\mu$ (RR)) and standard deviation ( $\sigma$ (QT), $\sigma$ (	RR))
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of QT and RR, the later calculated without memory ( $\tau = 1$ ) and at  $\tau_{out}$ . Means were

compared using T-Test, and the other indices with Kruskal-Wallis Test

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#### 379 Effect of Memory on RR distribution

To grasp the effect of memory, we compared the standard deviations ( $\sigma$ ) of the RR intervals without memory and at  $\tau_{opt}$ . There was a wide variation of  $\mu$ (RR) and  $\sigma$ (RR( $\tau = 1$ )) in both groups, with  $\sigma/\mu$  ranging from 0.10 to 0.18 (W) or .24 (M) (Table 4).  $\sigma$ (RR( $\tau = 1$ )) and  $\mu$  were positively correlated only in women (W:  $\rho = 0.75$ , p < 0.001; M:  $\rho = 0.19$ , p = 0.24). Memory unmistakably reduced  $\sigma$ (RR), on average 15% in women and 19% in men.

386

#### 387 Effects of Memory on fitting parameters and residues

388 Memory can reduce the RMSE by lessening the dispersion of the QT around an 389 invariant QT vs RR relations. Larger  $\sigma(QT)/\sigma(RR)$ , as seen in women relative to men 390 and  $\tau_{opt}$  compared with  $\tau = 1$ , also hints toward steeper QT vs RR slopes and a change of

parameters. The correlations of the residues  $(\epsilon(n) = QT(n) - QTX(n))$  with  $\overline{RR}^{m}$ , which 391 392 provide an additional measure of the accuracy, are also considered to assess the quality of 393 the models.

- 394
- One-parameter models  $(B, F, B^{JT})$ 395

K2	B, $\tau = 1$	B, $ au_{\mathrm{opt}}$	F, $\tau = 1$	F, $ au_{ m opt}$	$\mathbf{B}^{\mathrm{JT}}, \ \tau = 1$	$\mathrm{B}^{\mathrm{JT}}$ , $ au_{\mathrm{opt}}$	
W	$407.3 \pm 15.1$	$408.5\pm15.1$	399.9±13.6	$400.5 \pm 13.6$	341.6±13.0	342.6±13.1	
М	$377.1 \pm 14.3$	$378.3 \pm 14.4$	$371.3 \pm 14.4$	$371.8 \pm 14.5$	$306.7\pm13.3$	$307.6 \pm 13.4$	
Prob B-F	s <0.001, Model: <0.001, Memory: <0.001, Model*Sex: 0.37 Memory*Sex:0.66						
DJT	a <0.001		Mamamu	) 001 $M_{\rm o}$ dates	am 0.69		
В	s <0.001	Memory: <0.001 Model*Sex: 0.68					

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400

**Table 5**, Value of K2 for the B, F and BJT model, without memory ( $\tau = 1$ ) and at  $\tau_{opt}$ . Prob are the probability of the different effect in the Sex\*Model\*Menory repeated 397 measure Anova for B and F model, and Sex\*Menory for the B<sup>JT</sup> model 398 399

401 As seen in table 5, K<sub>2</sub>, the only free parameter of these models, was higher in 402 women, which contributes their larger QT dispersion. However, it remained virtually invariant as a function of memory:  $0 < \max(K_2(\tau_{out}) - K_2(\tau = 1)) \le 3 \text{ ms}$  for the three 403 models among all subjects. Nevertheless, since  $K_2(\tau_{opt}) > K_2(\tau = 1)$  in all cases, there 404 405 was a similar small but systematic increase of the slope for both sexes. Therefore, RMSE 406 reduction by memory relied essentially on the lessening of the RR dispersion. This is 407 comforting regarding the clinical use of these models, since K<sub>2</sub> was insensitive to the use of raw or weighted RR. The behavior of the B<sup>JT</sup> model highlighted the shortcoming of the 408 409 models with fixed exponent without offset. The JT is the QT shifted by a constant, such 410 that the slope of JT vs RR and QT vs RR should by the same. K<sub>2</sub>, which corresponds the

411 value of the JT at RR=1, was obviously lower but also brought a systematic reduction of412 the slope at all RR values.

As seen in Fig. 3, there was a wide dispersion of residue ( $\varepsilon$ ) vs RR<sup>m</sup> correlations 414 ( $\rho(\varepsilon, RR^m)$ ) that was not reduced by memory, although correlations were shifted 415 upwards. As shown in Appendix I, this is a consequence of the absence of the parameter 416 K<sub>1</sub> that does not guarantee a null mean value of  $\varepsilon$ . Hence, the no-correlation criterion of 417 fitting accuracy was not fulfilled in most subjects.



#### 418

419 **Figure 3:** Distribution of the correlation between the residues and  $RR^m$  for the different 420 models without memory (top) and  $\tau_{opt}$  (bottom) for M (blue) and W (red) group. The 421 boxes cover the entire range of correlation, and the yellow lines show the median and 422 first and third quartiles.

```
424 The B model had negative correlations, indicating a systematic tendency to overestimate
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- 425 the QT at high RR values both without and at optimal memory (since  $\epsilon(n) = QT(n) QT(n)$
- 426 QTB(n)). The B<sup>JT</sup> model had a similar trend at low memory, but the center of the

427	distribution was shifted toward 0 at optimal memory. It is noteworthy that even if the $B^{JT}$
428	model gave low RMSE (Fig. 1), its $\epsilon$ vs. $RR^{1/2}$ correlations were often substantial. The F
429	model with optimal memory had rather the inverse trend to underestimate the QT at high
430	RR.
431	
432	In summary, memory did not influence the value of the parameter of these
433	models, but changed the distribution of the residues. For the three models, there were
434	many instances of large $\epsilon$ vs. $RR^m$ correlations in the W and M groups, impacting the
435	quality of the prediction at either low or high RR values. This was also the case of B <sup>JT</sup> ,

436 even if it gave low RMSE.

#### 439 The power models without offset (P and $P^{T}$ )

440

Since the two models gave similar results, only the P model is presented. Table 6

		m	K <sub>2</sub> (ms)	$ ho(arepsilon, \operatorname{RR}^{\mathrm{m}})$	RMSE(ms)
$\tau = 1$	W	$0.35 \pm 0.06$	$401.7 \pm 16.3$	$0.001 \pm 0.003$	$11.89 \pm 2.18$
	Μ	$0.30 \pm 0.06$	$370.8 \pm 15.4$	$0.003 \pm 0.007$	$10.86 \pm 1.71$
$ au_{ m out}$	W	$0.45 \pm 0.06$	$407.2 \pm 17.0$	$0.001 \pm 0.002$	$8.15 \pm 1.47$
брі					
	М	$0.40 \pm 0.06$	$375.4 \pm 14.9$	$0.002 \pm 0.004$	$7.11 \pm 1.37$
	101				
Prob	S	< 0.001	< 0.001	0.88	0.03, <0.001
	τ	< 0.001	< 0.001	0.29	
	$S^*\tau$	0.53	0.41	0.95	0.95

441 summarizes the results for  $\tau=1$  and  $\tau_{out}$ .

442 **Table 6.** P model: Distribution of exponents (m), K<sub>2</sub>,  $\rho(\varepsilon, RR^{m})$ , RMSE for the P and P<sup>JT</sup> 443 models without memory ( $\tau$ =1) and at optimal memory ( $\tau_{opt}$ ). The last row gives the significance 444 of the sex (S), memory ( $\tau$ ) and interaction (S\* $\tau$ ). For m, K<sub>2</sub> and  $\rho$ : S\* $\tau$  repeated 445 measure Anova. For  $\rho$ , the transformed variable  $0.5\ln((1+\rho)/(1-\rho))$  was used for the 446 test. RMSE were compared using Kruskall-Wallis test. First line: S effect for each 447 memory ( $\tau = 1, \tau_{opt}$ ), last line: RMSE( $\tau = 1$ ) – RMSE( $\tau_{opt}$ ).

448

449

The parameters m and K<sub>2</sub> were higher in W than M (p < .001), but memory brought similar increase in both groups (p  $\ge 0.41$ ), as well as equivalent RMSE reduction (p=0.95). The rise of these parameters increases the range of predicted QT and the mean slope of the QT vs RR function. Hence mean slope was larger in women. It was heightened by memory since it shifts the  $\overline{RR}$  values toward the mean for short runs of low and high RR. As also seen in Fig 3,  $\rho(\varepsilon, RR^m)$  was suppressed in these models, even if the parameter K<sub>1</sub> was absent. 457 Figure 4 shows the behavior of the P model as a function of m. Each subject had 458 an exponent giving a minimum RMSE that was also recovered by fitting directly the two 459 parameters. Hence, for the best exponent, the result is equivalent to a standard leastsquare fit of QT vs  $\overline{RR}^{m_{best}}$ . These optimal exponents were distributed over an interval of 460 461 ~0.25, as broadly scattered in both groups (Fig. 4, M: green line, W: red line,). However, 462 for each subject, there was an interval of about  $\pm 0.1$  around its optimal m over which the 463 variation of RMSE was less than 0.5 ms. Considering only RMSE, this would suggest 464 that the same exponent could be used for all subjects without much consequence. For 465  $\tau=1$ , the exponent would be close to the 1/3 Fridericia's value for both models, while at  $\tau_{opt}$ , it would be near the 1/2 Bazett's exponent for the  $P^{JT}$  model (not shown). 466

467

468 However, as seen in the middle column panels of Fig. 4, the variation of the  $\varepsilon$  vs RR<sup>m</sup> correlations around the individual optimum m value was much steeper. The 469 470 correlations at optimal m were low both at  $\tau=1$  and  $\tau_{opt}$  (Fig. 3, Table 3), but varied 471 steeply from positive to negative values as m increased. Exponents lower or higher than 472 the optimal value tended respectively to under- or overestimate the QT at high RR. This also explains the distribution of the correlations for the B, F and B<sup>JT</sup> models shown in Fig. 473 2. In conclusion, finding the individual best exponent was needed to reduce the residues, 474 but above all to minimize their correlations with  $\overline{\mathbf{RR}}^{\mathrm{m}}$ . 475



476 **figure 4:** P models, without memory (upper panels) and at  $\tau_{opt}$  (lower panels). In each panel, men (M) are the bottom and women (W) at the top. Subjects were ranked in each

478 group by the value of m giving the minimum of RMSE. Left column panels:  $\Delta(RMSE)$ 

479 = RMSE(m)-min(RMSE). The green and red line indicated, for each subject the best

480 value of m for M and W respectively contour curves correspond to the levels indicated on

481 the ordinate of the colorbar at the right. Middle panels: correlation of the residue  $(\varepsilon)$ 

482 and RR<sup>m</sup>. Contour curves are from -0.8 to 0.8 by steps of 0.1. **Righ panels:**  $\Delta(K2) =$ 

483 K2(m)- K2(best m). Contour curves are from -10 to 10 by steps of 1.

48:

#### 485 *Two-parameter models with offset* ( $B^o$ and $F^o$ )

486 As seen in Fig. 1, the RMSE of these models were as low as the other two or three parameter models, the offset ensuring no correlation between residues and  $RR^{1/2,1/3}$ . For 487 all subjects, there was a perfect -1 correlation between  $K_1(\tau)$  et  $K_2(\tau)$ ,  $K_1$  and  $K_2$ 488 489 respectively decreasing and increasing with  $\tau$ . As aforementioned, memory tends to increase the slope of the QT vs RR relation. In the B, B<sup>JT</sup> and F models lacking offset, K<sub>2</sub> 490 was the only parameter to increase the slope, but its rise would also shift upward all 491 492 predicted QT. The decrease of the RMSE that could be obtained through an increase of 493  $K_2$  was less than the increase associated with the upward shift, in such a way that the fit 494 was always converging toward the same value of  $K_2$ , irrespective of memory. In the B<sup>o</sup> 495 and  $F^{0}$  models, the K<sub>2</sub>-driven upward shift was corrected by a decrease in K<sub>1</sub>. However as seen in Table 7, memory brought a huge change of the parameter values. Besides, K<sub>1</sub> was 496 497 in general far from the mean QRS (M:  $41.5 \pm 55.4$  ms, W:  $33.6 \pm 42.2$  ms), such that the  $B^0$  and  $F^o$  model were not equivalent to the  $B^{JT}$  and  $F^{JT}$ 498

499

500 Despite the huge variations of  $K_1$  and  $K_2$  upon memory, the increase of  $K_1$ + K2, 501 which is the predicted QT at RR=1, was small but highly significant (p < 0.001), being 502 similar for the two groups and the two models (Sex\*  $\tau$  : p=0.50, Model\*Sex\*  $\tau$  : 0.16).

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		W			Μ				
(ms)	K <sub>1</sub>	K <sub>2</sub>	$K_1 + K_2$	$ \mathbf{K}_1 - \overline{\mathbf{QRS}} $	K <sub>1</sub>	K <sub>2</sub>	$K_1 + K_2$	$ \mathbf{K}_1 - \overline{\mathbf{QRS}} $	
$\mathbf{B^o} \ \tau = 1$	$112.1 \pm 46.6$	$289.8 \pm 56.9$	$401.8 \pm 16.2$	57.5 ± 36.5	$145.9 \pm 48.5$	$225.0 \pm 51.3$	$370.8 \pm 15.4$	$79.5 \pm 45.9$	
$\mathbf{B^{o}} \ \tau_{opt}$	35.6±47.1	371.5 ± 59.9	407.1±16.9	42.2 ± 32.7	$70.4 \pm 43.1$	$305.0 \pm 47.2$	375.4±14.9	33.6±25.3	
$\mathbf{F}^{0} \ \tau = 1$	$-21.2 \pm 69.1$	$422.8 \pm 80.1$	$401.6 \pm 16.2$	$90.4 \pm 59.6$	$42.2 \pm 69.5$	328.6±73.3	$370.8 \pm 15.4$	$61.3 \pm 38.0$	
$\mathbf{F}^{0} \ \tau_{opt}$	$-135.0 \pm 71.4$	541.6±84.1	406.7 ± 16.7	197.1 ± 71.4	$-70.6 \pm 62.4$	$445.8 \pm 67.3$	$375.2 \pm 14.9$	137.7 ± 61.5	
<b>P</b> Sex: <0.001, Model : <0.001, Model*Sex: 0.02, $\tau$ : <0.001, Sex* $\tau$ =0.50, Model*Sex* $\tau$ : 0.16									
<b>Table 7.</b> Distribution of K <sub>1</sub> and K <sub>2</sub> parameters, and of the absolute value of K <sub>1</sub> minus the mean QRS for the B <sup>o</sup> at F <sup>o</sup> model at $\tau = 1$ and $\tau_{opt}$ . The last line is the significance of									

509 the effects of the Sex\*Model\*Memory Anova on  $K_1$ +  $K_2$ 

# 512 The three-parameter model $(P^0)$

513 The three-parameter  $P^0$  model barely decreased the RMSE as compared to two-514 parameter models ( $P^0$  vs  $B^o$ ,  $F^0$  and P models, RMSE difference < 1 ms across all 515 subjects, memory and models). It thus appears superfluous to introduce an extra 516 parameter to get such a tiny improvement of the fit at any value of  $\tau$ .

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521 **Figure 5:**  $P^{o}$  model without memory (left panel) and with  $\tau_{opt}$  (right panel). 522 RMSE-min(RMSE) (ms) as a function of m for each subject. In each panel, men (M) are 523 at the bottom and women (W) at the top. Subjects were ranked in each group by the value 524 of m giving the minimum of RMSE. Contour curves correspond to the levels indicated 525 on the ordinate of the colorbar at the left of each panel. Green and red line: position of 526 min(ERMS) for M and W subjects respectively.

527

530 The variations of the parameters were very large. Fig. 5 shows, for each subject, 531 the evolution of the RMSE as a function of the exponent, as well as the position of the 532 exponent giving the minimum RMSE. The optimal exponents were distributed from ~ -1.5 to 4.5 (M,  $\tau=1$ : 1.17±1.1;  $\tau_{opt}$ : 1.57±1.12, W,  $\tau=1$ : 0.94±0.88;  $\tau_{opt}$ : 1.59±0.92). 533 However, each minimum was surrounded by an m interval with a width at least of 1 in 534 535 which the RMSE varied by less than 0.1 ms. Within these intervals,  $K_1(m)$  and  $K_2(m)$ 536 often varied a hundred fold or more, due to the change of sign of m and of the convexity 537 of the function (m > or < 1).

538

Besides minimizing the residue and the correlation, we also want the models to correctly predict the  $QT_c$ , which is analyzed in the next sections. A quick test to gauge if the three-parameter model should still be considered is to analyze its  $K_1+K_2$  values, the predicted QT at RR=1000 ms. For some patients, the difference between the P<sup>0</sup> and the two-parameter models B<sup>0</sup>, F<sup>0</sup> and P reached 15 to 20 ms, which indicated that the P<sup>0</sup> should be kept for QT<sub>c</sub> analysis.

545

#### 546 **3.3. Comparison with the reference QT at 1000 ms**

547 Comparison using 
$$QTX_c$$
 or  $QTX^{\top}$ 

As mentioned in the methods section,  $QT_{ref}^{1}$  can be compared either to  $QTX^{1}$ (model X evaluated at  $\overline{RR} = 1$ ) or to  $\overline{QTX_{c}}$ , the mean of the beat to beat evaluation of the 550  $QT_{c}$ . The latter can be computed using either the proportional ( $QTX_{cp}(n)$ , Eq. (7)) or 551 linear scaling (QTX<sub>cL</sub>(n). It is shown in Appendix I that, if  $\langle \epsilon \rangle = 0$  and  $\rho(\epsilon(n), \overline{RR}^{m}(n)) = 0$ ,

which is always fulfilled for the models with offset and was also found the P and  $P^{JT}$ model (c.f. Appendix II):

• 
$$\overline{\text{QTX}_{\text{cL}}} = \overline{\text{QTX}_{\text{cp}}} = \text{QTX}$$

555 • 
$$\sigma_{\text{QTX}_{cp}} \approx \sigma_{\text{QTX}_{cL}} / \langle \overline{\mathbf{RR}}^{\text{m}} \rangle$$

Since 1 > m > 0 for the all 2-parameters models as for most subjects for the P<sup>o</sup> model, and  $\langle \overline{RR}^{m} \rangle$  most often < 1,  $\sigma_{QTX_{ep}} > \sigma_{QTX_{eL}}$  for almost all subjects, and always close to 1 for the others. The same result was found for the one parameter models. (Table A2, Fig A2 C).

560

561 Since beat-to-beat variations of the  $QT_c$  can inform us about the effect of different conditions on cardiac repolarization, the  $QT_c(n)$  time series is relevant. The 562 aforementioned conclusion ( $\sigma_{QT_{cn}} > \sigma_{QT_{cl}}$ , otherwise  $\sigma_{QT_{cn}} \approx \sigma_{QT_{cl}}$ ) favored the choice 563  $QT_{cL}(n)$  for comparison with  $QT_{ref}^{l}$  and extraction of potential meaningful beat-to-beat 564 fluctuations, as proposed by Rautaharju and Zhang (2002). As shown in Appendix I, 565 linear scaling has also an additional advantage. The correlations of QT<sub>cL</sub>(n) and the 566 residues with RR<sup>m</sup> are the same such that, as a consequence of Fig. 3, the time series 567  $QT_{cL}(n)$  from the 2- and 3-parameter models were not correlated with RR<sup>m</sup>. Furthermore, 568

569  

$$\sigma(QTX_{cL}) = \sigma(\varepsilon - \varepsilon_{o}) = \sqrt{\langle \varepsilon^{2} \rangle - \varepsilon_{0}^{2}} = \sqrt{RMSE^{2} - \varepsilon_{0}^{2}}$$

$$\sigma(QTX_{cL} - QTX^{1}) = \sigma(QTX_{cL})$$

Hence, once  $\overline{QTX_{cL}} - QTX^{1}$  is known, the variances can be obtained directly from the results of the fitting. For all models, including the one-parameter models, the linear formulation requires the data to be fitted. It is not burdensome if enough data are already available to compute optimal RR. However, the only models that could be used for brief time series would be the B, F or B<sup>JT</sup> models with proportional scaling. In the next section, we compare  $QT_{cL}(n)$  to  $QT_{ref}^{1}$ . To alleviate the notation, it is referred to simply as  $QT_{c}(n)$ .

576

577 *Comparison of*  $QTX_c$  and  $QT_{ref}^1$ 

#### 578

## Details of the $QTX_c vs QT_{ref}^1$ comparison are presented in Table 8

579

Model	В	F	B <sub>1L</sub>	Р	P <sup>JT</sup>	Bo	F <sup>O</sup>	Po		
$\overline{QT_{cL}} - QT_{ref}^{1}$										
M ,τ=1	$5.0\pm 6.0$	-1.6±4.9	$1.2 \pm 4.5$	$-2.1 \pm 4.8$	$-2.1 \pm 4.8$	$-2.1 \pm 4.7$	$-2.2 \pm 4.8$	$-2.0 \pm 4.2$		
M $ au_{\mathrm{opt}}$	$5.6 \pm 6.0$	-1.3±4.9	1.7±4.5	$2.4 \pm 4.6$	$2.5 \pm 4.7$	$2.4 \pm 4.6$	2.3±4.5	3.1±5.4		
W, τ=1	7.7±11.	$-0.3 \pm 7.8$	3.8±8.6	$1.6\pm6.5$	$1.8\pm6.6$	$1.8\pm6.7$	$1.5 \pm 6.5$	$2.3 \pm .5.8$		
w $ au_{\mathrm{opt}}$	8.5±11	$0.2 \pm 7.8$	4.5 ± 8.5	7.1 ± 8.9	7.3±9.2	7.1 ± 9.0	6.7 ± 8.5	9.6±11.2		

580

581 **Table 8**:  $\overline{QT_{cL}} \cdot QT_{ref}^{1}$  without memory and at  $\tau_{opt}$ .

582

#### 583 2- and 3-parameter models

584 The behavior of all 2 and 3 parameters models was identical and is illustrated by

585 the P model in figure 6 A-D). For both men and women with mean  $RR < \sim 800$  ms,

586  $\overline{\text{QTX}_{c}}$  were overestimated for both men and women with mean RR < ~ 800 ms, the

587 difference being amplified to reach 20 to 30 ms at  $\tau_{opt}$ . The effect was larger for the P<sup>o</sup>

588	model and for women. This can also be clearly seen following the position of the upper
589	decile in fig. 7E. For subjects with mean RR > ~ 800 ms , $\langle QTX_{c}\rangle - QT_{ref}^{1}$ varied from -10
590	to 10 ms, with a positive correlation to mean RR without memory. This range was
591	lessened and the correlation suppressed at $\tau_{\mathrm{opt}}$ .
592	
593	$B, B^{JT}$ models
594	The B, $B^{JT}$ models were similar to the aforementioned models, except that the
595	results were not changed by memory. This was expected, since their parameter $K_2$ has
596	been shown to be invariant with respect to memory. For subjects with mean $RR > \sim 800$
597	ms, varied between -10 to 10 ms, with no correlation to mean RR, for subjects with mean
598	$RR > \sim 800 \text{ ms}$ , the overestimation could reach 40 ms for women.
599	
600	F model
601	The F model brought the more interesting results. It was invariant with respect to
602	memory due to the memory invariance of $K_2$ . The width of the distribution of the
603	$\langle QTX_{e} \rangle - QT_{ref}^{1}$ was similar to that of the 2 and 3 parameters models, but much more
604	symmetrically spread with a median close to 0, without systematic bias for subject with
605	low mean RR.
606	



607 **Fig 6**. **A-D**)  $\langle QTX_c \rangle - QT_{ref}^1 = \overline{QTX_c} - QT_{ref}^1$  as a function of the mean RR values for the P 608 model. Without memory: **A**) **M**, **B**) **W**;  $\tau_{opt}$ : **C**) **M**, **D**) **W**. **E**): Distribution of  $\overline{QTX_c} - QT_{ref}^1$ 609 : Men, without memory (black) and with  $\tau_{opt}$  (blue), Women without memory (red) and 610 with  $\tau_{opt}$  (green). The yellow lines indicate the position of the median, first and third 611 quartile, the brown lines, the first and ninth decile. 612

613614 **4. Discussion** 

615

616 Memory reduced the RMSE of all models, thereby improving beat-to-beat QT 617 forecast. The same optimal value could be used for all models, as well as for Men and Women. We have chosen  $\tau_{opt}$  =241 beats, but the increase of RMSE was less than 0.25 ms in a 618 range of at least 100 around  $\tau_{opt}$ . Memory reduced the dispersion of the RR and increased 619 620 the steepness of the QT vs. RR variation by pulling in the value of brief runs of long or 621 short RR. 622 The lone parameter of the standard B and F and related B<sup>JT</sup> models was invariant 623 624 with respect to memory, such that improved RMSE (Fig. 1 A, B; Table 3) relied wholly on the reduction of RR dispersion. Although this stability could be clinically relevant, 625 626 these models were less appropriate for fitting since they resulted in higher RMSE with a 627 large distribution of residue vs. RR correlations (Fig. 3). However, the Fridericia model had interesting properties regarding  $QT_c$  prediction. Its  $\overline{QT_c}$  were evenly spread around 628  $QT_{ref}^{1}$ , and their scattering insensitive to memory due to the invariance of its parameter 629 (Table 6). The dispersion of its  $\overline{QT_{cL}} - QT_{ref}^1$  (Fig. 6), ranging from -15 to +15 ms and 630 evenly spread around 0, was only slightly larger than those of the two and three-631

633

632

parameter models without memory.

All two-parameter models (B°, F°, P, P<sup>JT</sup>) offered proper and equivalent
alternatives for fitting, reducing both the RMSE and the correlations of the residue with

RR<sup>m</sup> (Fig. 1, 3; Tables 3). As illustrated for the P model in Fig. 4, the fitted optimal 636 637 parameters were robust, meaning that any deviation from these values induced a substantial change especially for  $\rho(\varepsilon, \overline{RR}^m)$  and that they had to be specific to each 638 639 subject. However, they were all providing overestimated QT<sub>c</sub> for subjects with mean RR  $< \sim 800$  ms, their  $\overline{QT_{cL}} - QT_{ref}^{1}$  becoming worse at  $\tau_{opt}$  and being larger for women (Fig. 640 641 6). This could be explained by the slope of the QT vs RR relation, which was steeper for 642 women and increased by memory, whereby improving the fit for data clustered at low RR 643 led to overestimated QT at RR=1000 ms. This is further illustrated in Fig. 7, in which the 644 data of each subject were selected over different range of RR, smaller than 900 or 800, 645 and then fitted to get the QT<sub>c</sub>. Moving the RR upper limit farther from 1000 ms led to greater  $QT_{cL} - QT_{ref}^1$ . 646



656 **Fig. 7** Distribution of  $\langle QTX_c \rangle - QT_{ref}^1 = \overline{QTX_c} - QT_{ref}^1$  at  $\tau_{opt}$  for Men (top) and Women (Bottom) 657 for each model. Fitting was done using all  $\overline{RR}$  (Black), or  $\overline{RR} < 900$  (Blue), < 800 (Red). 658 < 700 (Green) ms. The yellow lines indicate the position of the median, first and third 659 quartile, the brown lines, the first and ninth decile. Ordinate was restricted from -30 to 50 660 ms, and some data of P<sup>O</sup> were beyond this interval.

662	Finally, the improvement of the fitting brought by three-parameter models was
663	marginal. As shown in Fig. 5, the final optimal parameters were very sensitive since they
664	could vary in a large range with negligible effect on RMSE and correlations. It also led to
665	even or worse prediction of $QT_c$ than the two-parameter models, especially at $\tau_{opt}$ .
666	
667	It is noteworthy that all the characteristics of the above discussion applied to both
668	the M and W groups. Besides, especially at $ au_{\mathrm{opt}}$ , the two and three-parameters models
669	could enhance false long-QT diagnosis for subjects with low mean RR.
670 671 672 673	5. Conclusion
674	In term of $QT_c$ determination, Fridericia's model was the best among the class of
675	models that we examined and appears to be best suited for extrapolation. Its parameter
676	was stable with respect to memory and there was no systematic trend in the difference
677	between the predicted $QT_c$ and the reference values. Regarding the beat-to-beat $QT_c$
678	fluctuations, all two-parameter models were equivalent and appropriate, except for their
679	capacity to correctly extrapolate the value of the $QT_c$ for subjects with fast heart rate.
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#### 822 Appendix I

Least square fitting of

$$y(n) = m x(n) + b + \varepsilon(n)$$

824 assures that

825  

$$\varepsilon_{o} = \langle \varepsilon \rangle = 0$$

$$\langle \varepsilon, x \rangle = 0$$

$$\Rightarrow \rho(\varepsilon, x) \propto \left\langle (\varepsilon - \varepsilon_{o}) \langle x - \overline{x} \rangle \right\rangle = \langle \varepsilon, x \rangle - \varepsilon_{o} \overline{x} = 0$$

826

For model without the offset b,  $\varepsilon_o$  can be  $\neq 0$ , and  $\rho(\varepsilon, x) \propto -\varepsilon_0 \overline{x}$ 828 829 830 831 Consider the model:

832  

$$QT_{pr}(n) = K_1 + K_2 \cdot \overline{RR(n)}^{m}$$

$$QT(n) = QT_{pr}(n) + \varepsilon(n)$$

$$QT_{pr}^1 = K_1 + K_2$$

where  $QT_{pr}(n)$  and QT(n) are the predicted and measured values respectively,  $\varepsilon(n)$  the residues of the fit,  $\overline{RR}(n)$  the normalized and possibly autoregressive-filtered beat-tobeat interval, and  $QT_{pr}^{1}$  the predicted value at  $\overline{RR} = 1$  that is also an evaluation of the QT<sub>c</sub>. Using the procedure referred to as proportional scaling by Rautaharju et al. (2002), the beat-to-beat evaluation of the QT<sub>c</sub> is:

838 
$$QT_{cp}(n) = \frac{QT(n) - K_1}{\overline{RR(n)}^m} + K_1 = QT_{pr}^1 + \frac{\varepsilon(n)}{\overline{RR(n)}^m}$$
(AI.1)

839 The fluctuations of  $QT_{cp}$  are an amplified with regard to  $\varepsilon(n)$  if either m >0 and  $\overline{RR} <1$ , 840 or m<0 and  $\overline{RR} >1$ .

842 The mean value and standard deviation are

843 
$$\overline{QT_{cp}} = \left\langle QT_{cp}(n) \right\rangle = QT_{pr}^{1} + \left\langle \frac{\varepsilon(n)}{\overline{RR(n)}^{m}} \right\rangle$$
(AI.3)

844 
$$\sigma(QT_{cp}) = \sigma\left(\frac{\varepsilon(n)}{\overline{RR(n)}^{m}}\right)$$
(AI.4)

845 If  $\varepsilon$  and  $\overline{RR}^{m}$  are normally distributed, with  $\langle \varepsilon \rangle = \varepsilon_{o}$  and  $\langle \overline{RR}^{m} \rangle = A$  with

846 correlation coefficient *ρ*, they can be approximated as (Elandt-Johnson & L, 1980;
847 Stuart & Ord, 1998) :

848 
$$\left\langle \frac{\varepsilon(n)}{\overline{RR(n)}^{m}} \right\rangle \approx \frac{\varepsilon_{o}}{A} + \frac{\varepsilon_{o}}{A^{3}} \sigma \left( \overline{RR(n)}^{m} \right)^{2}}{A^{3}} - \frac{\rho \sigma \left( \overline{RR(n)}^{m} \right) \sigma(\varepsilon)}{A^{2}} \qquad (A1.5)$$
$$\sigma \left( QT_{cp} \right)^{2} \approx \frac{\sigma(\varepsilon)^{2}}{A^{2}} - 2 \frac{\varepsilon_{o}}{A^{3}} \rho \sigma \left( \overline{RR(n)}^{m} \right) \sigma(\varepsilon) + \frac{\varepsilon_{o}^{2}}{A^{4}} \sigma \left( \overline{RR(n)}^{m} \right)^{2} \qquad (A1.6)$$

849 Hence, if  $\varepsilon$  unbiased (i.e.  $\varepsilon_0 = 0$ ) and  $\rho = 0$ , as in models with offset,

850  

$$QT_{cp} \approx QT_{pr}^{1} \qquad (A1.7)$$

$$\sigma(QT_{cp}) \approx \frac{\sigma(\varepsilon)}{A} = \frac{RMSE}{A} \qquad (A1.8)$$

851 Otherwise  $\sigma(\varepsilon)^2 = \text{RMSE}^2 - \varepsilon_0^2$ .

852

853 An alternative approach to calculate  $QT_c(n)$ , termed linear scaling by Rautaharju

et al. (2002), is:

855 
$$QT_{cL}(n) = \left(QT(n) - K_2 \cdot \overline{RR(n)}^m\right) + K_2 = QT_{pr}^1 + \varepsilon(n)$$

856 Then

857  

$$\overline{QT_{cL}} = \langle QT_{cL} \rangle = QT_{pr}^{1} + \varepsilon_{o} \qquad (A1.9)$$

$$\sigma_{QT_{cL}}^{2} = \sigma_{\varepsilon}^{2} = \left\langle \left(\varepsilon(n) - \varepsilon_{o}\right)^{2} \right\rangle = RMSE^{2} - \varepsilon_{o}^{2} \qquad (A1.10)$$

Then, by AI.3, AI.7:

860 
$$\overline{\mathbf{QT}_{cp}} - \overline{\mathbf{QT}_{cL}} = \left\langle \frac{\varepsilon}{\overline{\mathbf{RR}}^{m}} \right\rangle - \varepsilon_{o}$$
 (AI.11)

which, by AI.5, can be approximated by

which, by AI.5, can be approximated by  

$$\overline{QT_{cp}} - \overline{QT_{cL}} \approx \varepsilon_{o} \left(\frac{1}{A} - 1\right) + \frac{\varepsilon_{o} \sigma \left(\overline{RR(n)}^{m}\right)^{2}}{A^{3}} - \frac{\rho \sigma \left(\overline{RR(n)}^{m}\right) \sigma(\varepsilon)}{A^{2}} \quad (AI.12)$$

If  $\varepsilon$  unbiased and  $\rho = 0$ ,  $\overline{QT_{cp}} \approx \overline{QT_{cL}}$ 

By AI.4 and AI.10, 

869 
$$\frac{\sigma(QT_{cp})}{\sigma(QT_{cL})} = \frac{\sigma(\frac{\varepsilon}{RR^{m}})}{\sigma(\varepsilon)}$$
(AI.13)

which, by AI.6, can be approximated by 

872 
$$\frac{\sigma(QT_{cp})^2}{\sigma(QT_{cL})^2} \approx \frac{1}{A^2} - 2\frac{\varepsilon_o}{A^3} \frac{\rho \sigma(\overline{RR(n)}^m)}{\sigma(\varepsilon)} + \frac{\varepsilon_o^2}{A^4} \frac{\sigma(\overline{RR(n)}^m)^2}{\sigma(\varepsilon)^2}$$
(AI.14)

If the mean of RR<sup>m</sup> < 1, without bias ( $\varepsilon_{o} \rightarrow 0$ ) and correlation ( $\rho \rightarrow 0$ ),  $\sigma_{QT_{cp}} > \sigma_{QT_{cL}}$ 

# 876 Appendix II877

- 878
- 879 II.1 Comparison of  $QTX_{cL}$  and  $QTX_{cp}$

880

881 By definition

882 
$$\overline{QTX}_{cp} = QTX_{pr}^{1} + \left\langle \frac{\varepsilon(n)}{\overline{RR(n)}^{m}} \right\rangle$$

883 
$$\overline{\text{QTX}}_{\text{cL}} = \langle \text{QTX}_{\text{cL}} \rangle = \text{QTX}_{\text{pr}}^{1} + \varepsilon_{o}$$

884 
$$\sigma(QTX_{cp}) = \sigma\left(\frac{\varepsilon(n)}{\overline{RR(n)}^{m}}\right)$$

885 
$$\sigma_{\text{QTX}_{\text{cL}}}^2 = \sigma_{\varepsilon}^2 = \left\langle \left(\varepsilon(n) - \varepsilon_o\right)^2 \right\rangle = \text{RMSE}^2 - \varepsilon_o^2$$

- 886
- 887 888

889 According to approximation AI.12, 
$$\left\langle \epsilon / \overline{RR}^{m} \right\rangle \rightarrow 0$$
 if  $\epsilon_{o}$  and  $\rho \left( \epsilon, \overline{RR}^{m} \right) \rightarrow 0$ , whereby

890  $\overline{\text{QTX}_{cp}} \approx \overline{\text{QTX}_{cL}} \approx \text{QTX}_{pr}^1$ . By construction, these two conditions are always fulfilled by

891 models with offset. Both conditions were also found to be realized for the P and  $P^{JT}$ 

892 models  $(\rho(\varepsilon, \overline{RR}^m) \approx 0 \text{ Fig, 3, Table 5, } \varepsilon_o \approx 0 \text{, Fig. A2 A and B)}.$ 

893

For B and 
$$B^{TT}$$
 models without memory,  $\varepsilon_0$  could be up to 3 ms and

895  $\overline{QTX_{cp}} - \overline{QTX_{cL}} > 0$ , but both quantities were reduced at  $\tau_{opt}$ . They were smaller for the F

- 896 model, the median being always close to 0 for the two groups and two memories. These
- 897 small differences did not provide a convincing argument to select either  $QT_{cL}$  or  $QT_{cp}$ .

However, for most subjects  $\sigma(QTX_{cP})$  was larger than  $\sigma(QTX_{cL})$  (Fig. A2 C, Table A2). The few cases where  $\sigma(QTX_{cP}) < \sigma(QTX_{cL}) had \langle \overline{RR}^m \rangle > 1$ , a result consistent with eq. A1.12. The P<sup>0</sup> model had the largest  $\sigma(QT_{cP})/\sigma(QT_{cL})$  spread, resulting from its wide range exponents (Fig. 5) since  $\sigma(QTP^o_{cP})/\sigma(QTP^o_{cL}) \approx 1/\langle \overline{RR}^m \rangle$ 

903 in this model

904

$\frac{\sigma(QT_{cP})}{\sigma(QT_{cL})}$	В	F	B <sub>JT</sub>	Р	Bo	F <sup>O</sup>	P <sup>JT</sup>	P <sup>0</sup>
,								
τ=1, M	$1.11\pm0.05$	$1.06\pm0.03$	$1.10\pm0.05$	$1.05\pm0.03$	$1.06 \pm 0.04$	$1.09\pm0.05$	$1.06\pm0.03$	$1.31 \pm 0.41$
τ=1 ,W	$1.10 \pm 0.07$	$1.05\pm0.04$	$1.09\pm0.07$	$1.06\pm0.05$	$1.08\pm0.06$	$1.09\pm0.07$	$1.06\pm0.05$	$1.22\pm0.29$
%>1 M	98	98	98	98	98	98	98	83
W	89	89	89	89	89	89	89	70
$ au_{ m opt}$ ,M	$1.10 \pm 0.05$	$1.04 \pm 0.03$	$1.08\pm0.05$	$1.06 \pm 0.04$	$1.08 \pm 0.05$	$1.08\pm0.05$	$1.05 \pm 0.03$	$1.40 \pm 0.45$
$ au_{\mathrm{opt}}$ ,W	$1.09 \pm 0.07$	$1.05 \pm 0.05$	$1.08 \pm 0.07$	$1.08 \pm 0.07$	1.10±0.08	$1.08 \pm 0.07$	$1.05 \pm 0.05$	$1.36 \pm 0.42$
%>1 M	95	93	93	95	95	95	95	95
W	85	85	85	85	85	85	85	85

905 **Table AII.1**. Distribution of  $\sigma(QT_{cP})/\sigma(QT_{cL})$  without memory and at  $\tau_{opt}$  in both groups. The 906 third and sixth lines give the % of subjects for which  $\sigma(QT_{cP})/\sigma(QT_{cL}) > 1$ .

907

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909

910

911



914 **Fig. A2**. Men, without memory (black) and with  $\tau_{opt}$  (blue), Women without memory 915 (red) and with  $\tau_{opt}$  (green). The yellow lines indicate the position of the median, first and 916 ninth decile. For each model, distribution of **A**:  $\varepsilon_o$  (ms) ; **B**:  $\langle \varepsilon / \overline{RR}^m \rangle - \varepsilon_o$ ; **C**: 917  $\sigma(\varepsilon / \overline{RR}^m) / \sigma(\varepsilon)$ . In this last panel, the ordinate left scale applies to all models except P<sup>o</sup>, 918 whose scale appears on the right.