

Prospective Randomised Clinical Trial Evaluating the Effects of Two Different Implant Collar Designs on Peri-Implant Healing and Functional Osseointegration after 25 Years

Short Title: Peri-Implant Healing Around Different Machined-Collar Designs

Key Words: Bone-implant interactions, Clinical research/Clinical trials, Periodontology, Prosthodontics, Soft-tissue-implant interactions, Surface chemistry, Surgical techniques, Biomechanics/Finite element analysis

Running Head: Effects of Implant Collar Designs on Peri-Implant Healing

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Prospective Randomised Clinical Trial Evaluating the Effects of Two Different Implant Collar Designs on Peri-Implant Healing and Functional Osseointegration after 25 Years

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Abstract

Objectives: Evaluate the effects of two different machined-collar lengths and designs on peri-implant healing.

Material and Methods: An implant with a microtextured surface and 3.6mm-long internal-connection machined collar was compared to two implants that had an identical 1.2mm-long external-connection machined collar, but one had the microtextured surface while the other's was machined. Participants received the three implants, with microgap at the crest, alternately at five sites between mental foramen, and a full-arch prosthesis. Peri-implant bone levels were measured after 23 to 26 years of function. Keratinized tissue height, plaque, probing depth, bleeding, and purulence were also evaluated. Descriptive and mixed models for repeated-measures analyses were used, with Bonferroni correction for pairwise comparisons.

Results: Twenty-two participants (110 implants) were evaluated at the 25-year examination. Microtextured implants with the longer machined collar had significantly greater mean marginal bone loss ($-1.77\text{mm}\pm 0.18$, mean \pm SE) than machined ($-0.85\text{mm}\pm 0.18$, $p < .001$) and microtextured ($-1.00\pm 0.18\text{mm}$, $p < .001$) implants with the shorter machined collar. Keratinized tissue height was greater for internal-connection ($0.74\text{mm}\pm 0.10$) *versus* external-connection (0.51 ± 0.08 , $p = 0.01$) microtextured implants. No differences were observed for plaque ($p = 0.78$), probing depth ($p = 0.42$), bleeding ($p = 0.07$), and purulence ($p = 1.00$). Implant survival rate was 99%.

Conclusions: Implants with the 1.2mm machined collar limited bone loss to 1mm, while those with the longer machined collar showed $>1.5\text{mm}$ loss after 25 years of function with microgap at the crest. Internal-connection design and fixture surface microtexturing did not result in greater bone preservation.

ClinicalTrials.gov Identifier: NCT03862482.

Introduction

Accepted benchmark criteria for a functionally successful, osseointegrated dental implant are based on results obtained with the machined, parallel-wall, platform-matched external-connection Brånemark® implant (Nobelpharma) (Adell, 1987; Albrektsson, & Brånemark, et al., 1981; Albrektsson, & Zarb, et al., 1986; Brånemark, 1983; Brånemark, 1987). These criteria include a maximum peri-implant bone loss of 1.2mm after the first year of function, and not more than 0.1mm loss annually thereafter. While countersinking and stage-2 surgery and abutment connection contribute to initial bone loss (Adell, 1987), functional forces exerted at the implant/abutment interface microgap (MG) could eventually cause abutment loosening and mobility (Sutter, et al., 1993). If present, such mobility results in a widened MG, peri-abutment soft tissue inflammation, bacterial proliferation, infection, and bone loss, particularly if MG is located at the alveolar crest (Quirynen, & van Steenberghe, 1993). Because these bacteria were identified in pockets around failing implants, a cause-and-effect relationship was considered (Becker, et al., 1990). As a result, new implant designs eliminate countersinking and increase resistance to functional forces, thus reducing the potential for abutment movement and bone loss. Screw-Vent® (Core-Vent, original manufacturer) is one such implant. Its narrower collar does not require countersinking, and its longer internal-connection, friction-fit collar design increases resistance to functional forces. Furthermore, its acid-etched fixture surface could enhance biological osseointegration. These factors should preserve more bone (Niznick, 1989). However, one short-term clinical study reported greater bone loss with this implant compared to Brånemark® and Swede-Vent® implants (De Bruyn, et al., 1992). Although the Swede-Vent® implant was a clone of the Brånemark® macro structure, its fixture surface was identically acid etched as that of the Screw-Vent® implant by the same manufacturer. Because Screw-Vent® and Swede-Vent® had identically microtextured fixture surfaces, but Screw-Vent® showed the greatest short-term bone loss, the authors suggested that an implant's longer machined collar could cause greater bone loss, and advocated long-term studies. Therefore, the present study evaluated the effects on peri-implant bone and soft-tissue healing of the two different machined-collar designs; i.e. the identical shorter and wider external-connection collar design of Brånemark® and Swede-Vent® implants *versus* the longer and narrower internal-connection, friction-fit collar design of the Screw-Vent® implant, with MG placed at the crest.

Material and Methods

Participants, and implant description

Between 1993 and 1996, 58 of 60 eligible participants had been recruited into a prospective, randomised clinical trial. This trial had been peer reviewed, had received ethical approval (SMH Scientific Research Committee Certificate No. PROJECT-90-01), and had taken place at the Université de Montréal's Faculty of Dental Medicine and its affiliated hospital dental department. The present study includes data collected at the 25-year (24.6 ± 0.19 years, mean \pm SE) follow-up of this within-subject trial (University of Montreal Ethics Committee Certificate No. CERC-19-015-P, ClinicalTrials.gov Identifier: NCT03862482). All research procedures were performed in accordance with the Helsinki Declaration and its later amendments, and all participants signed informed consent documents prior to inclusion into this study. Article preparation followed CONSORT guidelines/checklist (Moher, et al., 2010), as per EQUATOR reporting guidelines for randomised clinical trials.

Standard Brånemark System®, Swede-Vent® and Screw-Vent® two-piece, platform-matched implants had a parallel-wall fixture/screw macro structure, with pitch height (0.6 mm) and flange angle (60 degrees) starting below their collar (Figure 1) (Binon, et al., 1992; De Bruyn, et al., 1992; Helsingen, & Lyberg, 1994; Niznick, 1989; Wennerberg, et al., 1993). Swede-Vent® was a clone of the Brånemark® macro design (Binon, et al., 1992; Helsingen, & Lyberg, 1994). It had an identical 1.2mm-long external-connection machined collar requiring countersinking to place its fixture/collar border 1.2mm below, 0.6mm-long centrally located external connection above, and wider implant/abutment interface platform at the alveolar crest (De Bruyn, et al., 1992; Helsingen & Lyberg, 1994; Wennerberg, et al., 1993). Brånemark® and Swede-Vent® received a two-piece, platform-matched, parallel-wall abutment/screw unit. While the Brånemark® fixture surface was machined, Swede-Vent's® was acid etched to a 1-3 μ m-pitted surface (Figure 2, a-f). Although Swede-Vent® and Screw-Vent® fixtures were identically acid etched by the same manufacturer, Screw-Vent's® narrower 3.6mm-long machined collar did not require countersinking to place its fixture/collar border below and implant/abutment interface platform at the crest. In addition, Screw-Vent's® internal-connection, friction-fit collar design accepted a platform-matched, one-piece abutment/screw unit (De Bruyn, et al., 1992; Niznick, 1989).

Initial study design, surgical and prosthetic treatments

A statistician had prepared a sampling design that included three configuration diagrams. Each diagram identified five implants of the three types, and showed how one of each type was to be placed in a cyclical, side-by-side, rotating fashion at five sites between mental foramen. In this way, an equal number of each implant type was to be placed at each of the five sites, and an equal number of participants received three of the five implants to the left or right of the midline. Configuration diagrams also documented each implant's length. Allocation concealment by the project coordinator then allowed 20 participants to receive Configuration 1, 19 had Configuration 2, and 19 had Configuration 3. Configuration diagram (but not number) was stored inside each chart, and only shown to the operating team at the time of surgery. The same surgeon (A.J.C.) placed all implants, in a submerged fashion, with MG at the crest. Implants were 3.75mm in diameter, but the project coordinator determined implant length based on pre-operative radiographic measurements of available bone height. After approximately six months, the same surgeon exposed all implants, removed cover screws, and placed healing/prosthetic abutments. Complete seating of abutments onto implant platforms was confirmed with radiographs. Each participant received a conventional complete removable maxillary prosthesis and a fixed implant-supported mandibular prosthesis with bilateral posterior cantilever sections. Acrylic-resin teeth were processed over a casted, silver-palladium alloy framework. Gold prosthetic screws for Brånemark® and Swede-Vent® implants, and titanium screws for Screw-Vent® implants anchored the mandibular prostheses to the abutments. Participants followed an oral/implant hygiene regimen of daily mouthwash rinses, and gentle flossing and brushing with provided hygiene kits. Follow-ups occurred at one year, two years, 15 to 20 years, and 23 to 26 years following prostheses attachment. Twenty-two of the original participants (41.5%, age 71.1 ± 1.2 years, 11 women, 110 implants) were enrolled in the present 25-year study (Figure 3, Table 1).

Clinical and radiographic evaluation

At the 23- to 26-year recall, prosthodontists (H.C. and G.G.) ascertained the presence of any fractured or mobile prosthetic component. Following this assessment, the prosthodontists removed the prostheses, and abutment mobility was evaluated. Prosthesis and abutment mobility were evaluated by exerting manual pressure alternately on the handles of two instruments, each placed on opposite sides, and were recorded as absent (0) or present (1). Because abutment screws are tightened to 35N/cm of pressure using an instrument during prosthesis insertion, abutments should not be retrievable by finger pressure alone. Consequently, an attempt was also

made to untighten each of the non-mobile abutments with finger pressure. If the abutment screw was retrievable, then the abutment was considered to be loose, even in the absence of visual mobility. Two calibrated examiners then performed the follow-up clinical (periodontist R.D.) and radiographic (M.B.) examinations, with abutments in place. All examiners were unaware of implant configurations. The dichotomous/binary plaque index (dPI) was used to document the absence (0) or presence (1) of plaque on the mesial, distal, buccal and lingual implant/abutment surfaces (Galgut, 1999). A ColorVue UNC12 Hu-Friedy probe was then used to measure (mm) the keratinized tissue height on the buccal and lingual implant/abutment surfaces, and probing depth on the mesial, distal, buccal and lingual implant/abutment surfaces. Intra-examiner agreement for 46 sites regarding keratinized tissue height and 100 sites for probing depth showed that 100% and 99% of measurements differed by 1mm or less, respectively. Following probing, the dichotomous/binary bleeding index (dBI) documented the absence (0) or presence (1) of bleeding at each peri-implant site on the mesial, distal, buccal and lingual implant/abutment surfaces. (Galgut, 1999). Absence (0) or presence (1) of purulence was also documented.

After having assured the stability of all abutments, radiographic evaluation of quantitative peri-implant bone healing was performed with the conventional peri-apical technique, using a standardized equipment and measurement protocol (Camarda, et al., 2018). Five peri-apical radiographs per participant were taken and numbered according to the implant site, 1 being the first on the subject's left, 5 the last on the right, and were stored in plastic film holders (Table 1). In order to compare and calibrate conventional peri-apical radiology with phosphor-plate technology, the Digora System™ (Digora Optime™, Sporedex Dental Co., Tuusula, Finland) was also used with the standardized equipment to take peri-apical radiographs on 95 implant/abutment units (Bhaskaran, et al., 2005). Following calibration, the distance between the first-bone-to-implant-contact-point and the crestal-microgap (fBIC-MG) was measured (mm) at the mesial and distal aspects of each implant/abutment unit using a Schei ruler under X10 magnification on the conventional films. Adobe Photoshop® (Adobe System Incorporated, San Jose, CA, USA) was used to measure fBIC-MG on the digital radiographs acquired with phosphor-plate technology. After having taken the radiographs, all abutments were removed and cleaned, and prosthesis/framework structures were cleaned and polished. Abutments and prosthesis/framework structures were then re-inserted using recommended instrument torque. Intraclass Correlation Coefficient (ICC, two-way mixed-effect model) assessed inter-examiner and intra-examiner reliability of bone level measurement on 20 radiographs. The reliability was

excellent, with an inter-examiner ICC of 0.94 and an intra-examiner ICC of 1.00. The Dahlberg measurement error was 0.38mm.

Statistical methods

Assessment was initially based on intention-to-treat. However, based on a previous study (Camarda, et al., 2018), the effect size for the difference in bone level change between implant groups was expected to be 0.95. A sample size of 16 participants would, therefore, ensure an 80% power to reject the null hypothesis, if it was indeed false at a two-sided Bonferroni-adjusted α level of 0.017 (to adjust for pairwise comparisons between implant groups), using a repeated measures ANOVA. Absence or presence of prosthesis, abutment, and implant mobility was analyzed with the Fisher's exact test. The mean keratinized tissue height (mm), probing depth (mm), and percentage of sites with dPI, dBI and purulence were calculated for each implant. Shapiro-Wilk test was used to assess the normality of data distribution. These values were then analyzed with nonparametric ANOVA-type statistic for repeated measures within subject, with implant type, site and configuration as independent variables (Brunner, et al., 2002). Quantitative bone healing was analyzed with mixed models for repeated measures within subject, with implant type, site and configuration as independent variables, and implant length as covariate. The lengths of the different implant types were compared with a Kruskal-Wallis test. Confidence Interval (CI) was established at two-sided 95% Confidence Level (CL). The level of significance was set at $p < 0.05$ and Bonferroni correction was applied for pairwise comparisons. ICC (two-way, mixed-effect model) and Bland-Altman limits of agreement (Bland, & Altman, 1986) were used to analyze comparison of mean fBIC-MG values between conventional peri-apical radiology and phosphor-plate technology. All statistical analyses were performed using IBM SPSS Statistics for Windows® Version 25 (IBM Co., Armonk, NY, USA), and SAS 9.4 (SAS Institute, Cary, NC, USA).

Results

At the start of the trial, 60 participants (300 implants) had been assessed for eligibility. Fifty-eight participants had fulfilled all criteria, were randomly allocated to one of three implant configurations, and 290 mandibular implants were placed and restored. Two participants (10 implants) had been removed from the study, one for noncompliance, the other following a mandibular fracture with implant loss sustained during an accidental fall. Of the remaining 56 participants (280 implants), three (15 implants) had withdrawn from the study. As a result, 53 participants (265 implants) had presented for follow-up (49 after one year, 30 after two years, and

21 after 15 to 20 years). At the present 25-year (24.6 ± 0.19 years) period, two participants (10 implants) had deceased, 25 (125 implants) were untraceable, two (10 implants) were severely medically compromised and could not attend, and two (10 implants) refused to attend.

Consequently, 22 participants (41.5%, age 71.1 ± 1.2 years, 11 women, 110 implants) were enrolled in the present study (Figure 3, Table 1). Sixteen (72.7%) of the 22 participants had participated in the 15- to 20-year recall.

Implant survival rate was 99% overall and there was no mobility or fracture of all implant-supported prostheses at the 23- to 26-year follow-up (Table 2). Regarding mechanical complications, while there was no fracture of prosthetic screws, one screw had to be carefully removed using a high-speed hand piece. Following removal of prostheses, while there was no mobility, looseness or fracture of all internal-connection, friction-fit abutments, 11% of the external-connection abutments were mobile or loose. There was a significant difference for mean keratinized tissue height between Swede-Vent® (0.51 ± 0.08 mm) and Screw-Vent® (0.74 ± 0.10 mm, $p = 0.01$). Mean keratinized tissue height was 0.67 ± 0.08 mm for Brånemark®. Implant site ($p = 0.61$) and configuration ($p = 0.68$) did not significantly influence keratinized tissue height. Mean probing depth was 2.09 ± 0.14 mm for Brånemark®, 2.34 ± 0.18 mm for Swede-Vent®, and 2.29 ± 0.18 mm for Screw-Vent®. Implant type ($p = 0.42$), site ($p = 0.32$), and configuration ($p = 0.71$) did not significantly influence mean probing depth. There was no significant difference ($p = 0.78$) for mean dPI between Brånemark® (0.40 ± 0.06), Swede-Vent® (0.42 ± 0.06), and Screw-Vent® (0.43 ± 0.06). While implant type and configuration ($p = 0.68$) did not significantly influence dPI, implant site did, with para symphysis site 3 (0.53 ± 0.08) having significantly greater plaque accumulation than right distal site 5 (0.30 ± 0.06 , $p = .001$). Mean dBI was 0.48 ± 0.06 for Brånemark®, 0.47 ± 0.05 for Swede-Vent®, and 0.44 ± 0.06 for Screw-Vent®. Implant type ($p = 0.07$), site ($p = 0.32$), and configuration ($p = 0.17$) did not significantly influence dBI. Purulence was documented for only one implant (Swede-Vent®). Implant type ($p = 1.00$), site ($p = 0.33$), and configuration ($p = 1.00$) did not significantly influence purulence.

Radiographs showed bone surrounding an osseointegrated implant (Swede-Vent®) that had fractured at its fixture/collar border. The fractured portion and its abutment had been removed years previously, the implant-supported prosthesis had been acceptably modified, and there was no evidence of fixture infection or rejection. In addition, fBIC-MG levels could not be accurately measured for two implants (Brånemark® and Swede-Vent®) due to technical issues encountered while taking or developing the radiographs. Consequently, 107 of the 110 implants were

evaluated for quantitative bone healing (Figure 3, Table 3). Internal-connection, friction-fit, microtextured Screw-Vent® implants had significantly greater bone loss ($-1.77 \pm 0.18\text{mm}$) than external-connection machined Brånemark® ($-0.85 \pm 0.18\text{mm}$, $p < .001$) and microtextured Swede-Vent® implants ($-1.00 \pm 0.18\text{mm}$, $p < .001$). Brånemark® exhibited less bone loss than Swede-Vent®, but this difference was not statistically significant ($p = 1.00$). While implant site ($p = 0.06$) and configuration ($p = 0.43$) did not significantly influence mean bone loss, implant length did ($p < .001$). There were no statistically significant differences in implant length ($p = .145$) between Brånemark® ($15.83 \pm 0.39\text{mm}$, min 10mm, max 20mm), Swede-Vent® ($14.84 \pm 0.41\text{mm}$, min 10mm, max 18mm), or Screw-Vent® ($14.42 \pm 0.33\text{mm}$, min 10mm, max 16mm) implants. Therefore, for all implant types, longer implants had greater bone loss. In addition, 21.5% of all implants had bone loss $>2\text{mm}$, and 59.1% of all participants had at least one implant with bone loss $>2\text{mm}$. Descriptive analysis of peri-implant bone and soft-tissue periodontal parameters are presented in Table 4. Mean bone loss for all implant types was not greater ($p = 0.13$) at the 23- to 26-year period compared to the 15- to 20-year period, being $-1.21 \pm 0.15\text{mm}$ after 23 to 26 years and $-1.43 \pm 0.18\text{mm}$ after 15 to 20 years. For mean fBIC-MG values, agreement between conventional radiology and phosphor-plate technology was excellent (ICC 0.93, CI 95%, 0.89, 0.95; Bland-Altman limits of agreement 0.15, CI 95% , -1.21mm , $+1.51\text{mm}$). Therefore, the phosphor-plate imaging system was equivalent in terms of precision and validity to evaluate longitudinal peri-implant bone changes.

Discussion

Screw-Vent® was a new implant design with a microtextured 1-3 μm -pitted fixture surface that could enhance biological osseointegration, a narrower machined collar that does not require countersinking, and a longer internal-connection, friction-fit collar design that increases resistance to functional forces. Although these properties should be more advantageous for peri-implant healing, one short-term clinical study reported greater crestal bone loss for Screw-Vent® compared to machined Brånemark® implants (De Bruyn, et al., 1992). This study also compared Screw-Vent® to Swede-Vent®, a clone of the Brånemark® macro structure but its fixture surface was identically microtextured as that of Screw-Vent® by the same manufacturer. Because Screw-Vent® and Swede-Vent® had identically-microtextured fixture surfaces but Screw-Vent® showed the greatest short-term bone loss, the authors proposed that Screw-Vent's longer collar was responsible for its greater bone loss, and advocated long-term studies. After 25 years of function with full arch, implant-supported mandibular prostheses, the present study confirms that the Screw-Vent® implant has the statistically significant greatest mean marginal bone loss

compared to Brånemark® and Swede-Vent® implants. Machined Brånemark® implants exhibit less bone loss than microtextured Swede-Vent® implants, but the difference is not statistically significant. This confirms results of previous comparative clinical studies regarding these three implants (Camarda, et al., 2018; De Bruyn, et al., 1992). However, before concluding that Screw-Vent's® longer collar causes greater bone loss, as had been proposed, we must first consider how fixture surface microtexturing, countersinking, implant length, abutment mobility at crestal MG, and stage-2 surgery and abutment connection influence peri-implant healing in this study.

As discussed previously, Screw-Vent® and Swede-Vent® were clones of the Brånemark fixture macro design. However, while Brånemark® is a machined implant, Screw-Vent® and Swede-Vent® implants had identical 1-3µm-pitted fixture surfaces that were prepared by the same manufacturer. Because Brånemark® exhibits less mean bone loss than Swede-Vent®, and Screw-Vent® has the greatest bone loss of the three, microtexturing of the fixture surface does not lead to greater bone preservation. Moreover, while Brånemark® and Swede-Vent® require countersinking to place their identical, wider platforms at the crest, Screw-Vent's® narrower platform does not. Because Screw-Vent® has the greatest mean bone loss, elimination of countersinking does not lead to greater bone preservation. These findings agree with other long-term studies comparing internal-connection implants that have microtextured fixture and collar surfaces to the machined Brånemark® implant (Jacobs, et al., 2010; Ravald, et al., 2013). Regarding implant length, there is a significant, directly proportional relationship between length and mean bone loss for all implant types, with longer implants having greater bone loss. The covariate implant length corrects for this effect in the statistical analyses, and there are no statistically significant differences in implant lengths between implant types. Consequently, greater implant length cannot be the distinguishing feature that causes Screw-Vent's® significantly greatest bone loss compared to Brånemark® and Swede-Vent®.

Functionally-successful, osseointegrated, two-piece, submerged, external-connection implants placed with MG at the crest have a mean gingival index of 1.3, mean plaque index of 0.8, mean bleeding index of 0.6, and mean probing depths varying between 3.8mm and 3.9mm (Cox, & Zarb, 1987; Mombelli, et al., 1987). Therefore, abutment stability and oral hygiene procedures preserve peri-implant health (Hermann, et al., 2001). However, because these implants are less resistant to occlusal forces when compared with internal-connection implants, there is greater potential for abutment mobility, peri-abutment soft-tissue inflammation, bacterial colonization, infection, and bone loss (Callan, et al., 2005; Jansen, et al., 1997; Kitagawa, et al., 2005; Norton, 1997; Quirynen, et al., 1993; Sutter, et al., 1993). In such cases, these implants show a mean

gingival index of 1.6, mean plaque index of 1.3, mean bleeding index of 2.0, and mean probing depths varying between 6mm and 8.5mm (Becker, et al., 1990; Mombelli, et al., 1987).

In this study, there is no mobility of all prostheses, and all implants examined at the 25-year recall remain functionally osseointegrated. Following removal of prostheses, however, while there is no mobility or looseness of all Screw-Vent® internal-connection, friction-fit abutments, almost 11% of the Brånemark® and Swede-Vent® external-connection abutments exhibit some degree of abutment mobility or looseness. This supports previous comparative studies reporting that internal-connection, friction-fit collar designs better resist forces at implant/abutment interface, thereby lessening the potential for prosthesis and abutment movement, infection, and bone loss (Jansen, et al., 1997; Kitagawa, et al., 2005; Norton, 1997; Sutter, et al., 1993). However, in this study, while the internal-connection, friction-fit Screw-Vent® implants may contribute to prosthesis stability, they exhibit the greatest mean bone loss compared to the external-connection Brånemark® and Swede-Vent® implants. Moreover, for all implant types, participants have an average oral hygiene with approximately 40% mean dPI and dBI. Although all implants exhibit <2mm mean keratinized tissue height, their mean peri-implant probing depth is <2.5mm, and purulence is found around only one implant (Swede-Vent®). As a result, using the most recent definition of peri-implantitis recommended by the American Academy of Periodontology and the European Federation of Periodontology (Berglundh, et al., 2018), the participant-level prevalence for peri-implantitis in this study is 9% (2 out of 22 participants). This prevalence is less than the peri-implantitis prevalence of 29.7% and 16% reported in two long-term studies of edentulous participants, rehabilitated with implant-supported mandibular prostheses (Meijer, et al., 2014; Roos-Jansåker, et al., 2006). Consequently, the long-term peri-implant periodontal parameters in this study are well within accepted values for functionally successful, osseointegrated two-piece implants placed with MG at the crest (Table 4). Given the absence of prosthesis mobility and presence of acceptable peri-implant soft-tissue periodontal parameters, abutment mobility at crestal MG could not be the cause of this bone loss.

If two-piece, platform-matched implants are placed with their MG at the alveolar crest, there is a 1.5mm mean marginal peri-implant bone loss (Hermann, et al., 1997). Interestingly, this consistent amount of bone loss occurs approximately four weeks following abutment connection, whether the implants are placed in a two-stage submerged or one-stage non-submerged fashion (Hermann, Buser, et al., 2000; Hermann, Cochran, et al., 2000). Therefore, it is the timing of the abutment connection, and not the stage-2 surgery, that causes soft-tissue inflammation at crestal MG, with subsequent marginal bone loss. This inflamed tissue then migrates from the crest to a

lower non-inflamed area, where a healthy, protective implant-gingival barrier, or biological width (BW), re-attaches onto the machined collar, closer to the implant's rough/smooth border (Cochran, Hermann, et al., 1997; Cochran, Simpson, et al., 1994; Weber, et al., 1996; Schroeder, et al., 1981). These findings are associated with two-piece implants that have a 1.5mm-long machined collar. On the other hand, a sufficiently rough fixture surface promotes bone attachment (Brunette, 1998; Bowers, et al., 1992; Buser, et al., 1991; Carlsson, et al., 1988; Kieswetter, et al., 1996; Klokkevold, et al., 1997; Thomas, & Cook, 1985; Wennerberg, et al., 1996; Wilke, et al., 1985). Therefore, reducing the machined collar height would result in bone growth closer to the alveolar crest where the MG is located (Hämmerle, et al., 1996; Tan, et al., 2011). More specifically, reducing this height to <1.5mm results in less bone loss required for BW re-attachment following abutment connection (Hermann, et al., 2001; Quirynen, et al., 1992). In this regard, an *in vivo* study compared marginal bone healing between submerged, two-piece, platform-matched implants whose fixture/collar border was placed below and MG at the crest (Al-Sayyed, et al., 1994). These two implants were identical except that they had different machined-collar lengths (0.75mm *versus* 1.8mm). After four months, mean marginal bone loss stabilized at -0.75mm for the implants with the 0.75mm collar, while significantly greater loss continued at nine months for the implants with the 1.8mm collar. Another *in vivo* study compared marginal bone healing between two-piece implants placed with their MG at the crest (Weng, et al., 2010). One implant had a 0.75mm-long machined collar, the other a 1.5mm-long machined collar. Although not statistically significant according to the authors, the implant with the 0.75mm collar had a mean fBIC-MG value of -0.98mm compared to -2.08mm for the implant with the 1.5mm collar. In the present study, all implants were placed in a submerged fashion with their MG located at the alveolar crest. Research shows that after five years of function with two-piece implants, MG at the crest does not adversely affect peri-implant bone healing (Heijddenrijk, et al., 2006). While the Brånemark® and Swede-Vent® implants with the 1.2mm-long machined collar limit mean marginal bone loss to 1mm, the Screw-Vent® implants with the 3.6mm-long machined collar show >1.5mm bone loss after 25 years of function. Therefore, an implant's machined collar length seems to be more important than microtexturing (1-3µm) of the fixture surface, and/or friction-fit, internal connection implant design to preserve peri-implant bone in the long-term. Well-controlled, prospective, long-term studies are required to confirm this finding.

Comparison of mean fBIC-MG values for all implant types in this trial shows no statistically significant difference between the one-year and two-year follow-up periods (Camarda, et al., 2018). This represents an expected *short-term, steady-state phase* of osseous healing in the

ongoing process of functionally successful osseointegration (Åstrand, et al., 2004). While there is greater mean bone loss between the one-year and 15- to 20-year periods, total cumulative bone loss is well within the acceptable value for ongoing functionally successful osseointegration (Albrektsson, 1986). There is, however, no significant difference in quantitative bone healing values for all implant types between the 15- to 20-year and 23- to 26-year periods. The overall mean bone loss for all implants combined is $-1.43 \pm 0.18\text{mm}$ after 15 to 20 years and $-1.21 \pm 0.15\text{mm}$ after 23 to 26 years, resulting in a difference of 0.22mm which is not statistically significant ($p = 0.13$). This difference is within the Dahlberg measurement error of 0.38mm. Moreover, precise visual evaluation of bone levels around dental implants is limited to 0.2mm, beyond which precise measurements cannot be assured (Geraets, & Zhang, et al., 2014). Consequently, the difference in bone level measurements between the 15- to 20- and 23- to 26-year periods in the present study is within the limits of the measurement method and can be considered as having occurred by chance.

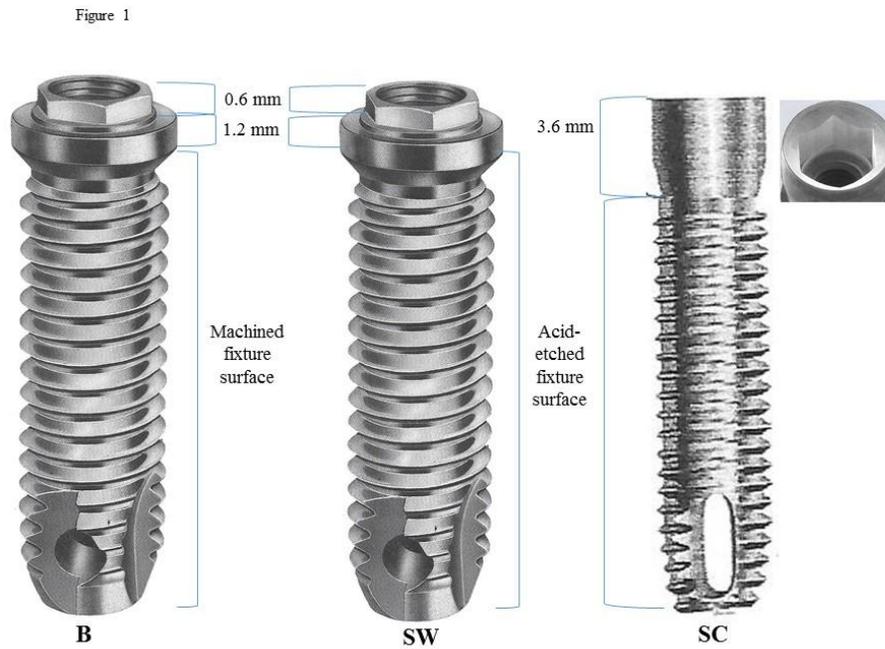
Because a search of the scientific literature does not identify any similar 25-year clinical study of ongoing functional osseointegration, this unexpected finding cannot be supported or refuted. In fact, implantology research focuses primarily on discovering techniques that promote mechanical and/or biological osseointegration over the short-term. In this respect, some research has shown that when an acceptable, controlled occlusal force is applied to a freshly placed implant, the result is a below-threshold, peri-implant micro motion that is favorable to bone remodelling (Berglundh, et al., 2005; Brunski, 1999; Szmukler-Montcler, et al., 1998). However, if the degree of micro motion is above this threshold level of $150\mu\text{m}$, then fibrous encapsulation occurs and the implant fails to osseointegrate (Szmukler-Montcler, et al., 1998). Finite element analysis (FEA), an appropriate method to evaluate micro motion of a freshly placed three-dimensional implant model at the laboratory level (Li, et al., 2019; Limbert, et al., 2010), shows that this micro motion occurs along the *entire length* of the implant/bone interface (Winter, et al., 2013). Furthermore, sufficient bone density seems to play an important role in this process (Karl, & Graef, et al., 2015; Karl, & Palarie, et al., 2018). However, these factors do not apply to a functionally successful, osseointegrated implant. In this case, FEA shows that when a normal axial biting force of 200N (Carr, & Laney, 1987) is exerted on a three-dimensional osseointegrated implant model, the result is a below-threshold micro motion of $0.75\mu\text{m}$ located at the *cervical level only* of the implant/bone interface (Winter, et al., 2013). This degree of cervical peri-implant micro motion could cause bone remodelling in the form of bone *stability* or *apposition* (Isidor, 2006). On this point, radiographic evaluation of long-term peri-implant bone healing documents increased bone

density of up to 8.2% around Astra Tech TiOblast® (Astra Tech, Mölndal, Sweden) and 7.7% around Brånemark® two-piece implants placed between mental foramen, with MG at the crest, and restored with full-arch prostheses (Jacobs, et al., 2010). Therefore, acceptable occlusal forces causing a below-threshold peri-implant micro motion at the *cervical* level of functionally successful, osseointegrated implants could be an important factor that *eventually* results in a *long-term, steady-state phase* of osseous healing in the ongoing process of functional osseointegration. This could explain the finding that there is no statistically significant difference in bone loss between the 15- to 20-year and 23- to 26-year periods in this study. Long-term research is warranted regarding this possibility.

CONCLUSIONS

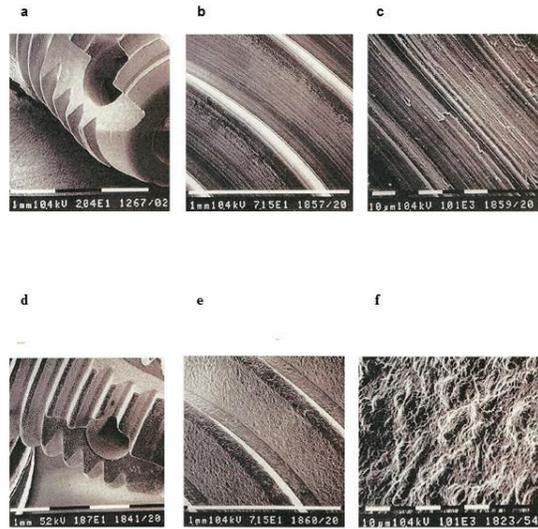
Implants with the 1.2mm-long machined collar limit mean marginal bone loss to 1mm, while those with the longer machined collar have >1.5mm loss. Within the limitations of this study, a parallel-wall, two-piece implant design with a 1.2mm-long machined collar, placed with implant/abutment MG at the crest, limits marginal bone loss to 1mm after 25 years of function. Microtexturing (1-3µm) of the fixture surface and internal-connection, friction-fit collar design do not result in significantly greater bone preservation. Well-controlled, prospective, long-term studies are required to confirm these findings.

The authors report no conflict of interest.



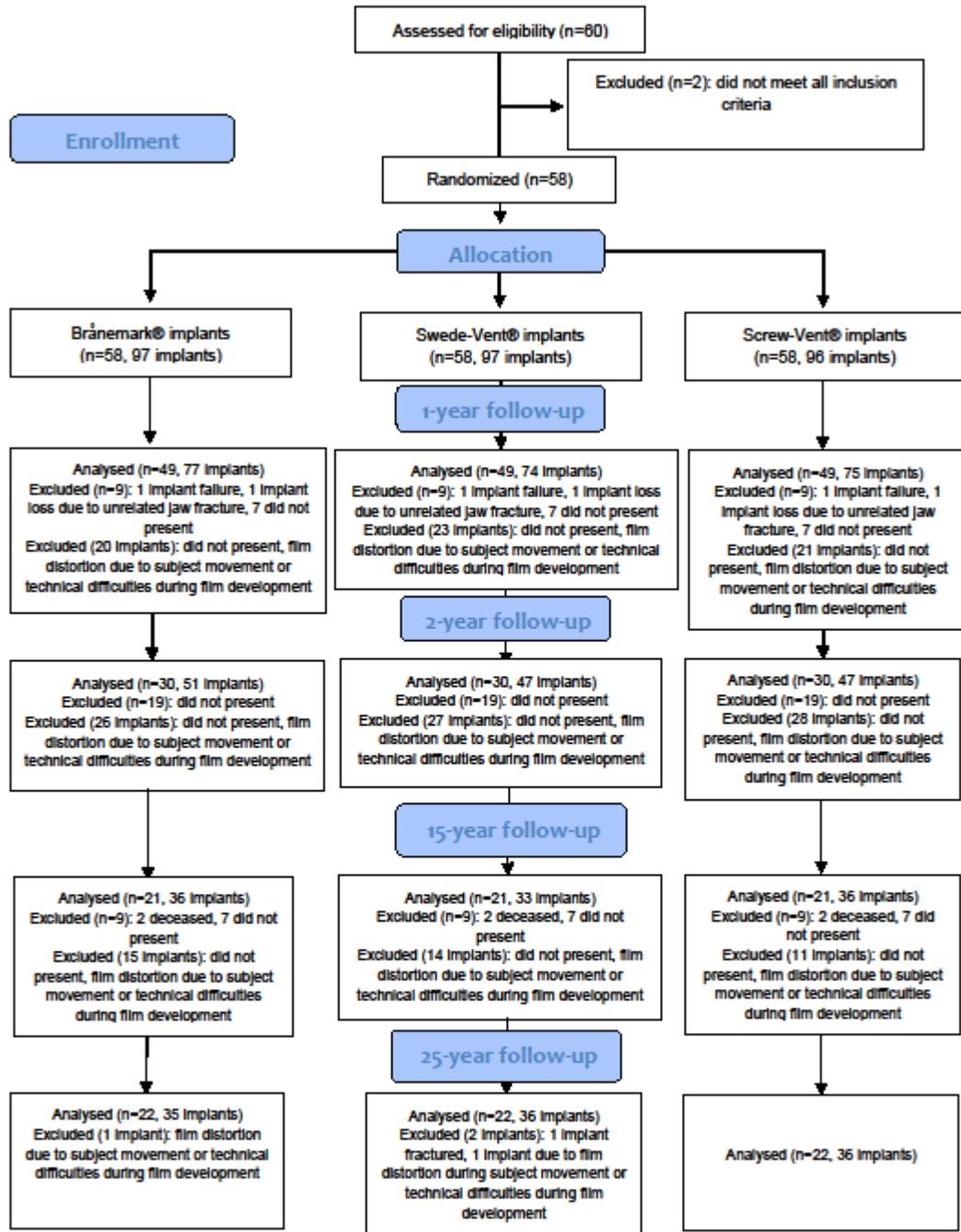
Implant types: B Brånemark® 3.75mm width, machined fixture surface, 1.2mm-long external-connection machined collar; SW Swede-Vent® clone 3.75mm width, fixture surface uniformly acid etched to 1-3 μ m, 1.2mm-long external connection machined collar; SC Screw-Vent® 3.75mm width, fixture surface identically acid etched as that of Swede-Vent® by the same manufacturer, 3.6mm-long internal-connection, friction-fit machined collar. Reproduced from Camarda et al., 2018 with permission from Quintessence International, Berlin, Germany

Figure 2



Implant types: a low magnification (x 18), b low magnification (x 72), c high magnification (x 1,010) scanning electron micrographs of Brånemark® implant; d low magnification (x 18), e low magnification (x 72), f high magnification (x 1,010) scanning electron micrographs of Swede-Vent® implant (from Helsingen, & Lyberg, 1994). Reproduced from Camarda et al., 2018 with permission from Quintessence International, Berlin, Germany

Figure 3



CONSORT Flow Diagram

Table 1. Allocation of participants to implant configuration after 25 years.						
	Participant's right				Participant's left	
Configuration number	Site 5 Right distal	Site 4 Right medial	Site 3 Para symphysis	Site 2 Left medial	Site 1 Left distal	Total Participants (Implants)
1	B	SW	SC	B	SW	8 (40)
2	SW	SC	B	SW	SC	8 (40)
3	SC	B	SW	SC	B	6 (30)
Total						22 (110)

Table 2. Life-table analysis of overall implant survival.						
Interval (years)	Number entering interval	Number withdrawing during interval	Number exposed to risk	Number of failures	Interval survival rate (%)	Cumulative survival rate (%)
0	290	25	277.5	2	99	99
1	263	47	239.5	0	100	99
2	216	81	175.5	0	100	99
15	135	25	122.5	0	100	99
25	110	110	55.0	0	100	99

Table 3. Peri-Implant bone level changes by implant type. Mean bone change (mm) estimated with the mixed linear model (mean \pm SE, 95% CI).					
Time (years after prostheses insertion)	Brånemark® (B)	Swede-Vent® (SW)	Screw-Vent® (SC)	Mean difference (95% CI)	<i>p</i>*
1 49 participants B (77 implants) SW (74 implants) SC (75 implants)	-1.00\pm0.12 (-1.23, -0.77)	-0.71\pm0.11 (-0.94, -0.48)	-1.39\pm0.12 (-1.62, -1.16)	B-SC: 0.39 (0.09, 0.69) B-SW: -0.29 (0.59, 0.01) SC-SW: -0.68, (-0.98, -0.39)	.006 .059 < .001
2 30 participants B (51 implants) SW (47 implants) SC (47 implants)	-0.99\pm0.13 (-1.26, -0.72)	-0.82\pm0.14 (-1.09, -0.55)	-1.55\pm0.13 (-1.82, -1.28)	B-SC: 0.56 (0.26, 0.85) B-SW: -0.17 (-0.47, 0.13) SC-SW: -0.73 (-1.02, -0.43)	< .001 .495 < .001
15-20 21 participants B (36 implants) SW (33 implants) SC (36 implants)	-1.08\pm0.20 (-1.49, -0.67)	-1.28\pm0.20 (-1.69, -0.87)	-1.92\pm0.20 (-2.33, -1.51)	B-SC: 0.83 (0.45, 1.22) B-SW: 0.20 (-0.19, 0.59) SC-SW: -0.64 (-1.01, -0.26)	< .001 .662 < .001
23-26 22 participants B (35 implants) SW (36 implants) SC (36 implants)	-0.85\pm0.18 (-1.22, -0.49)	-1.00\pm0.18 (-1.35, -0.64)	-1.77\pm0.18 (-2.13, -1.41)	B-SC: 0.92 (0.50, 1.34) B-SW: 0.14 (-0.26, 0.55) SC-SW: -0.77 (-1.16, -0.38)	< .001 1.000 < .001

*Bonferroni-adjusted *p* values are shown.

Table 4. Descriptive analysis of bone loss, dPI, and dBI after 25 years. Four sites (mesial, distal, buccal, and lingual) were used to measure dPI and dBI for each implant/abutment unit.	
	% (n)
Bone loss	
Implants with bone loss >2 mm	21.5% (23/107)
Participants with 1 implant or more with bone loss >2 mm	59.1% (13/22)
dPI: yes/no at 4 sites for each implant	
Implants with 0 site with plaque	25.7 (28/109)
Implants with 1 site with plaque	22.9 (25/109)
Implants with 2 sites with plaque	24.8 (27/109)
Implants with 3 sites with plaque	12.8 (14/109)
Implants with 4 sites with plaque	13.8 (15/109)
dBI: yes/no at 4 sites for each implant	
Implants with 0 site with bleeding	20.2 (22/109)
Implants with 1 site with bleeding	22.0 (24/109)
Implants with 2 sites with bleeding	21.1 (23/109)
Implants with 3 sites with bleeding	24.8 (27/109)
Implants with 4 sites with bleeding	11.9 (13/109)

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