

Université de Montréal

Masses kystiques latérales du cou : une analyse comparative des approches diagnostiques

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Ce mémoire intitulé :

Masses kystiques latérales du cou : une analyse comparative des approches diagnostiques

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Résumé (Français)

Les masses kystiques latérales du cou (MKLC) bénignes et malignes sont difficiles à différencier cliniquement. L'utilité des modalités d'imagerie et de prélèvement doit être clarifiée.

Une revue rétrospective de cas entre 2010 et 2016. Les données d'imagerie ont été récoltées et plusieurs variables propres à la masse furent analysées. Les rapports de cytoponction à l'aiguille fine (CAAF), de la biopsie au trocart (BT) et des examens extemporanés (EE) ont été analysés. La sensibilité, la spécificité, la valeur prédictive positive (VPP) et la valeur prédictive négative (VPN) pour prédire la malignité ont été calculées pour toutes les variables comparées entre les masses kystiques bénignes et malignes.

Aucune variable d'imagerie n'a pu différencier les masses kystiques bénignes de malignes. La sensibilité de la CAAF est plus basse que celle de la BT (59% vs 83%; p=0.036) et de l'EE (59% vs 93%; p=0.01). L'EE a une meilleure VPN que la CAAF (92% vs 40%; p<0.001) et que la BT (92% vs 50%; p=0.062). La VPP et la spécificité étaient similaires dans tous les groupes.

Les cliniciens ne peuvent pas se fier uniquement à l'imagerie pour différencier les masses bénignes des masses malignes. Vu sa VPP adéquate (92%), la CAAF devrait être utilisée initialement pour tous les patients avec une MKLC. Si la CAAF s'avère négative, la BT devrait être utilisée vu sa meilleure sensibilité. Un examen extemporané devrait toujours suivre une BT négative vu la faible VPN de la BT. Un résultat positif à l'une des trois modalités de prélèvement indique la présence de malignité.

Mots-clés : Masse kystique latérale du cou, échographie, tomodensitométrie, tomodensitométrie par émission de positron, cytoponction à l'aiguille fine, biopsie au trocart, examen extemporané.

Résumé (Anglais)

Benign and malignant lateral cystic neck masses (LCNM) are difficult to distinguish clinically. The usefulness of imaging and sampling modalities in clarifying the diagnosis remains unclear.

Retrospective review of cases between 2010 and 2016. Imaging data was reviewed and the variables pertaining to the mass were assessed including the following: size, nodal level, fat stranding, extracapsular spread, calcifications, vascularity, necrosis and standardized uptake value. Sampling reports of fine-needle aspiration (FNA), core-needle biopsy (CNB) and frozen section (FS) were also assessed. Sensitivity, specificity, positive predictive value (PPV) and negative predictive value (NPV) for predicting malignancy were calculated for all variables and compared between benign and malignant cystic neck masses.

Ultrasound was used in 47.2% and CT-Scan in 90.5% of patients. No variables on imaging could definitely differentiate benign from malignant LCNM. FNA had a lower sensitivity than CNB (59% vs 83%; p=0.036) and FS (59% vs 93%; p=0.01). FS had a better NPV when compared to FNA (92% vs 40%; p<0.001) and CNB (92% vs 50%; p=0.062). Specificities and PPV were similar among all groups.

Clinicians cannot rely on imaging to differentiate benign from malignant LCNM. Given its adequate PPV (92%), FNA should be used initially on lateral cystic neck masses. Because of its high sensitivity, CNB should be considered if FNA is not diagnostic of malignancy. FS should always follow a CNB not indicative of malignancy, because of the low NPV. Any result diagnostic of malignancy on either FNA, CNB or FS strongly indicates presence of malignancy.

Keywords : Lateral cystic neck mass, ultrasound, computed tomography, positron emission tomography, fine-needle aspiration, core-needle biopsy, frozen section.

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Liste des sigles et abréviations

Français:

BT	=	Biopsie au trocart
CAAF	=	Cytoponction à l'aiguille fine
CHUM	=	Centre Hospitalier de l'Université de Montréal
EE	=	Examen extemporané
MKLC	=	Masse kystique latérale du cou
ORL-CCF	=	Oto-rhino-laryngologue et chirurgien cervico-facial
VPH	=	Virus du papillome humain
VPN	=	Valeur prédictive négative
VPP	=	Valeur prédictive positive

Anglais:

AP	=	Anterior-posterior dimension
BCC	=	Branchial cleft cyst
CC	=	Cranial-caudal dimension
CNB	=	Core-needle biopsy
CT	=	Computed tomography
ECS	=	Extracapsular spread
H&N	=	Head and neck
HNSCC	=	Head and neck squamous cell carcinoma
HPV	=	Human papillomavirus
FNA	=	Fine-needle aspiration
FS	=	Frozen section
LAT	=	Lateral-lateral dimension
LCNM	=	Lateral cystic neck mass
NPV	=	Negative predictive value
PET-CT	=	Positron-emission tomography
PPV	=	Positive predictive value
PTC	=	Papillary thyroid carcinoma

SCC = Squamous cell carcinoma
SUV = Standardized uptake value
U/S = Ultrasound imaging

à Jean-Claude, Michèle, et Emily

1. Introduction

Tous les oto-rhino-laryngologistes et chirurgiens cervico-faciaux (ORL-CCF) doivent posséder une compréhension approfondie du diagnostic différentiel des masses de la tête et du cou. Plusieurs patients sont référés aux ORL-CCF par des omnipraticiens qui cherchent un plan de traitement définitif des patients avec des masses cervicales. Afin d'accomplir ceci, l'ORL-CCF doit déterminer le diagnostic le plus probable. À l'aide de l'histoire, de l'examen physique et de diverses modalités diagnostiques telles que l'imagerie et la biopsie, l'ORL-CCF peut accomplir cette tâche.

Les différentes masses du cou sont typiquement catégorisées en trois types : les anomalies congénitales, les étiologies infectieuses ou inflammatoires et les néoplasies. Les anomalies congénitales sont sous-catégorisées en lésions vasculaires (hémangiomes, malformations artéioveineuses, malformations lymphatiques) et en lésions non vasculaires (kystes thyroglosses, kystes branchiaux, ranules plongeantes, tératomes). Les étiologies infectieuses et inflammatoires incluent les sialadénites, les adénopathies bactériennes et virales et multiples maladies granulomateuses telles que la sarcoïdose, la griffe du chat et la tuberculose. Finalement, les néoplasies incluent ceux de la thyroïde, des glandes salivaires et les métastases régionales de tous les cancers de la tête et du cou.

Les masses du cou sont aussi typiquement catégorisées selon leur localisation au niveau du cou. Les masses peuvent aussi être catégorisées selon leur apparence à l'imagerie initiale, soit des masses solides ou des masses kystiques. Le sujet de ce projet porte plus spécifiquement sur les masses kystiques présentes dans les zones 2, 3 et 4 du cou. Ces trois zones ont comme limite latérale le muscle sterno-cléido-mastoïdien. La zone 2 est délimitée supérieurement par la base du crâne, médialement par le ventre postérieur du muscle digastrique et inférieurement par le niveau de l'os hyoïde. La zone 3 est limitée supérieurement par le niveau de l'os hyoïde, médialement par les muscles infrahyoïdiens et inférieurement par le niveau du cartilage cricoïde. Finalement la zone 4 est délimitée supérieurement par le niveau du cartilage cricoïde, médialement par les muscles infrahyoïdiens et inférieurement par la clavicule.

Le diagnostic le plus probable d'une masse kystique latérale du cou a longtemps été le kyste branchial. Par contre, l'incidence croissante des cancers de la tête et du cou lié au virus du papillome humain (VPH) a mené à une augmentation de métastases régionales kystiques dans les zones 2, 3 et 4 du cou. Les tumeurs primaires de ces cancers se retrouvent fréquemment dans l'oropharynx et dans la thyroïde. Par contre, il est possible que la seule manifestation du cancer soit une masse kystique latérale du cou sans évidence de tumeur primaire (primaire occulte). Ainsi, il y a maintenant une importance grandissante de reconnaître et de différencier ces métastases régionales de cancer de la tête et du cou avec primaire occulte de masses bénignes telles que les kystes branchiaux. En effet, la prise en charge de masses bénignes et malignes diffère énormément et une erreur de traitement chez des patients porteurs de cancer peut mener à des conséquences sérieuses pour le patient.

2. Recension de la littérature et de méthodologie

2.1. Diagnostic différentiel de masses kystiques latérales du cou

2.1.1. Kystes branchiaux

Les kystes branchiaux sont formés de résidus des tissus branchiaux embryonnaires et leur localisation dans la tête et le cou est dépendante de l'arc branchial original. Dans 95% des cas, le deuxième arc branchial est affecté.^{1, 2} Ceci mène à la formation d'une masse kystique antérieure au muscle sterno-cléido-mastoïdien qui est souvent accompagnée d'un tractus de drainage latéral à l'artère carotide interne se terminant ultimement dans la loge amygdalienne.

Habituellement ces kystes sont diagnostiqués à l'aide de l'histoire, de l'examen physique et d'une modalité d'imagerie telle que l'échographie ou la tomodensitométrie. Vu le potentiel de surinfection, ces masses sont traitées par une exérèse chirurgicale.

2.1.2. Métastases régionales de carcinomes épidermoïdes

Le carcinome épidermoïde est le sous-type de cancer de la tête et du cou le plus fréquent. Ces cancers peuvent se manifester au niveau du nasopharynx, de la cavité orale, de l'oropharynx, de l'hypopharynx et du larynx. Les cellules cancéreuses de ces tumeurs ont la capacité de migrer vers les ganglions lymphatiques du cou et se multiplient. Ceci entraîne la formation d'une masse au niveau du cou. Il est donc nécessaire d'effectuer un examen physique minutieux de toutes les régions de la tête et du cou pour déceler la présence d'une tumeur primaire. Par contre, les métastases cervicales de carcinomes épidermoïdes se présentent parfois sans la présence d'une tumeur primaire. L'incidence de cancer à « primaire inconnu » se situe entre 2% et 9% parmi tous les cancers de la tête et du cou.^{3, 4}

Récemment, le virus du papillome humain (VPH) a été identifié comme une cause de carcinomes épidermoïdes de la tête et du cou, spécifiquement de l'oropharynx et de ceux à primaire inconnu. Aux États-Unis, la prévalence de tumeur de l'oropharynx causé par le VPH serait de l'ordre de 60% et serait en augmentation.⁵⁻¹⁰ Radiologiquement, les tumeurs de l'oropharynx présentent

parfois des métastases cervicales kystiques souvent faussement diagnostiquées comme des kystes branchiaux.¹¹⁻¹⁶ De plus, les carcinomes épidermoïdes liés au VPH se présentent plus fréquemment comme un primaire inconnu lorsque comparés à ceux non liés au VPH.^{17, 18}

La localisation de la masse cervicale au niveau du cou peut orienter vers le site primaire de la tumeur. Par exemple, les métastases régionales des cancers de la cavité orale se retrouvent dans les zones 1, 2 et 3 tandis que celles des cancers l'oropharynx, de l'hypopharynx et du larynx se situe préférentiellement dans les zones 2, 3, 4.^{19, 20} Habituellement, le site de la tumeur primaire est identifié lors de l'examen physique de la tête et du cou ou de la rhino-pharyngolaryngoscopie. Si une tumeur primaire est identifiée, des biopsies sont prélevées afin de confirmer le site et l'histologie de la tumeur primaire. Si le primaire n'est pas identifié, des imageries telles que la tomodensitométrie (TDM) et la tomodensitométrie par émission de positron (TEP) peuvent être utilisées pour aider la localisation de celui-ci. Par contre, la sensibilité de ces imageries est variable.^{21, 22} Les cancers à primaire inconnu peuvent être traité chirurgicalement (résection de la base de langue, amygdalectomie, évidement cervicale) ou par radiothérapie avec une irradiation de tous les sites potentiels de tumeur primaire et du cou.

2.1.3. Métastases régionales de carcinomes papillaires de la thyroïde

Le carcinome papillaire représente 60% à 70% des cancers de la thyroïde.^{23, 24} La lésion primaire est souvent confinée à la glande thyroïde, par contre, jusqu'à 30% des patients peuvent se présenter avec des métastases régionales au niveau du cou central et latéral.^{25, 26} Ces métastases régionales se présentent le plus souvent dans les zones 2 à 6.²⁷

2.2. Modalités d'investigation

Vu l'aspect clinique similaire et la prise en charge différente entre les kystes branchiaux et les carcinomes épidermoïdes à primaire inconnu, le clinicien doit se fier à diverses modalités d'investigation pour différencier ces deux entités cliniques. Ces modalités peuvent être séparées en deux catégories : les imageries et les prélèvements. Les imageries utilisées couramment dans ces situations sont l'échographie, la tomodensitométrie et la tomodensitométrie par émission de positron. Les formes de biopsies possibles incluent la cytoponction à l'aiguille fine, la biopsie au

trocart et l'examen extemporané.

2.2.1. Les modalités d'imagerie

Les modalités d'imagerie sont cruciales à la prise en charge des patients avec des masses kystiques au niveau du cou. Par contre, il peut être parfois difficile de différencier des métastases cervicales de cancers de la tête et du cou des masses cervicales bénignes.^{28, 29} En effet, selon plusieurs études, les kystes branchiaux infectés sont souvent confondus pour des métastases régionales de carcinomes épidermoïdes de la tête et du cou, notamment à l'échographie et à la tomodensitométrie.^{30, 31} La tomodensitométrie par émission de positron a également été démontrée utile pour localiser les tumeurs primaires chez des patients souffrant de carcinomes épidermoïdes à primaire inconnu avec une sensibilité de 62% et une spécificité de 81.9%.³² Par contre, cet outil s'est montré peu fiable pour différencier des masses bénignes de masses malignes.³³

2.2.2. Les modalités de prélèvement

La valeur diagnostique de la cytoponction à l'aiguille fine a été étudiée à plusieurs reprises et a démontré des résultats différents de sensibilité pour détecter la malignité.³⁴⁻³⁹ Par contre, la cytoponction de masses kystiques spécifiquement a démontré des résultats inférieurs en termes de sensibilité.^{40, 41} La biopsie au trocart a aussi été démontrée comme un outil utile pour diagnostiquer les cancers de la tête et du cou malgré que son utilité pour diagnostiquer des masses kystiques demeure controversé.⁴²⁻⁴⁴ Finalement, l'examen extemporané est souvent proposé dans les algorithmes de prise en charge des masses kystiques du cou.^{39, 45} Une étude a démontré une sensibilité de 100% pour détecter les kystes branchiaux.⁴⁶ Toutefois, aucune étude n'a spécifiquement étudié la sensibilité de l'examen extemporané pour détecter le cancer.

3. Article 1: Lateral cystic neck masses: diagnostic value of ultrasound, computerized tomography and positron emission tomography for predicting malignancy

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Key words: Lateral cystic neck masses, computed tomography, ultrasound, positron emission tomography, squamous cell carcinoma, lymph node metastasis

Short title: Diagnosis of lateral cystic neck masses

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3.1. Abbreviations

BCC : branchial cleft cyst

CT : computerized tomography

H&N : head & neck

HPV : human papillomavirus

LCNM : lateral cystic neck mass

PET-CT : positron-emission tomography

SCC : squamous cell carcinoma

SUV : standardized uptake value

U/S : ultrasound imaging

3.2. Abstract

The clinical presentation of lateral neck metastases from head & neck cancer is often indistinguishable from benign lesions such as branchial cleft cysts. That said, treatment guidelines and prognosis differ widely. Thus, proper and early identification of malignancy is a cornerstone of oncological management. We aimed to study different radiologic modalities' performance for identifying features of malignancy that could suggest a more urgent need for obtaining a histological specimen.

In this retrospective case control study, a review of cases from a single tertiary center was undertaken between November 2010 and December 2016. Masses were considered malignant if one of two conditions were met: (1) malignant on final pathology after excision or (2) primary lesion subsequently identified and confirmed with biopsy. Imagery reports were reviewed, and key features were reported. Lesions were measured along three dimensions: the latero-lateral (LAT), antero-posterior (AP), and crano-caudal (CC) axes. Size, nodal level, extracapsular spread (ECS), fat stranding and necrosis were evaluated with CT-scan; vascularity was measured with U/S. PET-CT was used to assess the SUV of the dominant node and to determine the ability to correctly identify a primary tumor prior to pathologic confirmation.

In total, 127 patients presenting with LCNM were included in our study, of which 89 were found to be malignant masses (70%). U/S was used in 60/127 (47.2%) and CT-Scan in 115/127 (90.5%) of patients. Vascularity was higher in cystic malignancy (7/13; 54%) when compared to benign disease (2/12; 17%) ($p = 0.03$). There was a statistically significant difference between calcifications for cystic SCCs and PTCs ($p = 0.02$). No difference in average SUV was noted between cystic malignancies (SUV=9.76) and benign disease (SUV=6.63) ($p = 0.5$).

Within our cohort, level in the neck, incidence of multiple adenopathy and size (apart from crano-caudal dimension) appeared similar between malignant and benign lesions. Increased vascularity on U/S with intra-lesional calcifications was highly suggestive of a PTC. Measurement of SUV on nuclear imaging was not statistically different between groups, although sample size

for benign pathology was small ($n=6$). Negative predictive value for imaging was low (62%). Thus, an absence of malignant features should not slow down the process of obtaining a biopsy.

3.3. Introduction

Solitary lateral cystic neck masses (LCNM) are often benign, especially in young patients.⁴⁷ In fact, second branchial cleft cysts (BCC) are the most common congenital etiology for a cervical mass.⁴⁸ That said, a high index of suspicion for malignancy must be preserved since metastases from head and neck squamous cell carcinoma (HNSCC) and papillary thyroid carcinoma (PTC) may have a similar clinical presentation.

Due to the human papilloma virus (HPV) epidemic, incidence of p16-positive HNSCC is increasing.⁴⁹ There is a known association between the latter and cystic neck lesions, which makes radiologic assessment more difficult, especially when presenting in lymph node drainage levels II through IV¹¹. Although imaging is essential to the work-up of LCNMs, some cystic metastases of HNSCCs may be radiologically undistinguishable from BCC.^{28, 29} In fact, infected BCC have been shown to be confused with metastatic HNSCC on ultrasound (U/S) and computed tomography scan (CT-Scan).^{30, 31} Positron-emission tomography (PET-CT) has been proposed as a tool to differentiate these pathologies, but the only study assessing PET-CT suggests it is unreliable in identifying malignant lesions.³³ The limits of these diagnostic modalities lead to the erroneous diagnosis of certain masses as benign. Studies have shown rates as high as 24% of lesions initially thought to be BCC on imaging subsequently found to be malignant.^{35, 37-39, 45, 50}

Our aim was to further characterize the usefulness of ultrasound, CT-Scan, and PET-Scan in differentiating malignant from benign LCNMs. This is important because management varies greatly between a benign and malignant lesions thus proper identification is paramount.

3.4. Method

3.4.1. Patient selection

A retrospective review of cases from a single tertiary center was undertaken between November 2010 and December 2016. All patients were initially evaluated by a fellowship-trained otolaryngologists or radiation oncologists with an expertise in head and neck oncology. All patients presenting with a LCNM without evidence of a primary tumor on initial history, physical exam, flexible laryngoscopy or initial imaging were included. The pediatric population was excluded. The mass had to be within the boundaries of cervical lymph node drainage levels II through IV as shown on either U/S or CT-Scan.

Purely cystic masses and cyst-like masses (i.e. partially cystic, cystic component, necrotic, liquid content) were included. Masses were benign when considered as such by a pathologist after mass excision (through neck dissection or excisional biopsy). Masses were considered malignant if one of two conditions were met: (1) malignant on final pathology after excision or (2) primary lesion subsequently identified and confirmed with biopsy.

All procedures were in accordance with the ethical standards of the Helsinki Declaration of 1975 as revised in 1983 and were approved by the committee on human experimentation of our institution.

3.4.2. Data collection and outcomes measures

Each imaging study was reviewed by a fellowship-trained neuro-radiologist. Lesions were measured along three dimensions: the latero-lateral (LAT), antero-posterior (AP), and crano-caudal (CC) axes. CT-scan or U/S measurements were used to assess LCNM. Size, nodal level, extracapsular spread (ECS), fat stranding and necrosis were evaluated with CT-scan; vascularity was measured with U/S. PET-CT was used to assess the SUV of the dominant node and to determine the ability to correctly identify a primary tumor prior to pathologic confirmation.

3.4.3. Statistical analysis

Data were analyzed using the Microsoft Excel software. Chi-squared test and Fisher's exact test were used to analyze categorical variables and Student's T-test was used for continuous variables. A *p*-value of <0.05 was considered statistically significant.

3.5. Results

In total, 127 patients presenting with LCNM were included in our study, of which 89 were found to be malignant masses (70%). Ultrasound was used in 60/127 (47.2%) and CT-Scan in 115/127 (90.5%) of patients. Patient demographic factors are presented in Table 1 and final pathology of all cystic masses are presented in Figure 1. Results for size, nodal level, and multiple adenopathy are all shown in Figures 2 through 4. Of note, a high proportion of regional metastasis of PTC (8/10; 80%) presented in the level IV. These results were statistically different from the rate of level IV regional metastasis in cystic SCC (80% vs 2.7%; p<0.001).

Table 1: Demographic factor differences between patients presenting with malignant and benign cystic neck masses

	Malignant (n=89)	Benign (n=38)	p value
Age (years ± SD)	59 ± 1.0	41 ± 2.1	< 0.001
Male gender	62/89 (70%)	17/39 (44%)	0.003
Smoking	47/89 (53%)	12/38 (32%)	0.03
Use of alcohol	57/89 (64%)	21/38 (55%)	0.33
Use of drugs	14/89 (16%)	8/38 (21%)	0.57

SEM: Standard error of the mean

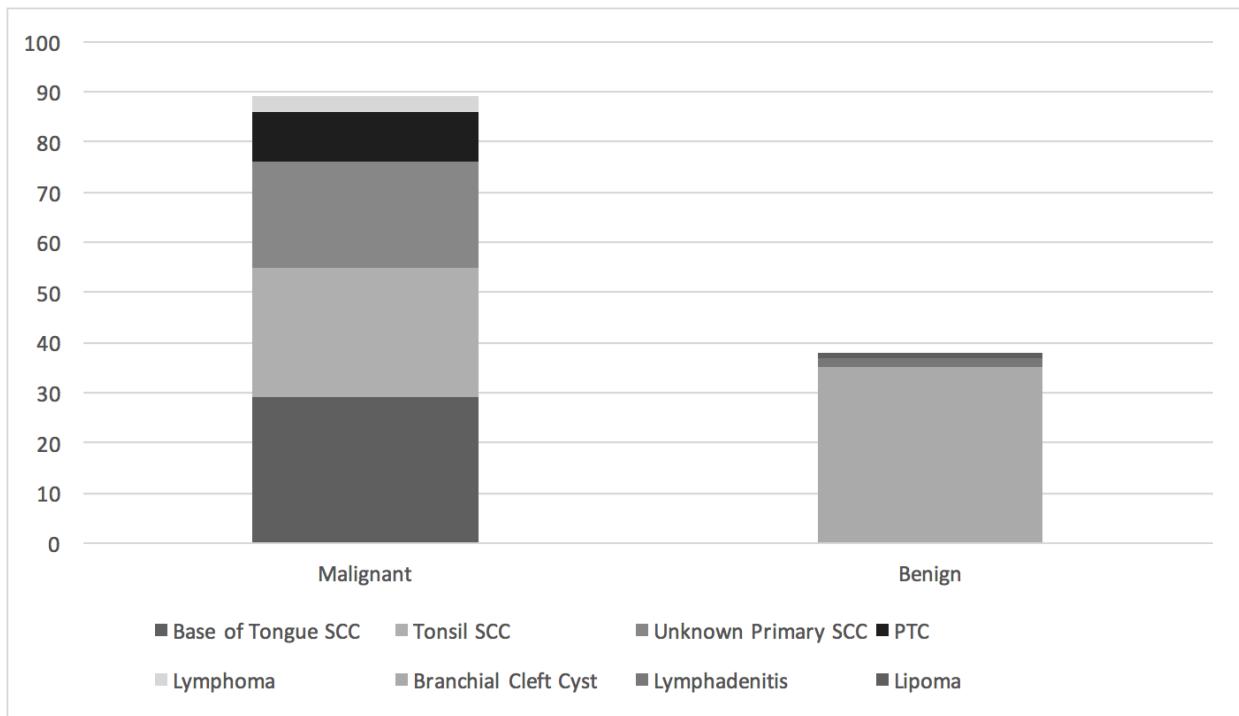


Figure 1: Differential diagnosis of cystic masses of the lateral neck based on excision biopsy or neck dissection pathology.

SCC: Squamous cell carcinoma; PTC: Papillary thyroid carcinoma

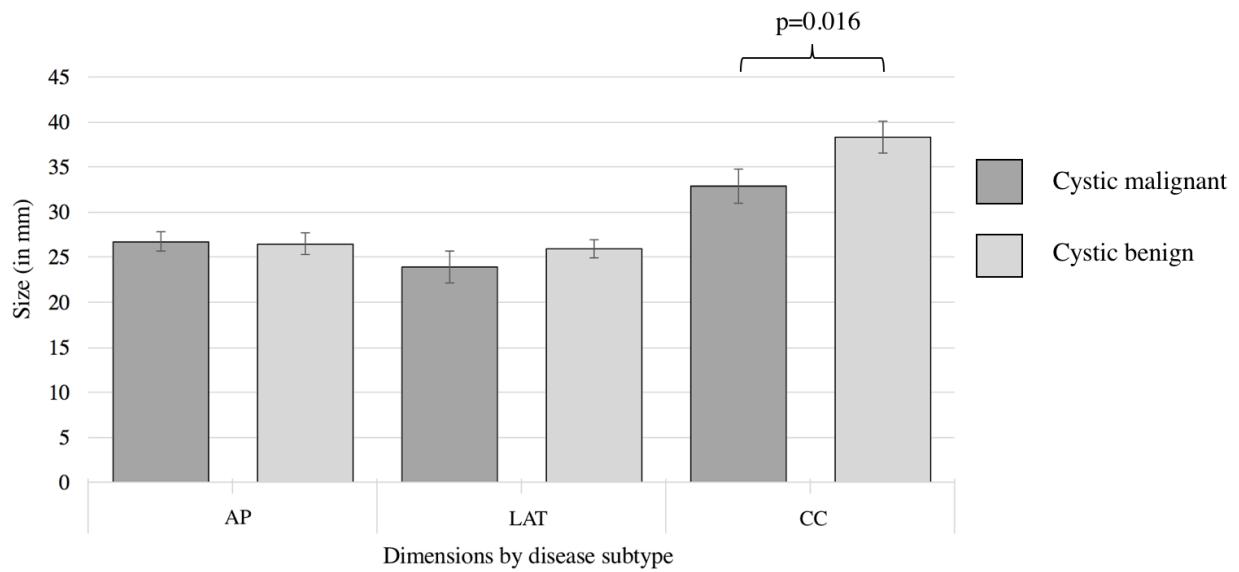


Figure 2: Differences in size between cystic malignant and cystic benign masses of the lateral neck.

AP: Antero-posterior dimension; LAT: latero-lateral dimension; CC: cranio-caudal dimension

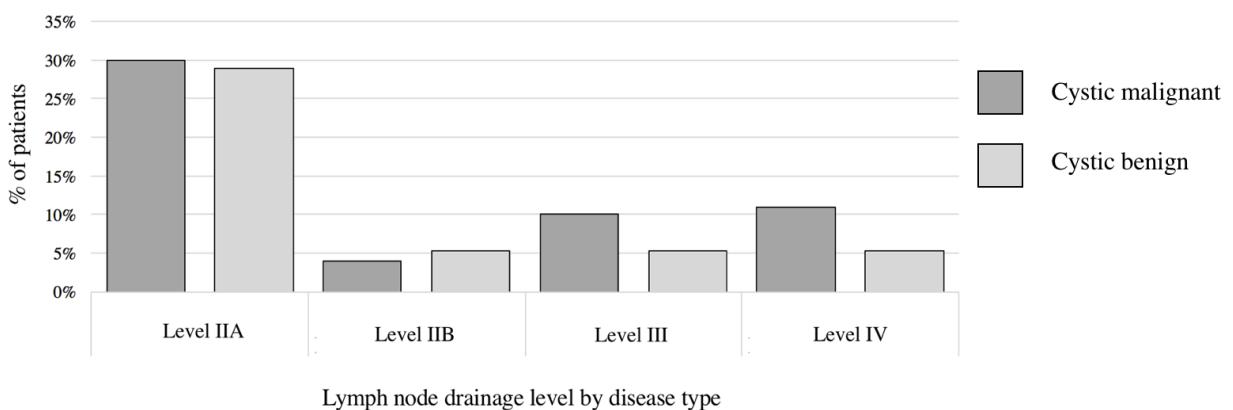


Figure 3: Differences in lymph node drainage level between cystic malignant and cystic benign masses of the lateral neck

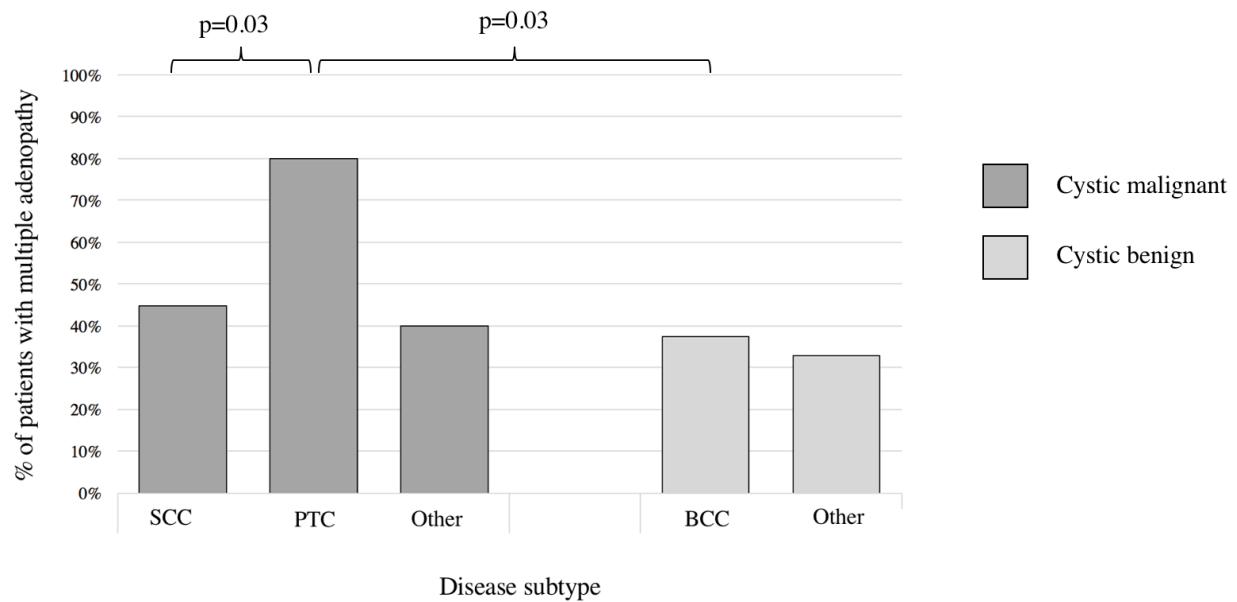


Figure 4: Differences in the presence of multiple adenopathy between cystic malignant and cystic benign masses of the lateral neck.

SCC: squamous cell carcinoma; PTC: papillary thyroid carcinoma; BCC: branchial cleft cyst. Only statistically significant differences are shown.

Vascularity was higher in cystic malignancy (7/13; 54%) when compared to benign disease (2/12; 17%) ($p = 0.03$). Calcifications were reported in 1/5 (20%) cystic SCC, 6/6 (100%) cystic PTCs and 0/3 (0%) BCCs. There was a statistically significant difference in the incidence of calcifications between cystic SCCs and PTCs ($p = 0.02$), and a trend towards statistical significance between malignant and benign cystic lesions ($p = 0.06$).

Fat stranding and ECS were only assessed using CT-Scan. Fat stranding was present 10/19 (52%) of cystic malignancies and 4/10 (40%) of benign disease. A trend towards statistical significant was found between these two groups ($p=0.07$). Finally, 2/2 (100%) malignant cystic lesions demonstrated ECS whereas presence or absence of ECS was never described among benign masses.

Positron emission tomography was ordered for 54/89 (60.7%) patients with cystic malignancies and in 6 patients (15.8%) with benign disease. No difference in average SUV was noted between cystic malignancies (SUV=9.76) and benign disease (SUV=6.63) ($p = 0.5$). A primary tumor was suspected in 20/54 (37%) of patients with cystic malignancies and no primary (0/6) was suspected in PET-CTs of patients with benign masses ($p=0.07$).

The term “necrosis” was used to describe lesions in 12 U/S reports and 76 CT-Scans. Its sensitivity for detecting malignancy was 38% with U/S and 74% with CT-Scan. The radiologist’s initial presumptive diagnosis based on imaging had a sensitivity of 85%, a specificity of 69%, a positive predictive value of 89% and a negative predictive value of 62%.

3.6. Discussion

Older age, male gender and smoking were all significantly more prevalent among the malignant cystic neck group. Therefore these three parameters must be carefully taken into account when evaluating a patient with a cystic neck mass and should raise the suspicion for a malignant disease. The marked difference between the incidence of level IV masses of non-PTC masses and PTC cystic masses is not surprising given a known elevated incidence of level IV lymph node metastasis in PTC. In fact, ipsilateral level IV have been shown to be the second most common location of PTC lymph node metastasis after pretracheal metastasis.⁵¹ Cystic PTC lesions were also significantly more prevalent in level IV when compared with cystic benign masses (77% vs 5%; p<0.001) Therefore, we encourage an ultrasound for all level IV cystic neck masses to rule out the presence of a suspect thyroid nodule and regional metastasis of a possible thyroid malignancy.

When comparing the size of the different mass types, the only difference was noted in the crano-caudal dimension average between cystic SCC and BCC (32 mm vs 39 mm; p=0.016). This difference is in fact corroborated in the article by Goyal et al. which also found a larger CC dimension for branchial cleft cysts.⁵² Malignant adenopathy are well known for their rounder shape when compared to benign adenopathy which may also explain their morphological difference with branchial cleft cysts.

When comparing cystic SCC and cystic PTC, the former showed fewer multiple nodes (44% vs 80%; p=0.03). Furthermore, cystic PTC showed a significantly higher rate of multiple adenopathy when compared to cystic BCC (80% vs 37%; p=0.03). In fact, as previously stated, PTC initially spreads to level VI before spreading to level IV which would explain the higher likelihood of multiple adenopathy in this subgroup.⁵¹ Finally, no difference exists between the cystic SCC and BCC with regards to multiple node status which may be explained by the tendency of BCC to get infected which consequently is accompanied by reactive lymphadenopathy. Therefore, we encourage clinicians to not rely on multiple nodes for clinical suspicion of malignancy when faced with a lateral cystic neck mass.

Vascularity was shown to be more frequent in cystic malignancies when compared to benign masses ($p=0.03$), namely because of the high rate of vascularity among the cystic PTC masses. In fact, PTC nodal metastasis have often been regarded as highly vascular lesions.⁵³ When cystic SCC was isolated and compared to BCC, vascularity only trended toward a statistical difference ($p=0.09$).

Given the near statistically significant difference in calcification status between malignant and benign cystic lesions, this feature may be considered as an adequate marker for detecting cancerous lesions, specifically PTC. However, similarly to the published literature, calcification does not differentiate cystic SCC from cystic BCC.⁵² Without surprise, calcifications were more frequent in PTC regional metastasis when compared to SCC; this difference in calcification status was previously demonstrated by Aruja and colleagues.⁵⁴

Both fat stranding and ECS are known as indicators of malignant disease. Our findings only revealed a trend toward significantly a higher incidence of fat stranding in malignant cystic versus benign cystic disease. This, combined with presence of fat stranding in both malignant and benign disease as described by Goyal and colleagues⁵², puts into question its use in detecting malignancy. Unfortunately, only two patient reports mentioned the presence of ECS among cystic masses, it is therefore difficult to conclude the utility of this imaging parameter within our study. However, the absence of report of this finding among benign masses and the fact that it represents a known marker for poor prognosis, leads us to still consider ECS as a feature of malignancy.⁵⁵

No difference was found between all groups in terms of SUV of the neck mass however PET-Scan was scarcely used to evaluate benign disease and therefore these results should be interpreted with caution. However, based on this finding, we conclude that SUV may not reliably differentiate benign cystic from malignant cystic neck lesions. A high SUV in the benign cystic mass group may also be due to an active infection or ongoing inflammatory process. Also, most PET-CTs are ordered after diagnostic sampling of the mass (e.g. fine-needle aspiration) which has been shown to further elevate the SUV and affect its diagnostic accuracy.^{56,57} However, suspicion of primary tumor on PET-CT is a finding that may indicate the presence of a malignant node ($p=0.07$).

No universal diagnostic definition exists regarding necrosis on imaging. Some have been proposed but are not systematically utilized by radiologist. In fact, some authors define “necrosis” on imaging as either “nodes with thicker solid walls and irregular, complex central low attenuation” or a “masses that tends to have undulating irregular walls”.¹¹ In sum, the definition needs to be further clarified to be used objectively on imaging analysis. In our study, we found that the term was more often used with CT-scans compared to U/S. When used on CT-Scan, its sensitivity was much higher than when used on U/S (74% vs 38%, respectively). This leads us to encourage clinicians to disregard the term when used on U/S and to rely more on the above-cited U/S parameters. Regardless of the modest sensitivity on CT-Scan, further studies should be undertaken to ensure inter-evaluator reliability for the term to not confuse an infected BCC with a necrotic regional lymph node metastasis.

Overall, the sensitivity of all imaging modalities to detect malignancy was high, however, considering the low specificity and NPV of these same diagnostic tools, we caution the clinician to always be wary of a reassuring diagnosis of a lateral cystic neck mass based solely on imaging.

3.7. Conclusion

In summary, malignant and benign cystic neck lesions are difficult to distinguish based on imaging. Cystic SCC and BCC have a similar location in the neck and incidence of multiple adenopathy. Apart from a difference in cranio-caudal dimensions, size appears to be similar as well. A level IV cystic mass or one with high vascularity and calcifications is highly suspicion of PTC and, in such circumstances, a primary within the thyroid gland must be ruled-out. Also, SUV may not help differentiate malignant from benign cystic masses. Finally, a benign presumptive diagnosis on imaging is often inaccurate (NPV=62%) and clinicians must interpret these reports with caution.

4. Article 2: Cystic masses of the lateral neck: diagnostic value comparison between fine-needle aspiration, core-needle biopsy and frozen section

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4.1. Abbreviations

CNB	=	Core-needle biopsy
HPV	=	Human papillomavirus
HNSCC	=	Head and neck squamous cell carcinoma
FNA	=	Fine needle aspiration
FS	=	Frozen section
PPV	=	Positive predictive value
NPV	=	Negative predictive value

4.2. Abstract

The usefulness of fine-needle aspiration (FNA), core-needle biopsy (CNB) and frozen section (FS) for assessing lateral cystic neck masses remains unclear.

A retrospective review of patients presenting with a lateral cystic neck mass was undertaken.

In total, 135 patients were included. FNA had a lower sensitivity than CNB (59% vs 83%; p=0.036) and FS (59% vs 93%; p=0.01). FS had a better negative predictive value (NPV) when compared to FNA (92% vs 40%; p<0.001) and CNB (92% vs 50%; p=0.062). Positive predictive values (PPV) and specificities were similar among all groups.

Given its adequate PPV (92%), FNA should be used initially on lateral cystic neck masses. Because of its high sensitivity, CNB should be considered if FNA is not diagnostic of malignancy. FS should always follow a CNB not indicative of malignancy, because of the low NPV. Any result diagnostic of malignancy on either FNA, CNB or FS strongly indicates presence of malignancy.

4.3. Introduction

Lateral cystic neck masses are often misdiagnosed as benign lesions such as branchial cleft cysts (BCC) when a large proportion of these are malignant.³⁸ Regional metastases of oropharyngeal squamous cell carcinoma (SCC) and papillary thyroid cancer (PTC) are among the different types of malignancy found in lateral cervical cysts.^{36, 58} Thus, several authors have proposed specific treatment algorithms for this disease variant which includes among other diagnostic tools fine-needle aspiration cytology (FNA), core-needle biopsy (CNB) and frozen section (FS).^{39, 45}

FNA's diagnostic value for lateral cervical cysts has been studied numerous times and has yielded different results when assessing sensitivity for detecting malignancy.³⁴⁻³⁹ However, when compared to FNA results of all head and neck lesions regardless of the presence of a cystic component, FNA of cysts demonstrate a much lower sensitivity.^{40, 41} Authors have suggested that this may be due to the hypocellularity secondary to the cystic fluid's dilutional effect as well as to the presence of inflammatory cells and cellular debris.³⁶ In fact, this phenomenon is not isolated to the head and neck since cystic lesions throughout the body have shown to be a significant source of FNA diagnostic error.⁵⁹ CNB is also regarded as a useful tool for diagnosing malignancy in head and neck masses; their use however remains controversial when addressing masses of a cystic nature.⁴²⁻⁴⁴ FS is another diagnostic tool often proposed in management algorithms of cystic neck lesions.^{39, 45} One study showed that FS had a 100% sensitivity for detecting branchial cleft cysts.⁴⁶ No report of FS's sensitivity for detecting malignancy in lateral cervical cysts was found.

The objective of this study is therefore to offer a detailed description of the diagnostic value of each of these tools in differentiating benign from malignant cystic lesions of the lateral neck. Also, we wish to compare these values with those found on solid malignant masses to possibly further isolate lateral neck cysts as a unique clinical scenario with specific management considerations.

4.4. Methods

4.4.1. Patient selection

A retrospective review of cases from a single tertiary center was undertaken between November 2010 and December 2016. All adult patients presenting with a lateral cystic neck mass without evidence of a primary tumor on initial history, physical exam or flexible laryngoscopy were included. The mass had to be within the boundaries of cervical lymph node drainage levels 2 through 4 as shown on either ultrasound (U/S) or computed tomography scan (CT-Scan) interpreted by a neuroradiologist.

Solid masses, purely cystic masses and cyst-like masses (i.e. partially cystic, cystic component, necrotic, liquid content) were included. For the solid mass group, only malignant SCC on final pathology were included. All masses had to have undergone either FNA, CNB or FS. All masses had to have a definitive diagnosis of either benign disease or malignancy. Masses were benign when considered as such by a pathologist after mass excision (through neck dissection or excisional biopsy). Masses were considered malignant if one of two conditions were met: (1) malignant on final pathology after excision or (2) primary lesion subsequently identified and confirmed with biopsy.

All procedures were in accordance with the ethical standards of the Helsinki Declaration of 1975 as revised in 1983 and were approved by the committee on human experimentation of our institution.

4.4.2. Data collection and statistical analysis

FNA, CNB and FS results were categorized as inadequate, benign and suspicious or diagnostic of malignancy. Sensitivity, specificity, positive predictive value (PPV) and negative predictive values (NPV) were calculated for cystic masses based on definitive diagnosis. Sensitivity results for solid masses were compared with those for cystic masses. Only results with stated absence of malignancy were considered negative; non-diagnostic results were excluded from calculations. Results indicative of malignancy on either FNA, CNB or FS were considered positive.

Complications rates were also assessed. Chi-squared test and Fisher's exact test were used to analyze categorical data. A p-value of <0.05 was considered statistically significant.

4.4.3. FNA, CNB and FS characteristics

Either a surgeon, a radiologist or a cytopathologist performed FNA. Needle passes and ranges were available in 51/101 (50.5%) FNA reports. The number of passes ranged from 1 to 5; both the median and the mode were 3. These were done with either a 18, 22 or 25 gauge needle; the mode was 25G. Aspirates were alcohol-fixed and smears were Pap stained. Cell blocks stained with HE were prepared but no ancillary studies were performed on these. Biopsies were considered non-diagnostic when samples were too small, when there was absence of viable epithelial cells or presence of air-dried cells, degenerated cells or cells obscured by blood, inflammatory exudates, necrosis and debris. All these features, in the presence of viable cells, can also be considered obscuring features that can lead to false-negative results in all biopsy modalities. Specifically, for FS, obscuring features include the latter as well as freezing artifact. Cellularity ranged from hypocellular (but satisfactory) to hypercellular. Most specimens were low to moderately cellular. Frozen section was performed in patients with FNA and/or CNB which were not diagnostic of malignancy despite high clinical suspicion of malignancy. Frozen sections were performed directly in patients when risk of malignancy was assessed as low, for example in suspected branchial cleft cysts. This was mostly the case for patients who underwent work-up and surgery before referral to our tertiary care center. Because of the oncological population referred to our healthcare center, FNA is generally performed first, followed by CNB, and ultimately FS. We assure that it is common practice at our center to send the whole mass for pathological diagnosis. Anatomo-pathologists examines between 1 and 2 slides prepared for FS and the rest of the mass is sent for final pathological diagnosis in formaldehyde.

4.5. Results

In total, 135 patients with cystic masses were included. Definitive diagnosis of each of these masses as well as their relative frequencies are shown in Figure 5. Ninety-eight patients with solid masses were included.

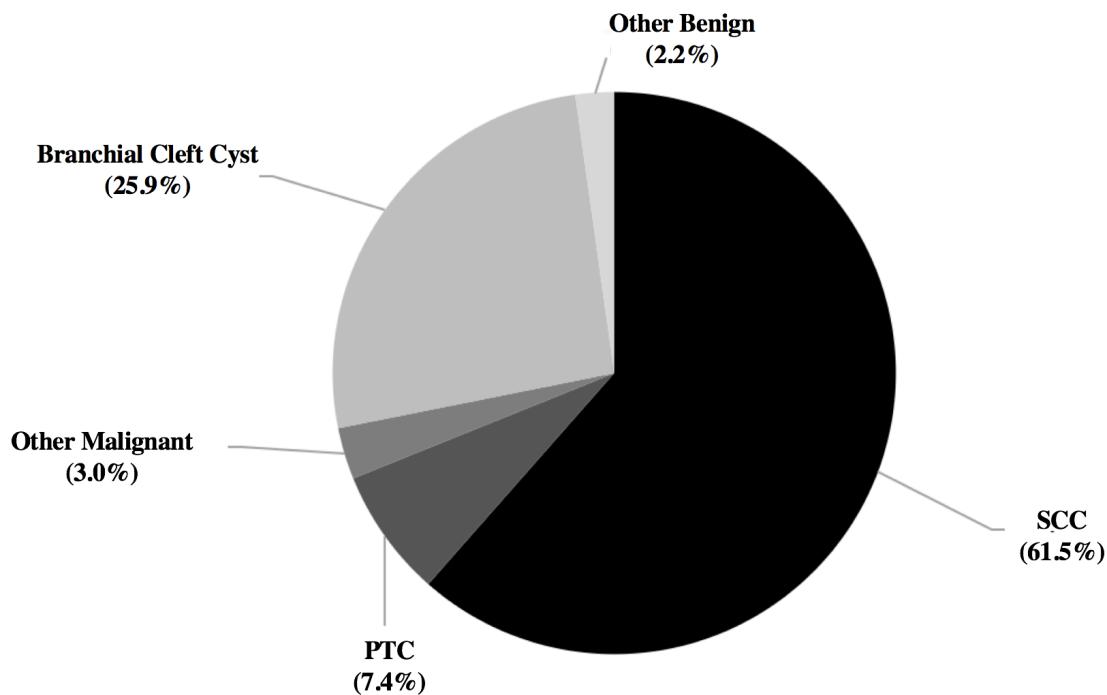


Figure 5: Differential diagnosis of cystic masses of the lateral neck based on excision biopsy or neck dissection pathology.

SCC: squamous cell carcinoma; PTC: papillary thyroid carcinoma

Within the cystic mass group, 7/135 (5%) samples were considered inadequate to make a diagnosis compared to 8/98 (8%) within the solid group. All the inadequate material came from FNA sampling. No statistical difference existed between cystic and solid groups regarding inadequate sampling ($p=0.14$).

Detection of p16 gene overexpression was undergone on either the cervical mass of the primary tumor in 43% patients with cystic cervical SCC and 51% patients with solid cervical SCC. Overexpression of p16 was found in 97% of patients in the cystic group and 90% in the solid group; no significant difference was found between these two groups ($p=0.51$). Of note, no ancillary studies were performed on either FNA, CNB or FS, including p16 immunohistochemistry.

In total, 101 FNA were undergone on both benign and malignant masses, of these 90 (89.1%) were done without concurrent CNB. Of the 20 CNB performed, 9 (45%) were not done concurrently with FNA. The remaining 11 patients in both groups all had FNA and CNB done concurrently. Of these, 5 (46%) presented false-negative FNA when concurrent CNB were diagnostic of malignancy. The remaining 6 patients (55%) showed results diagnostic of malignancy on both FNA and CNB. Among the FNA done on cystic masses, 21 (20%) were performed by surgeons, 58 (57%) by radiologists, 3 (3%) by cytopathologists and 18 (18%) where data is missing.

All FNA and CNB final reports were reviewed. For FNA, 58/101 (57%) were definitely performed under U/S and 3/101 (3%) were definitely not performed under U/S. In all other 40/101 (40%) FNA results, use of U/S was not confirmed or infirmed by official report. Thus, rigorous comparison of image-guided vs no-guidance for FNA is therefore not feasible; this has been included in the limitations of this study. For CNB, U/S was definitely used in all but 2 (90%) patients, where data is lacking.

Out of the 25 patients having undergone FS, 14 (56%) had prior FNA and 3 (12%) had prior CNB. Incisional biopsies were submitted for FS in at least 2 (8%) patients before they were referred to our center. Of the 25 patients who underwent FS, 16 (64%) were done in our center.

Table 2 presents demographic features, size, proportion of unilateral and single masses among all patients presenting with lateral cystic neck masses. Sensitivity, specificity, PPV, NPV of FNA, CNB and FS for cystic masses are shown in Table 3 and sensitivity for detecting malignancy for each specific pathological diagnosis is shown in Table 4. Statistically significant differences were shown when comparing the following: FNA sensitivity (59%) versus CNB sensitivity (83%), $p=0.03$;

FNA sensitivity (59%) versus FS sensitivity (93%; $p=0.01$); FNA NPV (40%) versus FS NPV (92%; $p<0.001$). A trend towards a statistical difference was shown when comparing CNB NPV (50%) versus FS NPV (92%; $p=0.07$). No statistical differences were found between specificities and PPVs and no differences were found between sensitivities of CNB and FS as well as between NPV of FNA and CNB. FNA results of cystic masses diagnosed as SCC compared to those diagnosed as PTC are shown in Table 5, with corresponding p-values.

Table 2: Demographic features, size, proportion of unilateral and single masses among all patients presenting with lateral cystic neck masses

	Malignant cystic	Benign cystic	p-value
Age (years ± SEM)	59 ± 1.0	41 ± 2.1	< 0.001
Female gender (%)	30 (29/97)	58 (22/38)	0.003
Smoking (%)	53 (51/97)	32 (12/38)	0.03
Size (cm ± SEM)			
AP	26.7 ± 1.0	26.5 ± 1.2	0.9
LAT	23.9 ± 1.8	25.9 ± 1.9	0.36
CC	32.9 ± 2.8	38.3 ± 3.0	0.12
Unilateral (%)	98.0 (95/97)	100 (38/38)	0.37
Single (%)	52.5 (51/97)	65.8 (25/38)	0.16

SEM: Standard error of the mean; AP: antero-posterior dimension; LAT: lateral-lateral dimension; CC: cranio-caudal dimension

Table 3: Sensitivity, specificity, PPV and NPV of FNA, CNB and FS in detecting the presence or absence of malignancy in the cystic masses of the lateral neck

	FNA	CNB	FS
Sensitivity (%) (95% CI)	59 (47-70)	83 (63-96)	93 (32-100)
Specificity (%) (95% CI)	83 (62-95)	100 (40-100)	92 (62-100)
PPV (%) (95% CI)	92 (78-97)	100 (75-100)	93 (64-100)
NPV (%) (95% CI)	40 (27-55)	50 (14-86)	92 (62-100)

CI: Confidence interval; FNA: fine-needle aspiration; CNB: core-needle biopsy; FS: frozen section; PPV: positive predictive value; NPV: negative predictive value

Table 4: Sensitivity for detecting malignancy according to specific diagnosis made on final pathology

Final diagnosis	FNA	CNB	FSB
Malignant Cystic	All cysts (n=97)	43/73 (59%)	15/18 (83%)
	SCC (n=83)	34/63 (54%)	13/15 (87%)
	PTC (n=10)	9/10 (90%)	1/1 (100%)
	Lymphoma (n=3)	2/2 (100%)	1/1 (100%)
	Endometrial carcinoma (n=1)	x	0/1 (0%)
Malignant Solid SCC (n=98)	62/78 (80%)	11/12 (92%)	2/2 (100%)

FNA: fine-needle aspiration; CNB: core-needle biopsy; FS: frozen section; SCC: squamous cell carcinoma; PTC: papillary thyroid carcinoma

Table 5: FNA parameters for detecting malignancy according to the presence of either squamous cell carcinoma or papillary thyroid carcinoma on final pathology

	Squamous cell carcinoma	Papillary Thyroid Carcinoma	p-value
Sensitivity (%) (95% CI)	53 (41-66)	89 (51-99)	0.03
Specificity (%) (95% CI)	83 (62-95)	83 (61-95)	1.00
PPV (%) (95% CI)	89 (62-95)	67 (61-95)	0.08
NPV (%) (95% CI)	41 (27-56)	95 (74-100)	<0.001

CI: Confidence Interval; PPV: positive predictive value; NPV: negative predictive value.

Sensitivity results of FNA, CNB and FS between solid masses and cystic masses are illustrated in Figure 6. FNA and CNB sensitivity for solid masses (80% and 92% respectively) were significantly better than FNA sensitivity for cystic masses (59%). FNA sensitivities per definitive diagnosis of solid and cystic masses are shown in Figure 7. FNA, CNB and FS of solid masses did not show significantly different results when compared among them and when compared to CNB and FS in cystic masses. No difference existed when comparing FNA sensitivity of solid SCC, cystic PTC and cystic lymphoma.

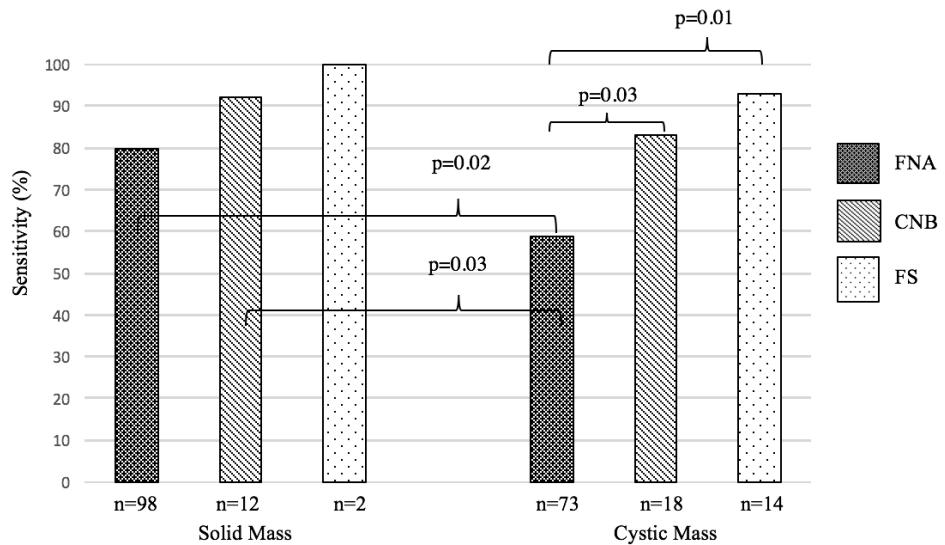


Figure 6: Diagnostic tool sensitivity in detecting malignancy in solid and cystic masses of the lateral neck.

Only statistically significant p-values are shown. FNA: fine-needle aspiration; CNB: core-needle biopsy; FS: frozen section.

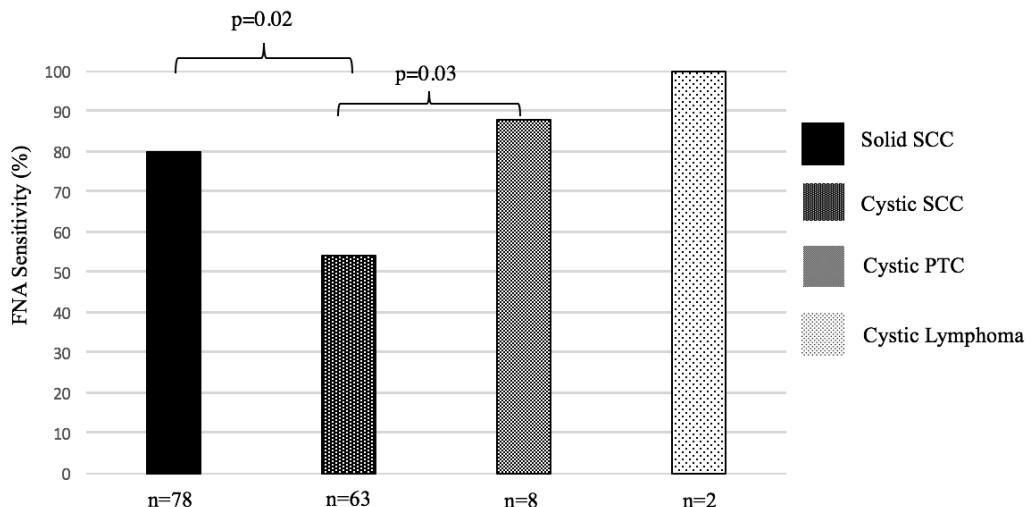


Figure 7: FNA sensitivity in detecting malignancy in solid SCC and cystic mass subgroups diagnosed on final pathology.

Only statistically significant p-values are shown. FNA: fine-needle aspiration; SCC: squamous cell carcinoma; PTC: papillary thyroid carcinoma

Three patients were ultimately diagnosed with lymphoma. Of these, 2 underwent FNA before surgical excision and 1 underwent CNB. All three neck masses were subsequently excised and analyzed. Two (1 FNA and 1 CNB) were analyzed by flow cytometry, and lymphoma was diagnosed. On the other cystic mass with previous FNA, southern blot and immunohistochemical analysis was performed and showed Bcl-2+ and Bcl-6+, which was suggestive of low-grade follicular lymphoma. There was however a lack of CD10 co-expression, which was atypical. Thus, a PCR analysis was undertaken and showed presence of 14:18 translocation (Bcl-2:IgG).

Of the 97 patients with cystic masses diagnosed with malignant disease, 56 (58%) were diagnosed by direct specimen pathological analysis and 41 (43%) by subsequent discovery of primary tumor. FNA sensitivity for detecting malignancy for both these groups was similar (56% vs 50%; $p=0.65$).

4.6. Discussion

Among all cystic neck masses, 72% were found to be malignant masses and 85% of these were SCC. Our findings indicate a much higher proportion of malignancy than those found in the literature which ranges from 10% to 24%.^{35, 36, 38, 39} This discrepancy in the incidence of malignant disease may be due to the following reasons. First, there is no mention that partially cystic and necrotic masses were included in these articles which, if excluded, may greatly diminish the incidence of malignancy. Masses described as «necrotic» were included in our study because of the presence of a hypodense center as well as the well-known difficulty in radiologically differentiating an infected branchial cleft cyst with a necrotic metastatic node.^{30, 31} In sum, we thought it necessary to include these types of masses given their similar susceptibility to diagnostic errors, notably by FNA and CNB. Second, patients included in our study were treated either in a tertiary center specialized in oncologic head and neck surgery and included referrals from primary and secondary centers which may have treated a large proportion of benign diseases without our knowledge. Finally, a recent study has shown an association between cystic neck masses and HPV¹¹ and it is known that the incidence of HPV-related oropharyngeal cancer is increasing at a dramatic rate.⁶⁰ Therefore, it is possible that malignant cystic neck masses are much more prevalent today than previously recognized. Articles cited above were in fact published no less than 15 years ago. This is also reflected in our results which showed a high p16 positivity in the cystic and solid neck groups (97% and 91% respectively). This high positivity, however, may be overestimated given the low proportion of samples tested for p16 within our study group (43% for the cystic group and 51% for solid group).

PTC has long been considered a cause of cystic metastasis to the lateral neck with an incidence as high as 11%⁵⁸ among all lateral cystic neck masses, a rate similar to our results (7%). Cystic lymphoma, however, is a much rarer diagnosis in the head and neck, described only in certain isolated cases.⁶¹⁻⁶⁴ Of note, the term “lymphoproliferative disorder” in either FNA or CNB reports was considered an adequate prediction of the definitive diagnosis of lymphoma. Finally, without surprise, branchial cleft cysts were the most prevalent benign cystic lesions in the neck.^{31, 65}

As mentioned above, FNA sensitivity results vary widely in the literature (33-75%) (Table 5). Our results are therefore comparable to these. As for specificity and PPV, results are more promising in our assessment (83% and 92% respectively) as well as in the literature reaching as high as 100% for both specificity and PPV.³⁴ NPV on the other hand was much lower in our group (40%) when compared to rates in literature which were at 92% in a study which included, however, midline cysts and therefore had a higher probability of benign disease (e.g. thyroglossal cysts).³⁴ FNA sensitivity for detecting malignancy was significantly better in solid masses (80% vs 59%; p=0.02). This value is slightly inferior to the ones found in the literature which range from 87-95%, further illustrating the difference of FNA usefulness between solid and cystic masses.^{40, 41, 66}

Table 6: FNA sensitivity in detecting malignancy in cystic masses of the lateral neck

Study	Sensitivity (%)	No of patients
Moatamed (2009)	75	41/55
Sheaman (2001)	73	10/14
Flanagan (1994)	50	2/4
Gourin (2000)	37.5	5/8
Granstrom (1989)	33	3/9
Cinberg (1982)	33	1/3

With regards to all cervical masses as shown in a large meta-analysis of 554 cervical masses, CNB had an overall accuracy of 96% in detecting malignancy.⁴² However, when considering only cystic neck masses, no results in the literature were found for comparative purposes. Furthermore, controversy regarding their use in cystic masses exists, notably because of the supposed higher risk of inadequate material extraction.^{43, 67} These conclusions were, however, contrasted by Karstrup et al. who demonstrated sufficient material in 86% of cystic thyroid lesions when using

CNB.⁶⁸ Interestingly, inadequate sample rates showed no statistical difference when comparing FNA samples from solid masses to those of cystic masses. Furthermore, no CNB samples in either solid masses or cystic masses were considered inadequate. This further refutes the presumption that cystic masses are not amenable to CNB because of high rates of inadequate sampling.⁴³ In our study, CNB sensitivity for cystic masses presented no difference with sensitivity results for solid masses (83 vs 92%; p=0.43). This latter value is in fact similar to the one Kraft et al. found of 97% when assessing head and neck lesions with CNB.⁶⁷

Finally, FS results in cystic lesions were also difficult to compare with literature given their scarcity. FS is frequently cited as having 100% specificity in different neck lesions, including in the detection of branchial cleft cysts.^{46, 69, 70} Interestingly, among our patients, one was diagnosed with a suspicion of SCC on FS with a final diagnosis of branchial cleft cyst after undergoing a selective neck dissection. However, its sensitivity remains high (92%) and still represents a crucial tool for confirming malignancy in lateral cystic neck masses.

Cystic metastasis of PTC had a better sensitivity ($p=0.03$) and NPV ($p<0.001$) with FNA when compared to SCC cystic lesions. This is possibly due to the more easily discernable and distinctive features on PTC FNA smears such as multinucleated giant cells, psammoma bodies and foamy macrophages.^{71, 72}

In the present series, no complications were noted for any of the diagnostic interventions. FNA and CNB are in fact renowned for having very few procedural complications.⁷³⁻⁷⁸

Given all these results, we propose the following management for cystic neck lesions with regards to the use of FNA, CNB and FS (See Figure 8). Given its minimal invasiveness, safety, wide availability as well as adequate PPV in cystic lesions (92%), we suggest the initial use of FNA in patients with both solid and cystic masses. However, in the advent of a FNA not indicative of malignancy, CNB should then be used in assessing cystic masses since it has a significantly higher sensitivity than FNA (83% vs 59%, p=0.03) for detecting malignancy. If CNB is not diagnostic of malignancy, it should always be followed by FS to confirm the absence of malignancy since this test has a significantly better NPV (50% vs 92%; p=0.06). Any result diagnostic of malignancy on

FNA, CNB and FS in cystic masses, which all have a high PPV (92%, 100%, 93% respectively), foreshadows the presence of malignancy and an extensive search for primary tumor should be initiated.

FNA sensitivity for detecting malignancy in solid masses is sufficiently high for detecting malignancy and has no significant difference with CNB (80 vs 92%; $p=0.22$). Consequently, a patient with FNA of a solid mass not indicative of malignancy could either be observed or have a repeat FNA depending on clinical suspicion of malignancy.

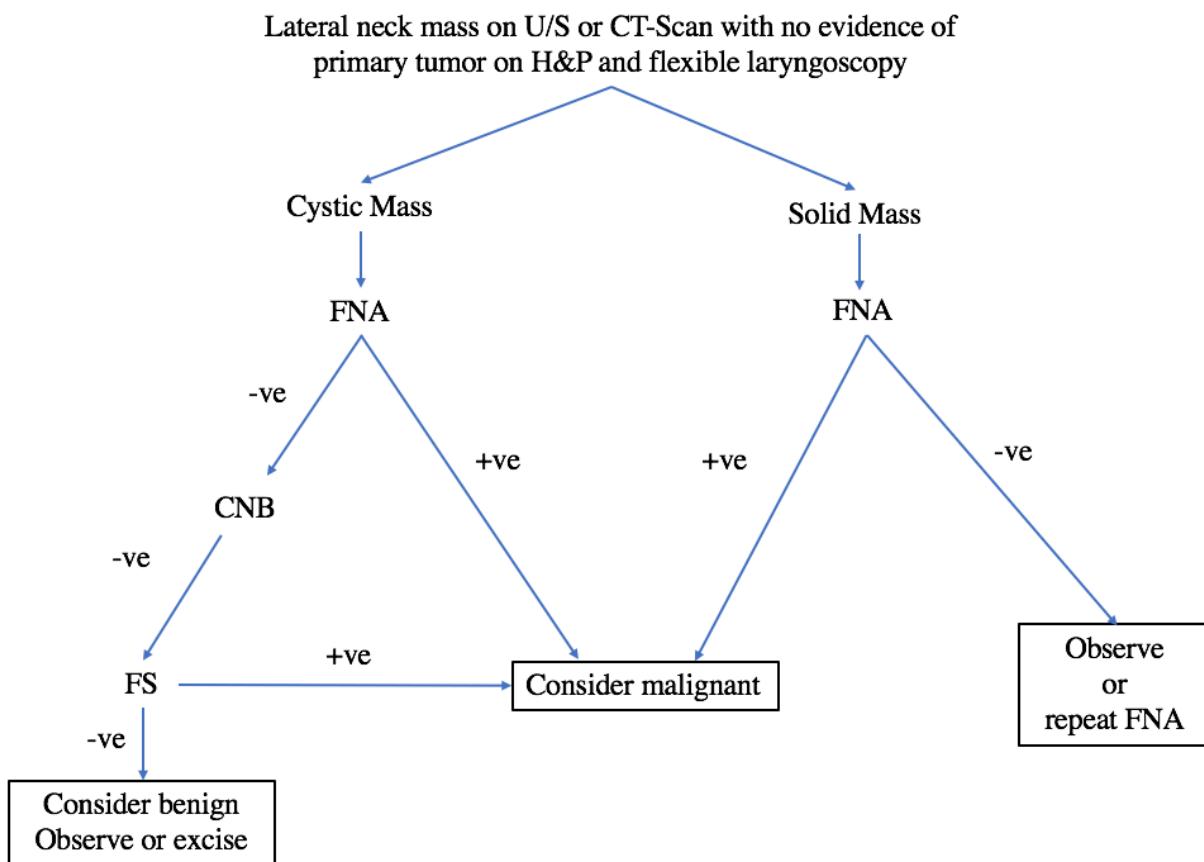


Figure 8: Proposed diagnostic algorithm for the management of cystic masses of the lateral neck.

U/S: ultrasound; CT-Scan: computed tomography scan; FNA: fine-needle aspiration; CNB: core-needle biopsy; FS: frozen section; SCC: squamous cell carcinoma; PTC: papillary thyroid carcinoma; +ve: positive; -ve: negative.

4.6.1. Limitations

Firstly, at our tertiary oncological center, almost all patients undergoing FNA for oncological indications are referred to expert interventional radiologists for U/S-guided FNA or CNB. That said, many patients included in this study were referred after having already undergone FNA or CNB. Therefore, it was not always clear who had undergone image-guided vs no-guidance in patients with an initial work-up outside our healthcare center. Also, comparison of image-guided vs non-guided FNA was not feasible given the low number of confirmed non-guided FNA (n=3) and high percentage of patients (40%) with lack of data. Additionally, information was missing with regards to how many cases who underwent FNA had rapid on-site evaluation. Secondly, we are aware that the inclusion of patients with primary lesions subsequently identified and confirmed with biopsy creates an issue calculating sensitivity, specificity, PPV, and NPV of all diagnostic modalities since the mass has not been proven to be malignant. However, all the patients who presented with neck masses had results diagnostic of malignancy on either FNA, CNB or FS. Given the presence of results indicating malignancy on all biopsy modalities and the presence of a primary tumor with pathological confirmation of malignancy, we consider it highly improbable that the mass in question would be benign. Although we cannot be absolutely certain of this, in most centers, if radiotherapy is planned, it is not indicated to excise the mass for pathological diagnosis before undertaking radiation treatment to the primary site and neck. For example, if a patient would present at onset with a T1 squamous cell carcinoma of the tonsil with a partially cystic neck mass, the mass would not be biopsied or excised. Most would agree that a biopsy of the tonsil would suffice to treat the neck by radiotherapy. Therefore, given the high proportion of patients without an excised cervical mass in this patient population (43%), we consider their inclusion to be invaluable to the power of our study and to the clinically relevant of these diagnostic procedures. Furthermore, excluding the patients presenting with cystic neck masses treated with radiotherapy would create a selection bias in our study population. In fact, most patients undergoing surgery in this study group are patients with a low suspicion of malignancy. Therefore, only including these patients would create a tendency toward selecting patients with benign disease and would not be representative of the true lateral cystic mass population. The nature of this disease and the current practice in treating it unfortunately makes

it impossible to have a uniform treatment plan for every one of these cases. This therefore limits the ability to fully respect the definition of sensitivity, specificity, PPV and NPV with regards to the need for a histologic confirmation as gold standard.

4.7. Conclusion

In our study, 72% of cystic neck masses were malignant. After evaluating FNA, CNB and FS results, we observed that sensitivity for detecting malignancy was significantly better when using CNB and FS when compared to FNA. FNA and CNB had similar negative predictive values, both being significantly less than FS's. Furthermore, FNA sensitivity for malignancy in solid masses was also shown to be significantly better compared to sensitivity in cystic masses. All tests, however, had a high PPV and only FNA showed inadequate specimen sampling, similarly in solid and cystic masses.

Overall, FNA and CNB should both be regarded as safe and useful tools for the diagnosing cystic neck masses but one should still be wary of a non-diagnostic result or the mention of absence of malignancy given relatively low NPV. Novel techniques such as image cytometry DNA-analysis can also be used to augment the sensitivity of these tests and, if systematically used, could further help in reducing the use of non-essential surgical interventions.⁷⁹

5. Discussion générale

Les modalités d'imagerie démontrent des limites évidentes. La présence de multiples adénopathies à l'échographie ou à la tomodensitométrie ne semble pas prédire la malignité d'une masse kystique. En effet, la tendance des kystes branchiaux à se surinfecter peut entraîner la présence d'adénopathies réactives au pourtour du kyste. À l'échographie, la vascularité et la présence de calcifications ne permettent pas non plus de différencier définitivement les kystes de carcinomes épidermoïdes des kystes branchiaux. À la tomodensitométrie, l'infiltration des graisses aussi ne semble pas différencier avec certitude les deux entités cliniques. Également, au niveau de la tomodensitométrie à l'émission de positron, le SUV de la masse kystique ne permet pas de clarifier le diagnostic. Le seul paramètre ayant démontré une certaine différence est la dimension crano-caudale. En effet, les kystes branchiaux ont démontré une dimension cranio-caudale significativement plus élevée lorsque comparés aux carcinomes épidermoïdes (39 mm vs 32 mm; $p=0.016$). Malgré ceci, la combinaison de toutes les variables d'imagerie a permis aux radiologues d'établir un diagnostic de malignité adéquat la majorité du temps. Par contre, la spécificité et la valeur prédictive négative étaient plutôt faibles. Ceci nous mène à suggérer aux cliniciens de maintenir une suspicion élevée de malignité malgré un diagnostic rassurant du radiologue.

La sensibilité de la cytoponction à l'aiguille fine était significativement meilleure pour les masses solides lorsque comparée aux masses kystiques (80% vs 59%; $p=0.02$). La sensibilité de la biopsie au trocart était par contre comparable entre les masses solides et kystiques. Il est important également de noter que l'examen extemporané a démontré une sensibilité élevée (92%) pour les masses kystiques du cou. En vue de ses résultats, nous proposons l'algorithme de prise en charge suivant. Vu la qualité peu invasive, l'accessibilité et la haute valeur prédictive positive de la cytoponction à l'aiguille fine, nous suggérons son utilisation dans la prise en charge initiale des patients ayant des masses solides ou kystiques. Toutefois, si la cytoponction n'indique pas la présence de malignité, la biopsie au trocart devrait être tentée vu la sensibilité plus élevée lorsque comparée à la cytoponction (83% vs 59%; $p=0.03$). Si la biopsie au trocart est négative pour la présence de malignité, un examen extemporané devrait suivre pour confirmer l'absence

de cancer vu la valeur prédictive négative nettement plus élevée (50% vs 92%; p=0.06). Un résultat positif pour la malignité avec l'un des trois examens diagnostiques doit être considéré comme prédicteur de malignité vu la valeur prédictive positive de chaque modalité diagnostique. Par conséquent, cette situation doit mener à une recherche extensive d'une tumeur primaire

Bref, tout médecin ORL-CCF qui traite un patient présentant une masse kystique latérale du cou devrait obtenir un historique détaillé ainsi qu'un examen physique ciblé pour rechercher un primaire de cancer possible. Tous les patients devraient également obtenir une tomodensitométrie pour caractériser la lésion cervicale et pour faire une recherche d'un primaire. Vu la nécessité d'effectuer une cytoponction ou une biopsie au trocart, une échographie devrait être également effectuée à la fois pour caractériser la lésion, mais aussi pour guider les prélèvements.

6. Conclusion

En résumé, les masses kystiques bénignes et malignes sont difficiles à distinguer par imagerie. De plus, la valeur prédictive négative d'un diagnostic rassurant à l'imagerie s'est avérée faible (62%). Donc, les cliniciens doivent interpréter ces résultats avec prudence. Après l'analyse des résultats de CAAF, de BT et d'EE, on remarque une meilleure sensibilité de la BT et de l'EE lors comparé à la CAAF. La CAAF et la BT ont des VPN similaires et significativement plus faibles que celle de l'EE. Ainsi, à l'aide des méthodes de prélèvement, il est possible de distinguer les masses kystiques bénignes des masses kystiques malignes et ainsi de limiter les erreurs de prise en charge et les conséquences dévastatrices résultantes.

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8. Annexes

Annexe 1: Preuve d'approbation du Département de Santé Publique (DSP)



Recherche clinique Demande d'accès aux dossiers médicaux à des fins de recherche

(Pour usage interne)

16 304

En vertu de la Loi sur les Services de Santé et les Services sociaux, le dossier médical d'un usager est confidentiel et nul ne peut y avoir accès sans le consentement de l'usager, de son représentant ou du directeur des services professionnels de l'établissement (LSSS, Art. 19).

TYPE DE DEMANDE

Nouvelle demande

Localisation des dossiers :

HSL HND HD

Demande pour une prolongation /modification

(Assurez-vous de compléter les sections A-B-C et G)

Inscrire le numéro du projet attribué par Nagano :

(Ex. : 15 555)

INFORMATIONS SUR LE PROJET DE RECHERCHE

A. Titre du projet de recherche :

Masse kystique du cou: un algorithme diagnostique et thérapeutique

B. Identification du chercheur principal (*Chercheur responsable du projet de recherche*)

Nom de famille : Christopoulos

Prénom : Apostolos

Téléphone(s) [REDACTED]

Poste(s)

Adresse(s) courriel

() -

C. Identification de la personne à contacter (*Si différente de B*)

Nom de famille :

Prénom :

Fonction :

Téléphone(s)

Poste(s)

Adresse(s) courriel

() -

() -

D. Identification des collaborateurs et du personnel de recherche pour qui l'accès est demandé
(Note : Ne pas inscrire les surveillants et moniteurs de recherche sur ce formulaire.)

Nom/Prénom :

Fonction (ex. résident) :

Nom/Prénom :

Fonction :

Tabet Paul

Résident

Nom/Prénom :

Fonction:

Nom/Prénom :

Fonction :

Nom/Prénom :

Fonction:

Nom/Prénom :

Fonction :

E. Spécifications des besoins

Période observée :

(Ex. : De sept. 2009 à aujourd'hui)

De : Janvier 2010

À : Septembre 2016

Critères spécifiques ? (Veuillez préciser des critères tels que : sujets de sexe féminin, cancer ovariens...)

1. Patient de 18 ans ou plus

2. Masse kystique ou à composante kystique confirmée par imagerie (échographie ou CT-Scan) située au niveau du cou.

Dates prévues pour la consultation :

(Ex. : De sept 2016 à mai 2017)

De : Janvier 2017

À : Décembre 2017

Est-ce que des photocopies / impressions seront requises? Oui Non

F. Objectif(s) du projet

- | | |
|--|--|
| <input checked="" type="checkbox"/> Publication / Affiche (poster) | <input checked="" type="checkbox"/> Conférence / Colloque (Présentation) |
| <input checked="" type="checkbox"/> Étude rétrospective au dossier | <input type="checkbox"/> Vérification des critères d'éligibilité (Recrutement) |
| <input type="checkbox"/> Autre : | |

G. Demande de modification à une autorisation (*Documenter le changement demandé*)

En tant que responsable de la recherche et de recherche, je m'engage à ce que les données consultées soient utilisées pour le [REDACTED] *et de recherche, je m'engage à ce que les données de recherche et en à préserver la confidentialité.*

[REDACTED]
Principal – Responsable du projet

15/12/2016
Date (jj/mmm/aaaa)

Nouvelle demande :

- Le formulaire est requis lors du dépôt du projet de recherche dans Nagano. Si le projet est autorisé au CHUM, la demande sera automatiquement transmise à la DSP-MA.

Demande de prolongation / modification :

- Le formulaire est transmis par l'équipe de recherche à la DSP-MA à l'adresse suivante : 06 CHUM DSP

SECTION RÉSERVÉE À LA DIRECTION DES SERVICES PROFESSIONNELS ET DES MÉCANISMES D'ACCÈS (DSP-MA)

Cette demande est : Accordée Refusée

Commentaires :

[REDACTED]
26/01/2017
Date (jj/mmm/aaaa)

La DSP-MA transmettra sa décision (nouvelle demande ou demande de prolongation/modification) en acheminant ce formulaire :

- À la personne contact identifiée au point B ou C
- Au Service des archives médicales à l'adresse suivante : 06 CHUM Archives Recherche

Annexe 2: Preuve d'approbation du Comité d'Éthique de Recherche (CÉR) du CHUM



Comité d'éthique de la recherche du CHUM
Pavillon R, 900 rue St-Denis, 3^e étage
Montréal (Québec) H2X 0A9

Le 10 janvier 2017

Docteur Christopoulos Apostolos
Axe de recherche: cancer

a/s: M. Guillaume B Cardin
courriel: [REDACTED]

Objet :	16.304 – Approbation initiale et FINALE CÉR restreint
	Masse kystique du cou: un algorithme diagnostique et thérapeutique

Docteur,

Nous accusons réception, en date du 10 janvier 2017, des documents soumis en vue de l'approbation du projet mentionné en rubrique. Votre projet a été évalué en comité restreint compte tenu qu'il s'agit d'un projet considéré à risque minimal pour les participants. Nous avons examiné les documents suivants :

- Formulaire de demande d'évaluation éthique d'un projet (formulaire 11)
- Protocole de recherche, version datée du 10 janvier 2017
- Formulaire Évaluation budgétaire - Formulaire A, version 1 datée du 15 décembre 2016
- Budget, version 1 datée du 15 décembre 2016
- Formulaire DSP, version signée et datée du 15 décembre 2016
- Formulaire Soutien Service/Département du CHUM, version signée et datée du 15 décembre 2016

Le tout étant jugé satisfaisant, il nous fait plaisir de vous informer que la présente constitue l'approbation finale de votre projet de recherche, **valide pour un an à compter du 10 janvier 2017**.

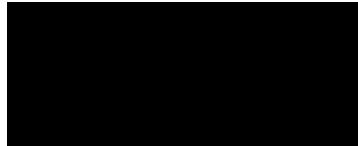
Vous devrez compléter le formulaire de renouvellement que nous vous ferons parvenir annuellement. De même, vous devrez soumettre pour approbation préalable, toute demande de modification ou document de suivi requis par le comité d'éthique conformément à ses Statuts et Règlements et ce via Nagano.

Veuillez noter que le projet de recherche ne pourra débuter avant que vous n'ayez reçu la lettre d'autorisation de réaliser la recherche dans les murs de l'établissement. De même, lorsque cela s'applique à votre situation, le projet ne peut débuter tant que le contrat n'est pas finalisé et dûment signé.

Le comité suit les règles de constitution et de fonctionnement de l'Énoncé de Politique des trois Conseils (ÉPTC 2) et des Bonnes pratiques cliniques de la CIH.

Pour toute question relative à cette correspondance, veuillez communiquer avec le secrétariat du comité par téléphone ou courriel: ethique.recherche.chum@ssss.gouv.qc.ca – 514 890-8000, poste 14485.

Vous souhaitant la meilleure des chances dans la poursuite de vos travaux, nous vous prions d'accepter, Docteur, nos salutations distinguées.



Camille Assemat
Vice-présidente
Comité d'éthique de la recherche du CHUM

Annexe 3: Demande d'autorisation de rédaction de mémoire ou de thèse par articles

Université de Montréal

Faculté de Médecine

M.Sc. et Ph.D (sciences biomédicales)

INFORMATIONS

DEMANDE D'AUTORISATION DE RÉDACTION DE MÉMOIRE OU DE THÈSE PAR ARTICLES

1. Éléments à préciser dans la demande écrite

L'étudiant doit noter qu'il devra obtenir, en temps opportun, l'accord de tous les coauteurs de chacun des articles pour qu'il puisse l'inclure dans son mémoire ou dans sa thèse. Il devra aussi respecter toutes les autres règles concernant la thèse ou le mémoire par article.

2. Liste des articles proposés

Pour chaque article que l'étudiant veut inclure dans son mémoire ou dans sa thèse, il doit indiquer l'ordre des auteurs, le titre, la revue à laquelle l'article est normalement destiné et l'état actuel de l'article (publié, soumis pour publication ou en préparation).

3. Signature et déclaration de l'étudiant concernant les articles

Chacun des articles doit faire l'objet d'une déclaration de l'étudiant. Pour chaque article publié ou soumis pour publication, il doit indiquer brièvement la nature de sa participation aux travaux de recherche et, s'il y a lieu, l'importance de sa contribution à l'article par rapport à celle des autres coauteurs. Dans le cas d'un article en préparation, il indiquera sa contribution actuelle ou prévisible aux travaux de recherche et à l'article.

La déclaration de l'étudiant devra bien sûr être dûment identifiée (nom complet, code permanent, matricule), signée et datée.

4. Avis et signature du directeur de recherche

Le directeur de recherche commenterà de façon appropriée les informations présentées par l'étudiant dans sa demande et donnera son avis sur le projet de rédaction du mémoire ou de la thèse par articles.

5. Décision ou recommandation et signature du directeur de programme

Dans le cas d'une demande d'autorisation de rédiger un mémoire par articles, le directeur de programme recueille toute information additionnelle qu'il juge pertinente et prend la décision d'autoriser ou non l'étudiant à procéder de cette façon. S'il s'agit d'une demande d'autorisation de rédiger une thèse par articles, le directeur fait une recommandation appropriée à la faculté compétente.

ACCORD DES COAUTEURS ET PERMISSION DE L'ÉDITEUR

A) Déclaration des coauteurs d'un article

Lorsqu'un étudiant n'est pas le seul auteur d'un article qu'il veut inclure dans son mémoire ou dans sa thèse, il doit obtenir l'accord de tous les coauteurs et joindre la déclaration signée à l'article en question. Une déclaration distincte doit accompagner chacun des articles inclus dans le mémoire ou la thèse.

B) Description de l'article

Fournir la liste des auteurs, le titre, la revue dans laquelle l'article est ou sera publié et la date. Si l'article est en phase finale de préparation ou a été soumis pour Publication, fournir les détails disponibles.

maj: novembre 2013

DEMANDE D'AUTORISATION DE RÉDIGER PAR ARTICLES**Cliquez pour ENREGISTRER puis remplir****1. NOM** Tabet**PRÉNOM** Paul**Code permanent** [REDACTED]**Matricule** [REDACTED]**2. Nom de l'unité académique**
Faculté de médecine**Programme Sciences biomédicales**
MSC – 248410 **PhD – 348410** **3. Liste des articles proposés (titre, auteurs et si publié, soumis ou en préparation)**

Cystic masses of the lateral neck: diagnostic value comparison between fine-needle aspiration, core-needle biopsy and frozen section. Paul Tabet MD; Nadim Saydy MD; Laurent Létourneau MD, FRCSC; Olga Gologan MD, FRCSC; Éric Bissada MD, FRCSC; Tareck Ayad MD, FRCSC 1,2; Jean-Claude Tabet MD, FRCSC; Louis Guertin MD, FRCSC; Phuc Félix Nguyen-Tan, MD; Apostolos Christopoulos, MD

Publié

Cystic masses of the lateral neck: diagnostic value of ultrasound, computerized tomography and positron emission tomography for predicting malignancy. Paul Tabet, MD; Nadim Saydy, MD; Laurent Létourneau, MD; Olga Gologan, MD; Éric Bissada, MD; Tareck Ayad, MD; Jean-Claude Tabet, MD; Louis Guertin, MD1,2; Phuc Félix Nguyen-Tan, MD; Apostolos Christopoulos, MD

En préparation

[REDACTED]	[REDACTED]
[REDACTED]	[REDACTED]
[REDACTED]	[REDACTED]

4. Déclaration de l'étudiant concernant les articles

Par le présent formulaire, je confirme ma participation dans les éléments suivants permettant la publication des articles mentionnés ci-haut: la revue de la littérature sur le sujet, la demande d'approbation du comité d'éthique du CHUM, la demande d'approbation du département de santé publique (DSP) pour la récolte de données personnelles des patients, la récolte de données, l'analyse des résultats et de la rédaction du manuscrit des articles.

Signature de l'étudiant [REDACTED]

2019-08-09

5. Avis du directeur de recherche

Par le présent, je confirme la participation de l'étudiant Paul Tabet et de tous les co-auteurs cités ci-haut dans toutes les étapes nécessaires à la complétion et la rédaction des articles scientifiques mentionnés. J'évoque également la nécessité de rédiger le mémoire de maîtrise de l'étudiant sous la forme "par articles" vu la participation de multiples co-auteurs et la publication réelle et potentielle des ces articles dans des revues scientifiques reconnues dans le domaine.

Signature du directeur de recherche [REDACTED]

2019-08-09

6. Décision ou recommandation du directeur du programme

Autorisée

Yahye Merhi, Ph.D., [REDACTED]

Signature du Directeur du programme

Date 8-8-2019

Cliquez pour RÉINITIALISER**Cliquez pour IMPRIMER**

maj: novembre 2013

Annexe 4: Autorisation des co-auteurs - Cystic masses of the lateral neck: diagnostic value comparison between fine-needle aspiration, core-needle biopsy and frozen section



**ACCORD DES COAUTEURS D'UN ARTICLE
INCLUS DANS UN MÉMOIRE DE MAÎTRISE OU UNE THÈSE DE DOCTORAT**

Lorsqu'un étudiant n'est pas le seul auteur d'un article qu'il veut inclure dans son mémoire ou dans sa thèse, il doit obtenir l'accord de tous les coauteurs. De plus, le nom de tous les coauteurs doit apparaître dans le manuscrit pour chacun des articles. L'étudiant doit s'assurer qu'il détient les autorisations requises.

Pour toute information complémentaire, consultez le Guide de présentation et d'évaluation des mémoires et des thèses disponible sous l'option Publications de la section Cheminement et encadrement du site www.fesp.umontreal.ca.

1. Identification

Nom Tabet	Prénom Paul	Matricule [REDACTED]
Grade Maîtrise	Programme Sciences biomédicales	

2. Description de l'article

Auteurs

Paul Tabet, Nodim Saydy, Laurent Létourneau, Oleg Gologan, Eric Bissada, Tareck Ayad, Jean-Claude Tabet, Louis Guertin, Phuc Félix Nguyen-Tan, Apostolos Christopoulos.

Titre
Cystic masses of the lateral neck: diagnostic value comparison, between fine-needle aspiration, core-needle biopsy and frozen section.

État actuel de l'article publié soumis pour publication en préparation

Revue / journal *

Head and Neck

* Si l'article est en phase finale de préparation ou a été soumis pour publication, veuillez fournir tous les détails disponibles.

3. Déclaration de tous les coauteurs autres que l'étudiant

À titre de coauteur de l'article identifié ci-dessus, j'autorise : Paul Tabet
à inclure cet article dans <input checked="" type="checkbox"/> son mémoire de maîtrise <input type="checkbox"/> sa thèse de doctorat
qui a pour titre
<i>Apostolos Christopoulos.</i>
<i>Tareck Ayad.</i>
Coauteur
<i>Eric Bissada</i>
Coauteur
<i>Phuc Félix Nguyen-Tan</i>
Coauteur
<i>Jean-Claude Tabet</i>
Coauteur
Date
<i>2019/08/13</i>
Date
<i>2019/08/26</i>
Date
<i>2019/08/26</i>
Date
<i>2019/08/16</i>
Date
<i>2019/08/26</i>
Date

Annexe 5: Autorisation des co-auteurs - Cystic masses of the lateral neck - diagnostic value of ultrasound, computed tomography and positron emission tomography for predicting malignancy

Université de Montréal Faculté des sciences infirmières et paramédicales

**ACCORD DES COAUTEURS D'UN ARTICLE
INCLUS DANS UN MÉMOIRE DE MAÎTRISE OU UNE THÈSE DE DOCTORAT**

Lorsqu'un étudiant n'est pas le seul auteur d'un article qu'il veut inclure dans son mémoire ou dans sa thèse, il doit obtenir l'accord de tous les coauteurs. De plus, le nom de tous les coauteurs doit apparaître dans le manuscrit pour chacun des articles. L'étudiant doit s'assurer qu'il détient les autorisations requises. Pour toute information complémentaire, consultez le Guide de présentation et d'évaluation des mémoires et des thèses disponible sous l'option Publications de la section Cheminement et encadrement du site www.fesp.umontreal.ca.

1. Identification

Nom Tabet	Prénom Paul	Matricule [REDACTED]
Grade Maîtrise	Programme Sciences biomédicales	

2. Description de l'article

Auteurs
Paul Tabet, Nadim Saydy, Laurent Létourneau, Aga Gologan, Eric Bissada, Tarek Agad, Jean-Claude Tabet, Louis Guérin, Phuc Félix Nguyen-Tan, Apostolos Christopoulos

Titre
Cystic masses of the lateral neck: diagnostic value of ultrasound, computed tomography and positron emission tomography for predicting malignancy.

État actuel de l'article publié soumis pour publication en préparation

Revue / journal *

* Si l'article est en phase finale de préparation ou a été soumis pour publication, veuillez fournir tous les détails disponibles.

3. Déclaration de tous les coauteurs autres que l'étudiant

À titre de coauteur de l'article identifié ci-dessus, j'autorise : à inclure cet article dans <input checked="" type="checkbox"/> son mémoire de maîtrise <input type="checkbox"/> sa thèse de doctorat qui a pour titre	Paul Tabet
<u>Apostolos Christopoulos</u>	[REDACTED]
<u>Tarek Agad</u>	2019/08/13
Coauteur	Date
<u>Eric Bissada</u>	[REDACTED]
Coauteur	2019/8/26
<u>Phuc Félix Nguyen-Tan</u>	[REDACTED]
Coauteur	19/8/16
<u>Jean-Claude Tabet</u>	[REDACTED]
Coauteur	2019/8/26
	Signature

FESP / formulaire accord des coauteurs mémoire ou thèse par articles / août 2012

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**ACCORD DES COAUTEURS D'UN ARTICLE
INCLUS DANS UN MÉMOIRE DE MAÎTRISE OU UNE THÈSE DE DOCTORAT**

Lorsqu'un étudiant n'est pas le seul auteur d'un article qu'il veut inclure dans son mémoire ou dans sa thèse, il doit obtenir l'accord de tous les coauteurs. De plus, le nom de tous les coauteurs doit apparaître dans le manuscrit pour chacun des articles. L'étudiant doit s'assurer qu'il détient les autorisations requises.

Pour toute information complémentaire, consultez le Guide de présentation et d'évaluation des mémoires et des thèses disponible sous l'option Publications de la section Cheminement et encadrement du site www.fesp.umontreal.ca.

1. Identification

Nom Tabet	Prénom Paul	Matricule [REDACTED]
Grade Maîtrise	Programme Sciences biomédicales	

2. Description de l'article

Auteurs	<i>Paul Tabet, Nadim Saydy, Laurent Létourneau, Olga Golovan, Eric Bisson, Tarek Ayad, Jean-Claude Tabet, Louis Guérin, Thuc Félix Nguyen-Tai, Apostolos Christopoulos</i>		
Titre	<i>Cystic masses of the lateral neck: diagnostic value of ultrasound compared to tomography and positron emission tomography for predicting malignancy</i>		
État actuel de l'article	<input type="checkbox"/> publié	<input type="checkbox"/> soumis pour publication	<input checked="" type="checkbox"/> en préparation
Revue / journal *			
* Si l'article est en phase finale de préparation ou a été soumis pour publication, veuillez fournir tous les détails disponibles.			

3. Déclaration de tous les coauteurs autres que l'étudiant

À titre de coauteur de l'article identifié ci-dessus, j'autorise : Paul Tabet		
à inclure cet article dans <input checked="" type="checkbox"/> son mémoire de maîtrise <input type="checkbox"/> sa thèse de doctorat		
qui a pour titre		
<i>Louis Guérin</i>	<i>[REDACTED]</i>	<i>2019/08/13.</i>
Coauteur		Date
<i>Nadim Saydy.</i>	<i>[REDACTED]</i>	<i>2019/08/26</i>
Coauteur		Date
<i>Laurent Létourneau</i>	<i>[REDACTED]</i>	<i>2019-8-14</i>
Coauteur	Signature <i>[REDACTED]</i>	Date
<i>Olga Golovan</i>	<i>X</i>	<i>2019/8/14</i>
Coauteur	Signature <i>[REDACTED]</i>	Date