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A brainstem neural substrate for stopping locomotion

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28 **ABSTRACT**

29 Locomotion occurs sporadically and needs to be started, maintained, and
30 stopped. The neural substrate underlying the activation of locomotion is partly
31 known, but little is known about mechanisms involved in termination of
32 locomotion. Recently, reticulospinal neurons (stop cells) were found to play a
33 crucial role in stopping locomotion in the lamprey: their activation halts ongoing
34 locomotion and their inactivation slows down the termination process.
35 Intracellular recordings of these cells revealed a distinct activity pattern, with a
36 burst of action potentials at the beginning of a locomotor bout and one at the end
37 (termination burst). The termination burst was shown to be time-linked to the end
38 of locomotion, but the mechanisms by which it is triggered have remained
39 unknown. We studied this in larval sea lampreys (*Petromyzon marinus*; the sex of
40 the animals was not taken into account). We find that the mesencephalic
41 locomotor region (MLR), known to initiate and control locomotion, stops ongoing
42 locomotion by providing synaptic inputs that trigger the termination burst in stop
43 cells. When locomotion is elicited by MLR stimulation, a second MLR stimulation
44 stops the locomotor bout if it is of lower intensity than the initial stimulation. This
45 occurs for MLR-induced, sensory-evoked, and spontaneous locomotion.
46 Furthermore, we show that glutamatergic and most likely monosynaptic
47 projections from the MLR activate stop cells during locomotion. Consequently,
48 activation of the MLR not only initiates locomotion, but it can also control the end
49 of a locomotor bout. These results provide new insights onto the neural
50 mechanisms responsible for stopping locomotion.

51 **SIGNIFICANCE STATEMENT**

52 The mesencephalic locomotor region (MLR) is a brainstem region well known to
53 initiate and control locomotion. Since its discovery in cats in the 1960s, the MLR
54 has been identified in all vertebrate species tested, from lampreys to humans.
55 We now demonstrate that stimulation of the MLR not only activates locomotion,
56 but that it can also stop it. This is achieved through a descending glutamatergic
57 signal, most likely monosynaptic, from the MLR to the reticular formation that
58 activates reticulospinal stop cells. Taken together, our findings have uncovered a
59 neural mechanism for stopping locomotion and they bring new insights into the
60 function of the MLR.

61 **INTRODUCTION**

62 Locomotion occurs in bouts of activity that must be efficiently started, maintained,
63 and stopped. In vertebrates, the spinal cord contains neural networks that
64 generate the muscle synergies essential for body propulsion (for review, see
65 Grillner et al., 2008). These spinal networks are in turn activated by brainstem
66 reticulospinal (RS) neurons, which are controlled by locomotor centers, such as
67 the mesencephalic locomotor region (MLR) (Shik et al., 1966; for review, see
68 Jordan, 1998; Ryczko and Dubuc, 2013). The MLR has been shown to initiate
69 and control locomotion in all vertebrate species tested (e.g. cat: Shik et al., 1966;
70 rat: Skinner and Garcia-Rill, 1984; mouse: Lee et al., 2014; salamander:
71 Cabelguen et al., 2003; birds: Sholomenko et al., 1991; lamprey: Sirota et al,
72 2000). Located at the border between the midbrain and hindbrain, it initiates
73 locomotion when stimulated electrically, pharmacologically, or optogenetically
74 (Shik et al., 1966; Garcia-Rill et al., 1985; Lee et al., 2014; Roseberry et al.,
75 2016; Caggiano et al., 2018; Josset et al., 2018). There is still a controversy
76 relative to the different motor behaviors that can be elicited by MLR stimulation.
77 In mammals, the MLR occupies a large area and stimulation of its sub-regions
78 elicits different locomotor behaviors that are associated with food seeking,
79 defense, or exploration (Sinnamon, 1993).

80 The MLR projects to RS cells (Orlovskii, 1970; Steeves and Jordan, 1984;
81 Le Ray et al., 2003; Ryczko et al, 2016), the activity of which is strongly
82 correlated with motor behavior (Drew et al., 1986; Deliagina et al., 2000; Bretzner
83 and Brownstone, 2013; Kimura et al., 2013; Thiele et al., 2014). We have

84 recently examined discharge patterns of RS cells during MLR induced
85 locomotion in the lamprey, a basal vertebrate (Juvin et al., 2016). Three activity
86 patterns were identified and related to the locomotor output: one group of RS
87 cells discharged transiently at the beginning of a locomotor episode; a second
88 group fired action potentials throughout a whole locomotor bout; a third group
89 responded with a burst of action potentials at the beginning and with another
90 burst at the end of a locomotor episode (termination burst). The activity pattern of
91 the third cell group was particularly interesting, as it had not been described
92 before in vertebrates. We demonstrated that pharmacological activation of these
93 cells halted ongoing swimming activity, whereas inactivation slowed down the
94 termination process. Therefore, we named them stop cells. Recently, there has
95 been growing research interest on the neural mechanisms involved in stopping
96 locomotion. A group of glutamatergic RS cells that play a crucial role in halting
97 locomotion has been identified in mice (Bouvier et al., 2015). Optogenetic
98 activation of these neurons (V2a 'stop neurons') terminates ongoing locomotion,
99 whereas blocking their synaptic output increases mobility. In another study,
100 activation of inhibitory glycinergic brainstem neurons has also been shown to
101 stop locomotion in mice (Capelli et al., 2017). Although these mammalian
102 brainstem neurons clearly stop locomotion, their pattern of discharge has not
103 been recorded as done in lampreys.

104 In lampreys, one key question remaining concerns the mechanism that
105 triggers the termination burst in stop cells. It was hypothesized that synaptic
106 inputs rather than intrinsic properties were involved (Juvin et al., 2016). In the

107 present study, we unexpectedly discovered that the MLR provides such a
108 synaptic input and we show that MLR stimulation not only initiates locomotion,
109 but also stops it. Experiments were carried out in semi-intact preparations, in
110 which intracellular recordings of RS cells can be correlated to active swimming
111 movements of the intact body. We found that during MLR-induced swimming, a
112 second MLR stimulation delivered at an intensity lower than that used to start
113 locomotion, stopped ongoing locomotion. Moreover, this low-intensity MLR
114 stimulation elicited a termination burst in stop cells. We found direct projections
115 from the MLR to the stop cell region and evidence of glutamatergic and most
116 likely monosynaptic connectivity. Our findings reveal a new function of the MLR
117 in terminating locomotion via activation of stop cells.

118

119 **MATERIALS AND METHODS**

120 *Ethics statement.* All procedures conformed to the guidelines of the Canadian
121 Council on Animal Care and were approved by the animal care and use
122 committees of the Université de Montréal and Université du Québec à Montréal
123 (QC, Canada). Care was taken to minimize the number of animals used and their
124 suffering. All experiments were performed in larval sea lampreys, *Petromyzon*
125 *marinus* that were collected in a river near Notre-Dame-de-Stanbridge (Rivière
126 aux Brochets, QC, Canada). The animals were kept in aerated water at 5° C and
127 received every other week approximately 2 mg of yeast per animal.

128 *Semi-intact and isolated brain preparations.* Semi-intact preparations (n =
129 58) were used to simultaneously record RS cell activity and locomotor
130 movements (Antri et al., 2009; Ryczko et al., 2013). For this purpose, the brain
131 and rostral spinal cord segments were dissected free and the caudal part of the
132 body was kept intact. Animals were deeply anaesthetized with tricaine
133 methanesulphonate (MS 222, 100 mg / l; Sigma-Aldrich) and transferred into a
134 cold and oxygenated Ringer's solution of the following composition (in mM): NaCl
135 130.0, KCl 2.1, CaCl₂ 2.6, MgCl₂ 1.8, HEPES 4.0, dextrose 4.0 and NaHCO₃ 1.0;
136 adjusted to a pH of 7.4. A transverse incision was made on the ventral side at the
137 level of the last pair of gills. Skin and muscle tissue was removed from the rostral
138 part of the body and around the head. The brain and the rostral spinal cord
139 segments were exposed dorsally by removing the surrounding tissue, skin,
140 muscles, and cranial cartilage. The choroid plexus over the mesencephalic and
141 fourth ventricles was removed to gain access to RS cells and the MLR.

142 Decerebration was achieved by a complete transverse section of the neuraxis
143 rostral to the mesencephalon. A dorsal midsagittal transection was performed at
144 the isthmus to provide an easier access to the MLR. The animals were
145 transferred into a recording chamber continuously perfused with cold, oxygenized
146 Ringer's solution. One part of the chamber was shallow and designed to pin
147 down the rostral part of the preparation onto the Sylgard (Dow Corning) lining at
148 the bottom, in order to record the activity of the brainstem neurons. The other
149 part of the chamber was deeper and allowed the intact body to swim freely (Fig.
150 1C). Animals were allowed to recover for at least 1 h before recording. For
151 anatomical experiments, isolated brain preparations of larval lampreys were used
152 ($n = 11$). The dissection procedure was the same as described above but a
153 complete transverse cut was made at the level of the last gills to remove the
154 body.

155 *Electrophysiological recordings and stimulation.* Intracellular recordings of
156 RS cells were made using sharp microelectrodes (80 - 120 M Ω), filled with 4M
157 potassium acetate. The signals were amplified, sampled at a rate of 10 kHz
158 (Axoclamp 2A; Axon Instruments), and acquired through a Digidata 1200 series
159 interface coupled to Clampex 8.1 software (Axon Instruments). Intracellular
160 signals were analyzed using Clampfit 10.4 (Axon Instruments) or Spike2 5.19
161 software (Cambridge Electronic Design Limited; RRID: SCR_000903). The MLR
162 was electrically stimulated on one side to elicit swimming movements of the
163 intact body. Trains of 2 ms pulses (frequency of 5 Hz for 10 s) were delivered
164 through custom made glass-coated tungsten microelectrodes (4 - 5 M Ω with 10

165 μm tip exposure) using a Grass S88 stimulator (Astro Med). Stimulation
166 intensities ranged from 0.5 - 15 μA , theoretically corresponding to a maximum
167 current spread of 130 - 281 μm around the stimulation electrode (Ranck, 1975).
168 Stimulation trains were delivered to the MLR with at least a 3 min waiting period
169 in between. The location of the stimulation site was based on previous
170 anatomical and physiological studies in the lamprey MLR, where the giant RS
171 cell I1 (Rovainen, 1967) served as a MLR landmark (Ryczko et al., 2013; Juvin et
172 al., 2016).

173 In a series of experiments, the synaptic connectivity was tested using a
174 high-divalent cation Ringer's solution (10.8 mM Ca^{2+} / 7.2 mM Mg^{2+} ; El Manira et
175 al., 1997; Brocard and Dubuc, 2003). In these experiments, the recording
176 chamber was split between the head and body using petroleum jelly (Vaseline)
177 and the Ringer's solution in the head chamber was replaced by the high-divalent
178 cation solution. After 30 min of exposure to the high-divalent cation solution, the
179 MLR was stimulated with two electrical shocks (2 ms) applied at 25 Hz.

180 *Drug application.* In a series of experiments, we performed local
181 applications of drugs (all dissolved in Ringer's solution): D-glutamate (5 mM,
182 Sigma-Aldrich); acetylcholine (1 mM, Sigma Aldrich); a cocktail of the glutamate
183 antagonists, 6-cyano-7-nitroquinoxaline-2.3-dione disodium [CNQX] (1.25 mM,
184 Tocris Bioscience) and 2-amino-5-phosphonovaleric acid [AP5] (5 mM, Sigma
185 Aldrich). Microinjections were performed as described in previous studies
186 (Paggett et al., 2004; Jackson et al., 2007). A glass micropipette (diameter of
187 opening 10 - 20 μm) was inserted in the MLR or the caudal MRRN and the

188 solutions were pressure-ejected (2 to 6 pulses of 20 - 30 ms at 3 - 4 psi) using a
189 Picospritzer (General Valve Corporation). The solutions were colored with the
190 inactive dye Fast Green for visual guidance of the ejected droplets (Ryczko et al.,
191 2017). Control injections consisted of Ringer's solution alone.

192 *Kinematic analysis.* A video camera (HDR-XR200; Sony) was placed 1 m
193 above the recording chamber to record swimming movements of the intact body
194 (sampling rate: 30 frame / s). Video recordings were analyzed using a custom
195 made script in MatlabR2009A (Math Works, Inc., RRID: SCR_001622; Brocard et
196 al., 2010; Ryczko et al., 2013). Swimming movements were analyzed by digitally
197 adding equally spaced markers offline along the midline of the body. The lateral
198 displacement of the body curvature was then monitored for each frame. For this,
199 the angle between the longitudinal axis of the non-moving body parts (line along
200 the body midline) and a straight line drawn between two successive markers
201 located in the middle of the body was measured for the entire locomotor bout.
202 The values are expressed in radian (rad).

203 *Anatomical tracing.* Anatomical experiments were performed to investigate
204 the distribution of MLR cells projecting to different regions of the reticular
205 formation. In these experiments, two injections were made on the same side of
206 the reticular formation, whereby Fluorescein dextran amines were always used
207 for the caudal injection and Texas red dextran amines for the rostral one. The
208 first injection, the caudal one, consisted of a unilateral transverse section of the
209 medial tegmentum using a microsurgical knife. The lesion was quickly filled with
210 crystals of Fluorescein dextran amines (3000 MW; Molecular Probes) left there to

211 dissolve for 10 min. This allowed the tracer uptake by the cut axons. After
212 thorough rinsing of the injected area, the preparation was placed in cold
213 oxygenated Ringer's solution to allow the tracer to retrogradely travel past the
214 location of the more rostral, future second injection. After 4 h, a second ipsilateral
215 transverse section of the medial tegmentum was made and quickly filled with
216 crystals of Texas Red dextran amines (3000 MW; Molecular Probes) left there to
217 dissolve for 10 min. Care was taken so that tracer from the second injection did
218 not spread to the first injection area. After thoroughly rinsing the second injection
219 site, the preparation was again placed in cold oxygenated Ringer's solution
220 overnight. The next morning, it was transferred into a fixative solution (4 %
221 paraformaldehyde in 0.1 M phosphate buffer with 0.9 % NaCl, pH 7.4 (PBS)) for
222 24 h, followed by an immersion in a sucrose solution (20 % in phosphate buffer)
223 for at least 24 h. The brain was frozen and cross sectioned (25 μ m) on a cryostat.
224 The sections were placed on ColorFrost Plus microscope slides (Fisher
225 Scientific) and rinsed with PBS and coverslipped using Vectashield mounting
226 medium (with DAPI; Vector Laboratories). Labeled cell bodies in the MLR were
227 observed under an E600 epifluorescent microscope equipped with a digital
228 camera (DXM 1200; Nikon). The sections were photographed and levels were
229 adjusted in Photoshop CS5 (Adobe Systems; RRID: SCR_014199) so that all
230 fluorophores were clearly visible. The size of labelled MLR neurons was
231 measured using a micrometric scale incorporated in the ocular of the
232 fluorescence microscope. As described in previous studies, the diameter of the

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233 somata was measured along the longest axis as seen on the cross sections (Le
234 Ray et al., 2003; Gariépy et al., 2012).

235 *Experimental design and statistical analysis.* For the present study,
236 sample size was not predetermined using a statistical method and was similar to
237 the sample size used generally in the field. The sex of the individual larval
238 animals was not taken into account. No blinding procedure or randomization was
239 used in this study. Statistical analysis was performed with Sigma Plot 11.0
240 (Systat Software Inc.; RRID: SCR_014199) and R (R Core Team; [http://www.r-](http://www.r-project.org/)
241 [project.org/](http://www.r-project.org/); RRID: SCR_001905). Data in the text are represented as the mean
242 \pm SEM. Comparisons between two groups were made using a paired t test. In the
243 cases in which normality and equal variance assumptions were not met, a
244 Wilcoxon signed-rank test was applied to compare the two groups. When
245 comparing more than two groups, a One-way ANOVA for repeated measures
246 was used as parametric and a Friedman ANOVA on ranks for repeated
247 measures as non-parametric analyses. These analyses were followed by a
248 Student-Newman-Keuls post-hoc test as a pairwise multiple comparison
249 procedure. To calculate correlations between variables, the Pearson product-
250 moment correlation test was used. For all statistical analyses carried out in this
251 study, differences were considered statistically significant when $p \leq 0.05$. * $p <$
252 0.05 ; ** $p < 0.01$; *** $p < 0.001$. Illustrations were made using Illustrator CS5
253 (Adobe Systems; RRID: SCR_010279).

254 *Data availability.* All relevant data are available from the authors.

255 **RESULTS**256 **MLR stimulation stops ongoing locomotion**

257 In a previous study (Juvin et al., 2016), three types of discharge patterns were
258 identified in RS cells in response to MLR stimulation: start, maintain, and stop
259 patterns of discharge (Fig. 1A). In the present study, we focused on the RS cells
260 that display a stop discharge pattern (stop cells), consisting of a burst at the
261 beginning and one at the end of a locomotor bout (termination burst).

262 We now characterized the changes that occur in this termination burst as
263 we increased the intensity of MLR stimulation. Stop cells were recorded
264 intracellularly in semi-intact preparations that allowed us to correlate the cellular
265 discharge to the frequency of the swimming movements (Fig. 1C). Stimulation
266 intensities below swimming threshold did not trigger the characteristic activation
267 pattern of stop cells, including the termination burst (Fig. 1B). Only when the
268 intensity of MLR stimulation was strong enough to elicit swimming, did the stop
269 cells produce the termination burst at the end of the locomotor bout. Interestingly,
270 the higher the stimulation intensity was, the larger was the number of spikes in
271 the termination bursts ($R = 8.96 \times 10^{-1}$, $p = 2.61 \times 10^{-3}$, Pearson product-moment
272 correlation; $n = 8$ samples in one animal; Fig. 1D). The same was true for pooled
273 data recorded in several neurons ($R = 8.06 \times 10^{-1}$, $p = 5.71 \times 10^{-13}$, Pearson
274 product-moment correlation; $n = 52$ samples in 6 animals; Fig. 1E). There was
275 also a positive correlation between the number of spikes in the termination burst
276 and the swimming frequency of the whole locomotor bout ($R = 7.57 \times 10^{-1}$, $p =$
277 8.22×10^{-11} , Pearson product-moment correlation; $n = 52$ samples in 6 animals).

278 The close relationship between the number of spikes in the termination
279 burst and the intensity of MLR stimulation suggests that MLR inputs could trigger
280 the termination burst. Consequently, the MLR would provide a signal that is
281 responsible for stopping locomotion. To test this, we performed experiments in
282 semi-intact preparations. Swimming activity was made to outlast the end of the
283 MLR stimulation by using an intensity larger than needed to elicit swimming (*e.g.*
284 Fig. 2A1). A second MLR stimulation was then applied during the swimming
285 activity exceeding the duration of the stimulation. Applying a second stimulation
286 at a low intensity (50 % of control) but in the same MLR site, stopped the
287 swimming episode earlier than in the absence of a second stimulation (Fig. 2A2).
288 It is noteworthy that such a low-intensity stimulation did not elicit locomotion at
289 rest (Fig. 2A4). Interestingly, the locomotor bout was prolonged when the second
290 MLR stimulation was made at the same intensity than the first one, *i.e.* sufficient
291 to trigger locomotion at rest (Fig. 2A3). We then quantified the effects of a low
292 intensity MLR stimulation in five animals (Fig. 2B). On average, the intensity of
293 the second MLR stimulation needed to significantly shorten the locomotor bout
294 was 46.60 % of control (ranging from 40 % to 50 % of the first stimulation).
295 Overall, the duration of the locomotor activity outlasting the end of the MLR
296 stimulation under control condition (*i.e.* without a second stimulation) was on
297 average 24.29 ± 2.28 s ($n = 25$ trials in 5 animals; Fig. 2B, white boxes), with a
298 range of 11.21 to 49.20 s. However, in the presence of a second low-intensity
299 stimulation the average duration of the locomotor activity outlasting the end of the
300 first MLR stimulation was significantly decreased to 11.78 ± 0.49 s, ranging from

301 7.12 to 17.83 s ($z = -4.37$, $p = 5.96 \times 10^{-8}$, Wilcoxon signed-rank test; Fig. 2B,
302 green boxes). The animals stopped within 7.05 ± 0.48 s after the beginning of the
303 second stimulation. In the same animals, we compared the effects of a second
304 MLR stimulation of low vs. high intensity (Fig. 2C, $n = 25$ trials for each
305 condition). Here, the average duration of a whole swimming bout was
306 significantly altered ($\chi^2_{(2)} = 4.47 \times 10^1$, $p < 0.001$, Friedman ANOVA on ranks for
307 repeated measures) to 62.95 ± 3.96 % of control when the MLR was stimulated
308 at a low intensity ($p < 0.5$, Student-Newman-Keuls test; Fig. 2C, green bar) and
309 to 133.05 ± 7.73 % of control when the second MLR stimulation was delivered at
310 a high intensity ($p < 0.5$, Student-Newman-Keuls test; Fig. 2C, grey bar).
311 Interestingly, the swimming frequency was not significantly altered by the second
312 stimulation ($\chi^2_{(2)} = 3.44$, $p = 1.79 \times 10^{-1}$, Friedman ANOVA on ranks for repeated
313 measures; Fig. 2D).

314 As shown in Figure 2B, the stimulation intensities of the second MLR
315 stimulation that significantly reduced the swimming duration varied from 40 % to
316 50 % of control. Another set of experiments was performed to define more
317 precisely the range of intensities needed to shorten or prolong the swimming
318 bouts (Fig. 2E). We first established the threshold intensity that was needed to
319 elicit locomotion (1T) and then the control intensity was set to 2T (100 %). The
320 intensity of the second stimulation was then varied from 0 % to 150 % of control
321 (with 12.5 % steps), which altered the duration of the locomotor bouts ($\chi^2_{(12)} =$
322 8.46×10^1 , $p = 5.34 \times 10^{-13}$, Friedman ANOVA on ranks for repeated measures; n
323 = 9 trials in 3 animals for each stimulation intensity). Under control condition,

324 when the MLR was stimulated only once at 100 % intensity, the average duration
325 of the locomotor bouts was 25.00 ± 1.18 s. When a second MLR stimulation was
326 delivered during ongoing swimming, intensities below 37.5 % of control had no
327 significant effect on the swimming duration ($p > 0.5$; Student-Newman-Keuls
328 test). Intensities between 37.5 % and 50 % produced a significant decrease
329 (19.22 ± 0.92 s and 19.67 ± 0.94 s, respectively; $p < 0.5$; Student-Newman-Keuls
330 test), intensities between 50 % and 75 % produced no significant change in
331 duration ($p > 0.5$; Student-Newman-Keuls test), and intensities of 75 % or higher
332 increased the swimming duration significantly ($p < 0.5$; Student-Newman-Keuls
333 test).

334 To avoid activating fibers of passage in the MLR, electrical stimulation was
335 replaced by pharmacological activation ($n = 20$ trials in 4 animals; Fig. 2F). The
336 MLR was first electrically stimulated to elicit locomotion and then D-Glutamate (5
337 mM) was locally injected (2 to 3 pulses of 20 ms for each injection; volume
338 ejected: 0.36 - 0.55 pmol) in the MLR as a second stimulation. In the same
339 animals, the D-Glutamate solution was then exchanged for Ringer's solution.
340 Swimming duration was altered ($\chi^2_{(2)} = 2.59 \times 10^1$, $p = 2.38 \times 10^{-6}$, Friedman
341 ANOVA on ranks for repeated measures), whereby injection of D-Glutamate
342 shortened the locomotor bouts significantly (60.13 ± 3.47 % of control; $p < 0.5$,
343 Student-Newman-Keuls test; Fig. 2F, violet bar). Injecting a Ringer's solution on
344 the other hand had no significant effect on the swimming duration (87.01 ± 3.88
345 % of control, $p > 0.5$; Student-Newman-Keuls test; Fig. 2F, grey bar).

346 To test whether there was a refractory period during which a second low intensity
347 MLR stimulation could not stop locomotion, the time interval between the end of
348 the first stimulation and the beginning of the second stimulation was reduced in
349 steps from 10, 5, to 0 s. In all cases, the second low-intensity stimulation
350 shortened the locomotor bout in comparison to control condition (Fig. 3A, B). It
351 was further observed that locomotion ended 6.27 ± 0.48 s, 6.56 ± 0.46 s, and
352 7.15 ± 0.52 s after the onset of the second stimulation for intervals of 10, 5, 0 s,
353 respectively ($F_{(2,48)} = 9.83 \times 10^{-1}$; $p = 3.81 \times 10^{-1}$, One-way ANOVA for repeated
354 measures, $n = 25$ trials in 5 animals; Fig. 3C).

355 In semi-intact preparations, swimming could be elicited by sensory
356 stimulation or it could occur spontaneously (Di Prisco et al., 1997; 2000). Both
357 sensory-evoked and spontaneous locomotor episodes could be stopped by low
358 intensity MLR stimulation (Fig. 4A, B). After pinching the dorsal fin (Stim; Fig.
359 4A1), long lasting swimming movements were elicited in resting animals ($n = 30$
360 trials in 6 animals). Low intensity MLR stimulation applied during the sensory-
361 evoked swimming activity stopped the locomotor bout significantly earlier as
362 compared to the control condition (64.31 ± 3.57 % of control; $z = -3.96$, $p = 1.60 \times$
363 10^{-5} , Wilcoxon signed-rank test; Fig. 4A2, A3). Due to their rarity, spontaneous
364 swimming bouts were not recorded kinematically, but they were monitored
365 through intracellular recordings of RS cells ($n = 25$ trials in 5 animals; Fig. 4B1).
366 The spontaneous locomotor episodes were also stopped earlier by a MLR
367 stimulation of low intensity (46.02 ± 5.03 % of control; $t_{(24)} = 9.00$; $p = 7.92 \times 10^{-9}$,

368 paired t test; Fig. 4B2, B3). In both experiments, MLR stimulation intensities
369 below swimming threshold were chosen as low-intensity MLR stimulation.

370 **The termination burst in stop cells is time-linked to the second MLR**
371 **stimulation**

372 Stop cells display a termination burst associated with the end of swimming
373 regardless of the way it is initiated (MLR stimulation, cutaneous stimulation,
374 spontaneous; Juvin et al., 2016). In the case of MLR-induced swimming, we
375 examined whether the burst occurs time-linked with a second MLR stimulation at
376 a low intensity (Fig. 5A1). The cellular activity of several stop cells was
377 transformed into a raster display and the trials were temporally aligned on the
378 onset of the second MLR stimulation ($n = 15$ trials in 3 animals; Fig. 5A2). This
379 second MLR stimulation of low intensity stopped locomotion significantly earlier
380 compared to the control condition (69.90 ± 7.26 % from control; $t_{(14)} = 3.41$; $p =$
381 4.23×10^{-3} , paired t test). Both, the raster plot and the peristimulus histogram
382 show an increase in spiking activity right after the onset of the second MLR
383 stimulation (Fig. 5A2). This indicates that the termination burst is systematically
384 time-linked to the onset of the second MLR stimulation. Maintain cells ($n = 16$
385 trials in 4 animals; Fig. 5B) were also recorded while locomotion was stopped by
386 MLR stimulation (decrease of swimming duration: 77.35 ± 4.60 % of control; $t_{(15)}$
387 $= 3.28$; $p = 5.00 \times 10^{-3}$, paired t test). In contrast to stop cells, the maintain cells
388 did not display a termination burst, whether a second MLR stimulation was
389 applied or not (Fig. 5B1, top and bottom). When a second MLR stimulation of low
390 intensity was applied, it produced a sustained spiking activity until the cell

391 repolarized at the end of the swimming bout, as illustrated in the raster display
392 and the peristimulus histogram (Fig. 5B2).

393 **Connectivity between the MLR and stop cells**

394 We then examined the connectivity between the MLR and stop cells. Stop cells
395 were intracellularly recorded to monitor their response to electrical shocks
396 applied to the MLR (Fig. 6). The MLR stimulation intensity was set at 50 % of the
397 intensity needed to trigger a locomotor bout. Under these conditions, double
398 shocks delivered at 20, 40, 60, 80 Hz elicited short latency EPSPs (2.8 up to 3.2
399 ms; $n = 4$; Fig. 6A). As the time interval between shocks was shortened, the
400 latency of the EPSPs remained unchanged. Next, high concentration of divalent
401 cations was added to the Ringer's solution to reduce the likelihood of
402 polysynaptic transmission (El Manira et al., 1997; Brocard and Dubuc, 2003).
403 Double shocks were delivered to the MLR at 25 Hz and in the recorded stop cells
404 ($n = 3$) the EPSPs were not changed, suggesting that at least part of the
405 connection between the MLR and stop cells is monosynaptic (Fig. 6B).

406 Anatomical experiments ($n = 11$) were then performed to examine MLR
407 projections to different regions of the reticular formation (Fig. 7). In each animal,
408 two different injections (two tracers) were made on the same side of the reticular
409 formation. In all experiments, the most caudal injection was made using a green
410 tracer (Fluorescein dextran amines) and the second one using the red tracer
411 (Texas Red dextran amines). The rostral injection was made 4 hrs after the
412 caudal one to allow the tracer used for the caudal injection to travel past the
413 rostral injection site. The caudal injection was made larger than the rostral one.

414 Because of this, MLR neurons with axons projecting to the rostral site were
415 labelled only in red, while the MLR neurons that project to the caudal site were
416 labeled by the two tracers (double-labeled) or only in green if they bifurcate from
417 the midline. Using this double-labeling approach, we examined populations of
418 MLR cells that projected to three different regions of the reticular formation (the
419 stop cell area, the maintain cell area, and the rostral posterior rhombencephalic
420 reticular nucleus). The experiments were carried in two groups of animals. In the
421 first group, the rostral injection was made in the stop cell area (caudal MRRN),
422 whereas the caudal one was made in the rostral pole of the posterior
423 rhombencephalic reticular nucleus (rostral PRRN) (Fig. 7A1 - A3; n = 4 animals).
424 We found that the retrogradely labelled cells projecting to the stop cell area (Fig.
425 7B, red dots) were widely distributed on both sides of the MLR. They were
426 intermingled with the cells projecting more caudally to the rostral pole of the
427 PRRN. In a second group of animals (n = 4), the rostral injection was made in the
428 maintain cell area (rostral MRRN) and the caudal one in the stop cell area
429 (caudal MRRN) (Fig. 7C1 - C3). As described for the first group of animals,
430 retrogradely labelled cells with projections to the maintain cell area (Fig. 7D, red
431 dots) were widely distributed on both sides of the MLR and they were
432 intermingled with the cells projecting more caudally in the stop cell area. When
433 comparing retrogradely labeled MLR cells from the caudal MRRN (Fig. 7B) and
434 the rostral MRRN (Fig. 7D), we found no difference in the diameter of the cell
435 bodies. MLR cells projecting to the caudal MRRN (Fig. 7B) had an average
436 diameter of $8.83 \pm 0.23 \mu\text{m}$ and those projecting to the rostral MRRN (Fig. 7D)

437 had an average diameter of $8.93 \pm 0.18 \mu\text{m}$ ($U = 2.75 \times 10^3$, $n_1 = 76$, $n_2 = 77$; $p =$
438 0.52 ; Mann-Whitney rank sum test). Moreover, we found no apparent clustering
439 of these two groups of cells. Because these comparisons were not made in the
440 same animals, another series of experiments was carried out with the injections
441 made in the same animal ($n = 3$; Fig. 8A1 - A3). Both injections were also made
442 smaller with one made in the maintain cell area (rostral MRRN) and the other in
443 the stop cell area (caudal MRRN) (Fig. 8A2). Results from these experiments
444 were very similar to those obtained previously. MLR cells projecting to the two
445 regions were intermingled (compare green and yellow dots to red dots in Fig.
446 8B). Taken together, these observations suggest that there is no clear
447 anatomical clustering of MLR cells projecting to different areas of the reticular
448 formation.

449 **Neurotransmitters involved in the stop signal from the MLR**

450 Pharmacological experiments were performed to determine the neurotransmitters
451 responsible for activating RS stop cells by the MLR (Fig. 9). In the lamprey, it has
452 been shown that MLR inputs to RS cells are glutamatergic and cholinergic (Le
453 Ray et al., 2003; Brocard et al., 2010). In the present experiments, locomotion
454 was elicited using electrical MLR stimulation and during the ongoing locomotor
455 bout, D-glutamate (Fig. 9B) or acetylcholine (Fig. 9C) was bilaterally injected into
456 the stop cell region (Fig. 9A). As previously described (Juvin et al., 2016),
457 injections of D-glutamate (5 mM; 3 to 6 pulses of 30 ms for each injection)
458 significantly shortened the duration of the locomotor bout ($52.32 \pm 4.12 \%$ of
459 control condition; $F_{(2,58)} = 6.66 \times 10^1$; $p = 9.57 \times 10^{-16}$, One-way ANOVA for

460 repeated measures; $p < 0.001$, Student-Newman-Keuls test; $n = 30$ trials in 6
461 animals). On the other hand, bilateral injections of acetylcholine into the stop cell
462 region (1 mM, 3 to 6 pulses of 30 ms for each injection) had no effects on the
463 duration of the swimming bout (100.42 ± 3.19 % of control; $F_{(2,58)} = 9.13 \times 10^{-2}$; p
464 = 9.13×10^{-1} , One-way ANOVA for repeated measures, $n = 30$ trials in 6
465 animals).

466 The previous results strongly suggest that glutamatergic inputs from the
467 MLR are responsible for the stop signal and not the cholinergic inputs. To test
468 this further, another set of experiments was performed in which glutamatergic
469 receptors were blocked in the stop cell region (Fig. 10A). First, locomotion was
470 induced by MLR stimulation (Fig. 10B1) and then a second MLR stimulation of
471 low intensity was applied to reduce the duration of the locomotor bout (Fig.
472 10B2). A cocktail of glutamate receptor antagonists CNQX (1.25 mM) and AP5 (5
473 mM) was then injected bilaterally over the stop cell region after locomotion was
474 induced by electrical stimulation of the MLR (Fig. 10B3). When a second MLR
475 stimulation of low intensity was delivered under CNQX and AP5, the duration of
476 the swimming bout was no longer significantly different from the control condition
477 (One-way ANOVA for repeated measures, $n = 25$ trials in 5 animals $F_{(2,48)} = 4.98$
478 $\times 10^1$; $p = 1.99 \times 10^{-12}$). The initial reduction of 60.74 ± 3.47 % of control ($p >$
479 0.001 , Student-Newman-Keuls test; Fig. 10B2 and Fig. 10C, green bar) was
480 reversed to 109.92 ± 4.60 % of control ($p = 6.30 \times 10^{-2}$; Student-Newman-Keuls
481 test; Fig. 10B3 and Fig. 10C, orange bar). These results indicate that

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482 glutamatergic projections are responsible for transmitting the stop signal to the

483 stop cells.

484 **DISCUSSION**

485 In the present study, we uncovered a neural substrate that controls the
486 termination of locomotion. It was previously shown in different vertebrate species
487 that the MLR activates RS cells to start and maintain locomotion (Orlovskii, 1970;
488 Steeves and Jordan, 1984; Sirota et al., 2000; Brocard and Dubuc, 2003; for
489 review see Ryczko and Dubuc 2013). In the lamprey, three different RS cell
490 populations were identified: start cells, maintain cells, and stop cells (Juvin et al.,
491 2016). When the MLR is stimulated in resting animals, a descending start signal
492 from the MLR activates all RS cell populations in the MRRN and initiates
493 locomotion. The locomotor episode is maintained through the activity of a sub-
494 group of RS cells, the maintain cells. We now show that MLR stimulation can
495 also produce an opposite behavioral effect consisting in the termination of
496 locomotion by providing a stop signal to RS cells that are crucial for stopping
497 locomotion, the stop cells.

498 **Synaptic inputs to stop cells**

499 The study of RS cells that are localized in the brainstem and that could be
500 involved in halting locomotion was carried out only in a few vertebrate species
501 (*Xenopus* tadpole: Perrins et al., 2002; cat: Takakusaki et al., 2003; mouse:
502 Bouvier et al., 2015; Capelli et al., 2017; lamprey: Juvin et al., 2016). Electrical,
503 pharmacological, or optogenetic stimulation of these RS cell populations was
504 shown to lead to the termination of ongoing locomotion. As of now, the detailed

505 mechanisms responsible for activating these RS cells that stop locomotion have
506 not been identified.

507 The MLR is known to project extensively to RS cells (Orlovskii, 1970;
508 Steeves and Jordan, 1984; Garcia-Rill and Skinner, 1987; Brocard and Dubuc,
509 2003; Brocard et al., 2010; Smetana et al., 2010; Bretzner and Brownstone,
510 2013; Ryczko et al., 2016). In the lamprey, these projections have been well
511 characterized. Inputs from the MLR to RS cells were shown to differ in strength of
512 connectivity depending on the localization of the RS cells in the hindbrain
513 (Brocard and Dubuc, 2003). For example, rostral RS cells located in the MRRN
514 receive stronger MLR inputs than those located more caudally in the PRRN. The
515 connections from the MLR to RS cells were shown to be both mono- and
516 disynaptic (Brocard et al., 2010; Smetana et al., 2010) and glutamatergic as well
517 as cholinergic projection neurons were identified to be involved in locomotor
518 initiation and speed control (Le Ray et al., 2003; Brocard and Dubuc, 2003). Our
519 anatomical data indicate that numerous MLR cells project to the area of the
520 reticular formation that is rich in stop cells and electrophysiological data suggest
521 that at least a part of the projections from the MLR to the stop cells is
522 monosynaptic. Moreover, our results indicate that glutamatergic projections are
523 involved in the MLR-induced termination of locomotion. For instance, injections of
524 D-glutamate over the stop cell region significantly reduced the duration of an
525 ongoing locomotor bout. Similar observations were previously made by Juvin et
526 al. 2016. To further confirm the role of glutamate in the MLR - stop cell
527 transmission, we now show that blocking glutamate receptors in the stop cell

528 region prevented the reducing effect of a second low intensity MLR stimulation
529 on the duration of a locomotor bout. In addition, the activation of cholinergic
530 receptors had no effect on the duration of the locomotor bout. This result is not
531 surprising because it was previously shown that there is only a small component
532 of MLR inputs to RS cells that is cholinergic (Le Ray et al, 2003).

533 Because locomotion could still end after blocking the glutamatergic
534 excitation of stop cells, it is possible that there are also other neural mechanisms
535 involved in the termination of locomotion. In mice, two different brainstem
536 mechanisms have been described for halting locomotion. Glutamatergic V2a
537 ‘stop cells’ were shown to efficiently halt locomotion when activated
538 optogenetically (Bouvier et al., 2015). Interestingly, these cells are located in the
539 caudal pons / rostral medulla, in a region that is very similar to that of the stop
540 cells in the lamprey. In addition, the authors have shown that the mice V2a ‘stop
541 cells’ provide a descending excitatory projection to the spinal cord via
542 glutamatergic inputs. It was also shown in mice that optogenetic activation of
543 inhibitory RS cells halts locomotion (Capelli et al., 2017). The authors proposed
544 that inhibitory RS cells in different regions of the brainstem of mice could evoke
545 different forms of behavioral arrest when activated. In the present study, it is not
546 unlikely that a progressive decrease in descending excitation could be involved
547 after the glutamatergic excitation to stop cells has been blocked. Therefore, it
548 appears that there could be several means of halting locomotion.

549 **How the MLR controls the termination of locomotion**

550 Classically, the MLR has been described to initiate and control locomotion (for
551 review, see Ryczko and Dubuc, 2013). The present findings indicating that
552 activation of the MLR can also terminate locomotion were therefore unexpected.
553 However, the MLR is a complex and large region in more recently evolved
554 vertebrates, where it consists of several nuclei that seem to contribute in different
555 ways to the locomotor repertoire. Sinnamon (1993) proposed that different MLR
556 sub-regions control different behaviors, such as appetitive, explorative, and
557 defensive behavior. In addition, experiments in cats revealed that electrical
558 stimulation of non-cholinergic neurons of the cuneiform nucleus (CnF) and
559 pendunclopontine nucleus (PPN), which are considered as parts of the MLR,
560 triggers movement. Stimulation of cholinergic PPN neurons on the other hand,
561 stops ongoing spontaneous walking and induces muscle atonia (Takakusaki et
562 al., 2003; Takakusaki et al., 2004; for review see Takakusaki, 2008). With the
563 development of optogenetic techniques, it has recently been possible to use a
564 more controlled approach to examine the multiple behaviors induced by the MLR
565 (Roseberry et al., 2016; Caggiano et al., 2018; Josset et al., 2018). Roseberry
566 and colleagues (2016) demonstrated that glutamatergic MLR cells drive
567 locomotion and cholinergic neurons modulate its speed. Local GABAergic
568 neurons on the other hand were shown to inhibit glutamatergic MLR cells and
569 thus stop locomotion when activated (Roseberry et al., 2016). The contribution of
570 glutamatergic neurons in the PPN and CnF to the locomotor output has also
571 been examined in more detail (Caggiano et al., 2018; Josset et al., 2018). It was
572 shown that glutamatergic neurons in both nuclei contribute to slow movements

573 but only glutamatergic CnF neurons can control high-speed locomotion. The PPN
574 was therefore associated with slow exploratory movements and the CnF with fast
575 escape behavior (Caggiano et al., 2018). These results were confirmed by
576 another study in which glutamatergic CnF neurons were shown to initiate and
577 accelerate locomotion and activation of glutamatergic PPN neurons produced
578 slow walking movements. Additionally, cholinergic PPN neurons were shown to
579 modulate locomotor speed (Josset et al., 2018). Taken together, the recent
580 studies indicate that the mammalian MLR is divided into different regions that
581 contribute to different locomotor functions. In contrast to this, the lamprey MLR is
582 much smaller and, in the present work, we did not find a segregation of MLR
583 cells projecting to the stop cell vs. maintain cell regions. Therefore, the MLR of
584 lampreys would be less clustered.

585 A salient finding in the present study is that stimulation of the same MLR
586 site can produce opposite behaviors (initiation vs. termination of locomotion)
587 when changing the intensity of the MLR stimulation. It is possible that changing
588 the stimulation intensity activates different sub-populations of neurons. For
589 example, MLR cells projecting to the stop cells could have intrinsic properties
590 (e.g. membrane resistance or threshold) that would differ from those of other
591 MLR cells. The excitability of these MLR cells could also change depending on
592 the behavioral state of the animal. For example, the excitability could increase
593 during locomotion allowing the MLR cells to be activated by low intensity
594 stimulation. On the other hand, MLR cells projecting to start and maintain RS
595 cells would be highly excitable at rest and their excitability would decrease during

596 the active locomotor state. This could explain the observations made in the
597 present study, in which the second stimulation produces a termination burst in
598 stop cells, but no increased activity in maintain cells. Altogether, the descending
599 inputs from the MLR to stop cells would be more efficient when occurring during
600 locomotion. Additional experiments are needed in the future to test this
601 hypothesis.

602

603 **Conclusion**

604 Results from the present study provide a better understanding of the neural
605 mechanisms responsible for stopping locomotion. We show that electrical
606 stimulation of the same MLR site can elicit opposing effects (initiation and
607 termination of locomotion) depending on the stimulation intensity. These results
608 could be important for the clinical research field because deep brain stimulation
609 of the MLR is presently carried out to reduce symptoms in Parkinson's disease
610 patients (Stefani et al., 2007; Wilcox et al., 2010; Arnulf et al., 2010; for review,
611 see Ryczko et al., 2013). Altogether, our results close a gap in knowledge
612 relative to the neural mechanism responsible for terminating locomotion.

613

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749 improvement in primary progressive freezing of gait. *J Neurol Neurosurg*
750 *Psychiatry* 82:1256-1259.

751

752 **FIGURE LEGENDS**753 **Figure 1. Response of stop cells to MLR stimulation of increasing intensity**

754 **A**, Activity pattern of three populations of reticulospinal (RS) cells in response to
755 MLR stimulation (adapted from Juvin et al., 2016): start cell (left), maintain cell
756 (middle), and stop cell (right).

757 **B**, Concurrent intracellular recording of a stop cell (top) and swimming activity
758 (bottom) in a semi-intact preparation in response to different MLR stimulation
759 intensities (2 to 10 μ A).

760 **C**, Schematic representation of the semi-intact preparation. The brainstem is
761 illustrated with intracellular (RS cells) and stimulation electrodes (MLR).
762 Swimming movements of the intact body are monitored with a video camera.

763 **D**, Relationship between the number of spikes in the termination burst and the
764 intensity of the MLR stimulation ($n = 8$ trials recorded in one stop cell).

765 **E**, Similar representation as in D, but for 6 stop cells recorded in 6 preparations.
766 Pooled data (black dots) were binned as a function of maximal stimulation
767 intensity with a bin size of 10 % (52 individual trials; grey dots). The number of
768 spikes and the stimulation intensities were normalized and represented as % of
769 maximal values.

770

771 **Figure 2. Effect of a second MLR stimulation on the swimming duration**

772 **A**, The lateral displacement of the body (rad) is plotted for swimming bouts
773 elicited by electrical MLR stimulation (control condition; 4 μ A, A1), when a
774 second MLR stimulation of low intensity (2 μ A, A2) or high intensity (4 μ A, A3)
775 was delivered 5 s after the end of the first MLR stimulation. MLR stimulation of
776 low intensity did not trigger locomotion at rest (2 μ A, A4).

777 **B**, Bar graphs illustrating the swimming duration (mean \pm SEM) in control
778 condition (white bars) and when the MLR was stimulated a second time at low
779 intensity while the animal was swimming (green bars). Each line represents one
780 animal (n = 5 trials for each condition). Time 0 represents the end of the first MLR
781 stimulation.

782 **C**, Histogram illustrating the average swimming duration under control condition
783 (white bar) and when the MLR was stimulated a second time with a low-intensity
784 (green bar) or with a high-intensity stimulation (grey bar). Bars represent mean \pm
785 SEM of pooled data that were normalized to control (n = 25 trials in 5 animals;
786 left y-axis). Dots represent mean \pm SEM of raw data for each animal (n = 5
787 stimulations for each animal; right y-axis).

788 **D**, Comparison of the average swimming frequency in three conditions: control
789 (white bar); when a second MLR stimulation of low intensity is delivered (green
790 bar); when a second MLR stimulation of high intensity is delivered (grey bar).

791 **E**, Swimming duration as a function of the intensity of the second MLR
792 stimulation. For each trial, swimming was elicited by electrical MLR stimulation
793 (100 %). Intensities of the second MLR stimulation were altered from 0 to 150 %

794 of control in 12.5 % steps. Grey dots represent swimming duration for each
795 individual trial (n = 9 trials in 3 animals for each condition), green dots represent
796 average duration (mean \pm SEM). The dotted horizontal line indicates the average
797 swimming duration under control condition, when no second stimulation was
798 delivered to the MLR.

799 **F**, Left: Schematic representation of the experimental setup when the second
800 MLR stimulation was delivered by injection of small D-glutamate quantities (2 - 3
801 pulses of 20 ms; volume ejected: 0.36 - 0.55 pmol) or Ringer's solution. Right:
802 Bar graph illustrating the average swimming duration in control condition (white
803 bar), when D-glutamate (violet bar), or Ringer's solution (grey bar) was applied
804 into the MLR during ongoing swimming. Data were normalized to the mean of
805 control. Bars represent the mean \pm SEM of pooled data (n = 20 trials in 4 animals
806 for each condition; left y-axis). Dots illustrate mean \pm SEM of raw data for each
807 animal (right y-axis). (* p < 0.05; n.s. not statistically significant).

808

809 **Figure 3. Effect of applying a second MLR stimulation at different times**

810 **after a first MLR stimulation**

811 **A**, In a semi intact preparation, swimming was elicited with high intensity MLR
812 stimulation (100 %, Control). A second MLR stimulation at a low intensity (50 %
813 of control) was delivered 10, 5, or 0 s after the first MLR stimulation had ended.

814 **B**, Histogram illustrating the average swimming duration in control condition
815 (33.53 ± 2.9 s; white bar; $n = 75$ trials), and when a second MLR stimulation of
816 low intensity was delivered 10 s (22.04 ± 0.63 s), 5 s (16.17 ± 0.74 s), and 0 s
817 (14.38 ± 0.72 s) after the end of the first MLR stimulation. Bars represent mean \pm
818 SEM ($n = 25$ trials for each condition).

819 **C**, Bar graph illustrating the time it takes to stop swimming after the onset of a
820 second low intensity MLR stimulation delivered 10, 5, or 0 s after the first MLR
821 stimulation. (** $p < 0.001$; n.s. not statistically different).

822

823 **Figure 4. Effect of a low-intensity MLR stimulation on ongoing sensory-**
824 **evoked or spontaneous swimming**

825 **A1**, Kinematic analysis of the lateral body displacement (rad) during sensory-
826 evoked swimming that was elicited by pinching the dorsal fin with forceps (Stim).

827 **A2**, Representation of sensory-evoked swimming, when a low-intensity
828 stimulation was delivered to the MLR 5 s after the onset of swimming. **A3**,
829 Histogram illustrating pooled data of average swimming duration (n = 30 trials in
830 6 animals) in control condition (white bar) and when MLR was stimulated
831 electrically of low intensity during sensory-evoked swimming (green bar).

832 **B1**, The intracellular recording of a maintain cell that fires action potentials
833 throughout the locomotor bout (monitored visually) was used to analyze
834 spontaneous locomotor activity. **B2**, Representation of cellular activity when MLR
835 stimulation of low intensity was delivered during spontaneous swimming. **B3**,
836 Histogram illustrating pooled data of duration of cellular activity in 5 animals (n =
837 25 events) in control condition (white bar), and when the MLR was stimulated 5 s
838 after swimming movements have started (green bar). In both histograms, bars
839 represent mean \pm SEM of the duration of swimming episodes or cellular activity
840 normalized to average value of control (left y-axis). Dots represent average
841 duration of swimming episodes or cellular discharge for each animal (mean \pm
842 SEM; right y-axis). In all experiments, MLR stimulation intensities were used
843 which would not induce locomotor activity in the resting preparation. (***) p <
844 0.001).

845

846 **Figure 5. Relationship between termination burst and low-intensity MLR**

847 **stimulation**

848 **A1**, In semi-intact preparations, stop cells were recorded in control condition (top)
849 and when a second MLR stimulation of low intensity (50 % of control) was
850 delivered 5 s after the first MLR stimulation had ended (bottom). **A2**, The raster
851 plot (top) and the peristimulus histogram (bottom; bin size = 1 s) illustrate the
852 cellular activity of stop cells (n = 15 trials in 3 animals) that is aligned to the onset
853 of the second MLR stimulation (dashed red line).

854 **B1**, Representation of cellular activity of maintain cells that display spiking
855 activity throughout the swimming episode (recorded in another animal). Maintain
856 cells were recorded during MLR-induced swimming (control condition, top) and
857 when the MLR was stimulated a second time with low intensity (50 % of control;
858 bottom). **B2**, Raster plot and peristimulus histogram represent spiking activity of
859 maintain cells (n = 16 trials in 4 animals) aligned to the onset of MLR stimulation
860 of low intensity (dashed line).

861

862 **Figure 6. Synaptic inputs from the MLR to stop cells**

863 **A**, Response of a stop cell to a pair of electrical shocks delivered to the MLR at
864 different frequencies (20 Hz, 40 Hz, 60 Hz, and 80 Hz). The black traces
865 represent average cellular responses from 1 of 4 recorded stop cells (n = 10
866 sweeps; grey traces).

867 **B**, Double electrical shocks were delivered to the MLR at 25 Hz while a stop cell
868 was recorded intracellularly. To reduce the likelihood of polysynaptic
869 transmission, a high-divalent cation Ringer's solution was applied in the
870 recording chamber (right, blue box) (El Manira et al., 1997; Brocard and Dubuc,
871 2003). Black traces represent average cellular responses from 1 of 3 recorded
872 stop cells (n = 10 sweeps; grey traces).

873

874 **Figure 7. Distribution of MLR cells projecting to different areas of the**
875 **reticular formation**

876 **A1**, Tracer injections were made at two rostro-caudal levels of the reticular
877 formation, one in the in the rostral pole of the PRRN (rPRRN) and the other one
878 slightly more rostral, where stop cells are located (caudal MRRN; cMRRN). The
879 extent of each injection is illustrated on photomicrographs of cross sections. **A2**,
880 Illustration of the injection sites on a schematic representation of the brainstem.
881 **A3**, High magnification photomicrograph (red and green filter sets images were
882 merged) of a cross section at the isthmic level illustrates neurons that were
883 retrogradely labeled in the MLR, some with one of the tracers (red and green
884 arrowheads), others with both tracers (yellow arrowhead). MLR cells that sent
885 projections to the stop cell rich area (caudal MRRN), were labeled with the red
886 tracer. Neurons that sent projections passed the caudal MRRN were double
887 labeled or labeled in green.

888 **B**, Schematic cross sections through the rostro-caudal extent of the MLR
889 showing neurons labelled on both sides. Red dots represent single labeled MLR
890 cells that project to the caudal MRRN but do not reach the rostral pole of the
891 PRRN. Green and yellow dots represent MLR cells projecting at least as far as
892 the rostral pole of the PRRN, passed the stop cell-rich area. The giant RS cell I1
893 that is used as a landmark to identify the caudal extent of the MLR, is
894 represented in black.

895 **C1**, Tracer injections were made at two rostro-caudal levels of the reticular
896 formation, one in the stop cell-rich area (caudal MRRN; cMRRN), the other

897 slightly more rostral in the maintain cell area (rostral MRRN; rMRRN). The extent
898 of each injection is illustrated on photomicrographs of cross sections. **C2**,
899 Schematic representation of the brainstem with the two injection sites. **C3**, High
900 magnification photomicrograph (red and green filter sets images were merged) of
901 a cross section at the isthmic level illustrates neurons that were retrogradely
902 labeled in the MLR, some with one of the tracers (red and green arrowheads),
903 others with both tracers (yellow arrowhead). The MLR neurons that sent
904 projections to the rostral MRRN, where maintain cells are predominantly located,
905 were only labeled with the red tracer, whereas all neurons that sent projections
906 further caudally to the caudal MRRN were double labeled or labeled only in
907 green.

908 **D**, Schematic cross sections through the rostro-caudal extent of the MLR
909 showing neurons labelled on both sides. Red dots represent single labeled MLR
910 neurons that project to the maintain cell area but do not reach the stop cell area
911 in the caudal MRRN. Green and yellow dots represent MLR neurons projecting at
912 least as far as the caudal MRRN, passed the maintain cell-rich area of the rostral
913 MRRN.

914

915 **Figure 8. Distribution of MLR cells projecting to the maintain cell area**

916 **or/and to the stop cell area**

917 **A1**, Localized tracer injections were made in the stop cell area (caudal MRRN,
918 cMRRN) and in the maintain cell area (rostral MRRN; rMRRN). **A2**, Schematic
919 representation of the brainstem illustrating the two injections that were smaller
920 and more medial compared to the injections made in the previous experiments
921 (Fig. 7C, D). **A3**, High magnification photomicrograph (red and green filter sets
922 images were merged) of a cross section at the isthmic level illustrates neurons
923 that were retrogradely labeled in the MLR, some with one of the tracers (red and
924 green arrowheads), others with both tracers (yellow arrowhead).

925 **B**, Representations of schematic cross sections through the rostro-caudal extent
926 of the MLR show neurons labelled on both sides. Red dots represent single
927 labeled MLR neurons that project to the maintain cell area in the rostral MRRN.
928 Green and yellow dots represent MLR neurons projecting at least as far as to the
929 stop cell area in the caudal MRRN.

930

931 **Figure 9. Effects of injecting glutamatergic and cholinergic agonists into**
932 **the stop cell region**

933 **A**, In a semi-intact preparation, bilateral injections of D-glutamate or acetylcholine
934 were made in the stop cell region (caudal MRRN) and electrical MLR stimulation
935 was used to induce locomotion. Injection and stimulation sites are illustrated in
936 the schematic representation of the brainstem.

937 **B**, D-glutamate was bilaterally injected into the stop cell region during MLR-
938 induced swimming. Compared to control condition (white bar), swimming
939 duration was significantly shortened by a local D-glutamate injection (violet bar)
940 and this effect was reduced after a wash out period of 1 hour (grey bar).

941 **C**, Acetylcholine was bilaterally injected into the stop cell region during MLR-
942 induced swimming. The duration of swimming was not significantly altered
943 compared to control condition (white bar) when acetylcholine was locally injected
944 in the caudal MRRN (blue bar) or after a wash out period of 1 hour (grey bar).
945 Data were normalized to the mean of control. In both experiments, bars
946 represent the mean \pm SEM of pooled data ($n = 30$ trials in 6 animals for each
947 condition; left y-axis). Dots illustrate mean \pm SEM of raw data for each animal
948 (right y-axis). (***) $p < 0.001$; n.s. not statistically significant).

949

950 **Figure 10. Effects of glutamatergic blockage in the stop cell region**

951 **A**, Schematic representation of the brainstem illustrating the injection and
952 stimulation sites. Note that the experiments were carried out in a semi-intact
953 preparation in which locomotion was induced and stopped by electrical
954 stimulation of the MLR. A cocktail of CNQX and AP5 was ejected bilaterally over
955 the stop cell region in the caudal MRRN.

956 **B1**, Swimming was induced with electrical MLR stimulation and stopped by
957 applying a second MLR stimulation at a lower intensity at the end of the first MLR
958 stimulation (**B2**). **B3**, Same as in B2 but after locally ejecting CNQX and AP5
959 over the stop cell region.

960 **C**, Bar graphs illustrating the average values obtained in 5 animals for the 3
961 conditions shown in B. Data were normalized to the mean of control. Bars
962 represent the mean \pm SEM of pooled data (n = 25 trials in 5 animals for each
963 condition). (***) $p < 0.001$; n.s. not statistically significant).

964

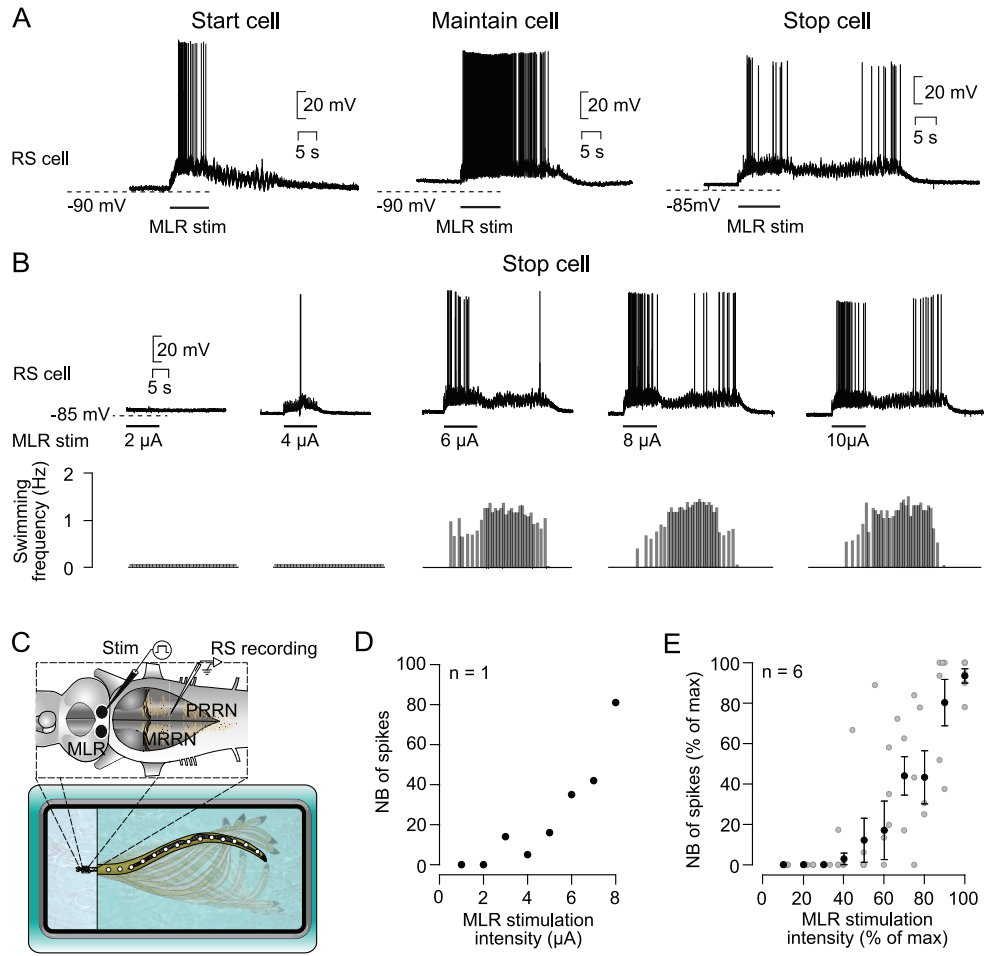


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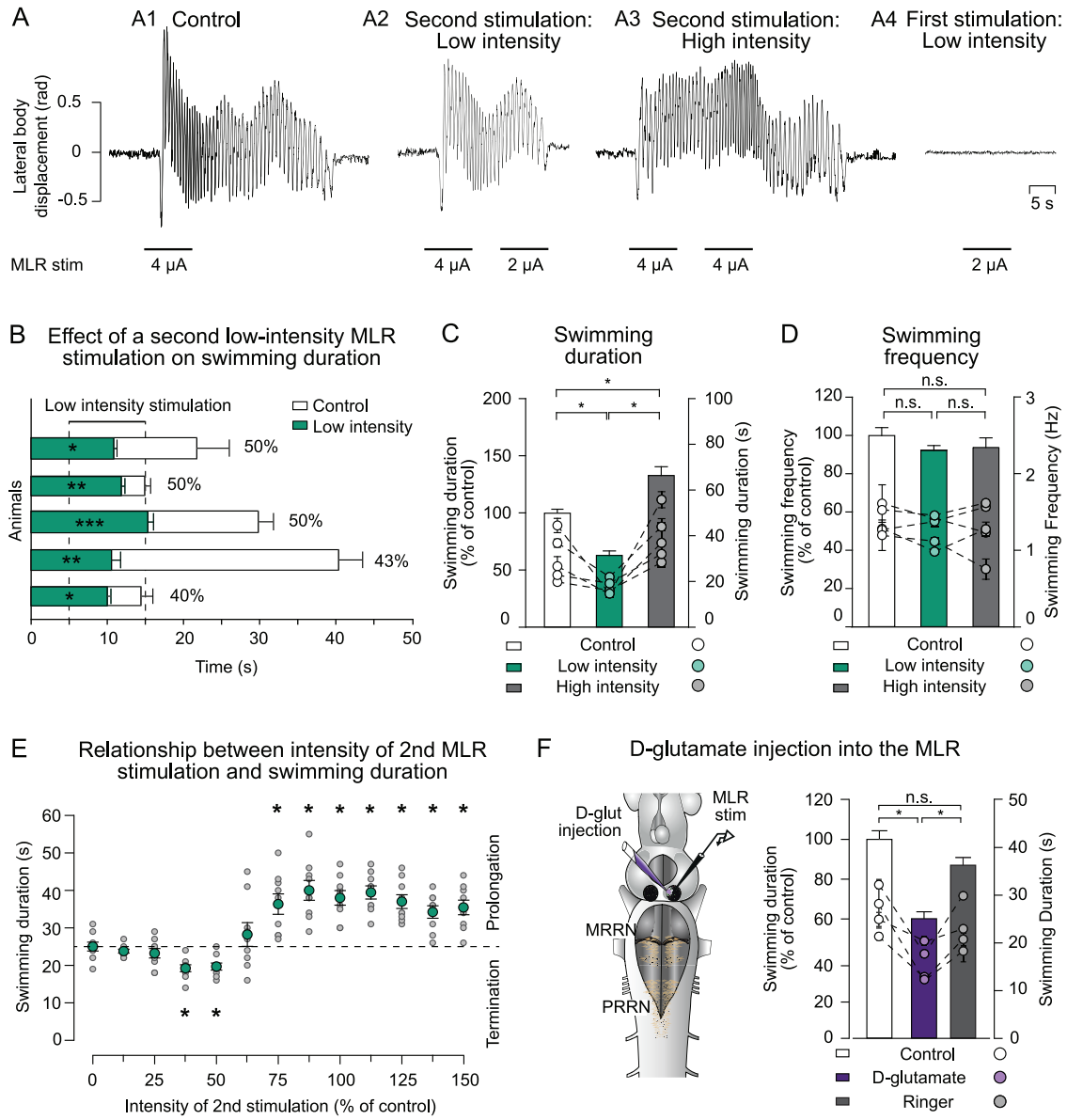


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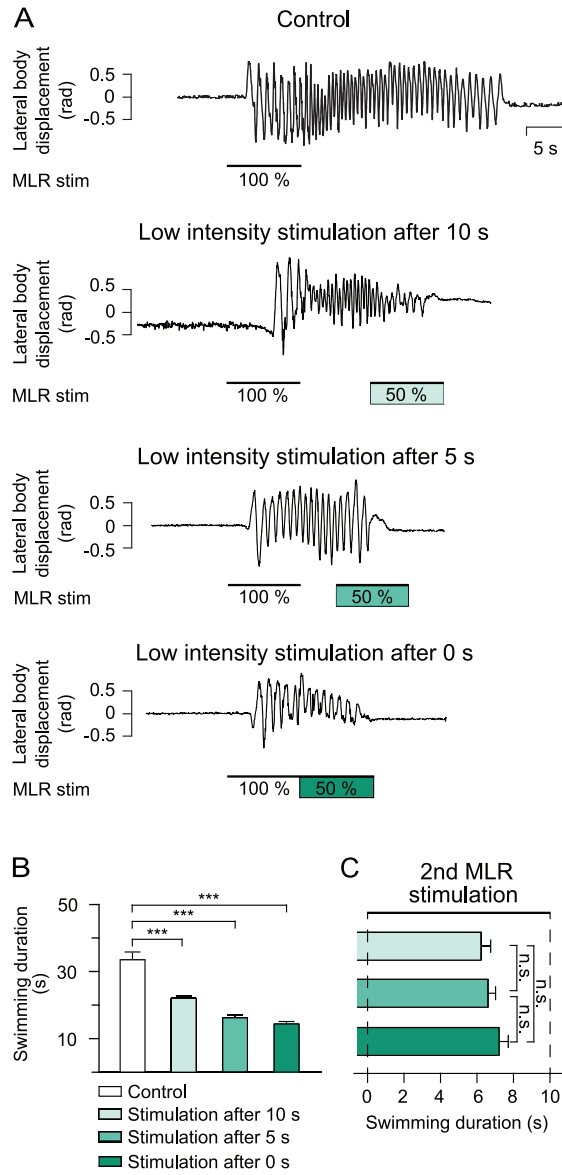


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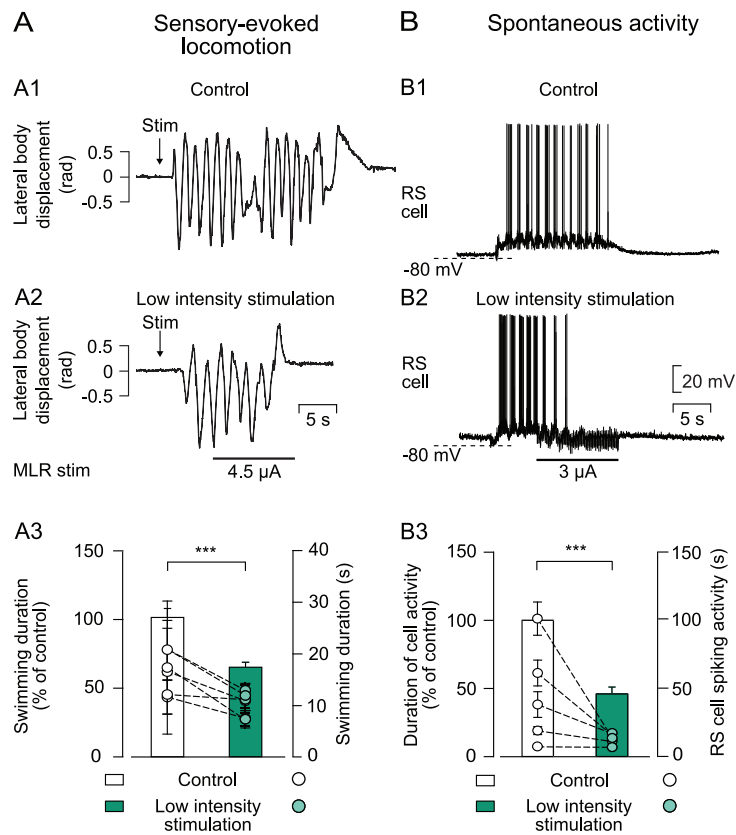


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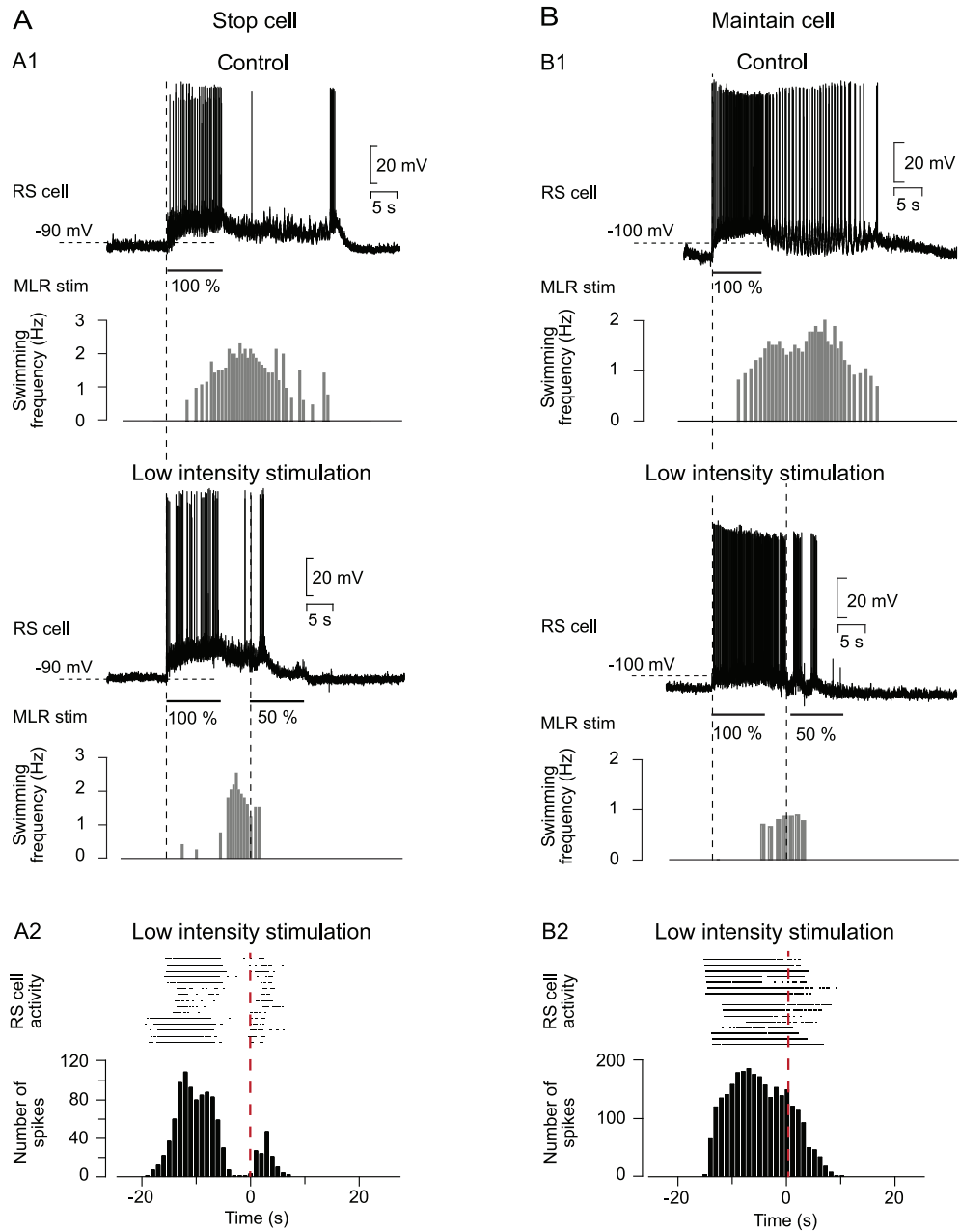
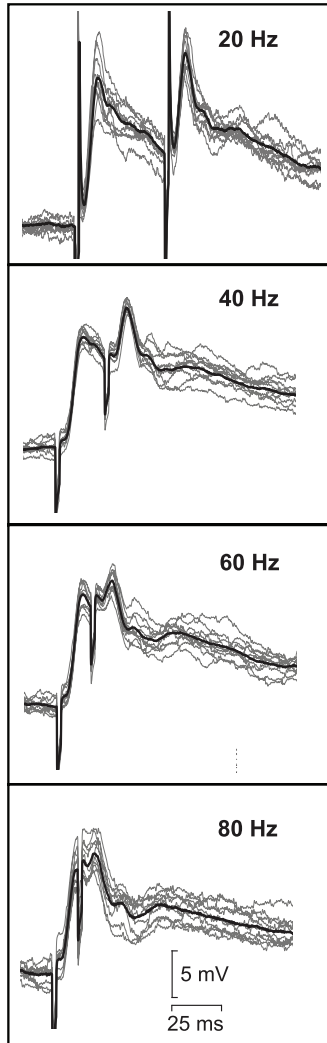


Figure 5

A Ringer's solution



B Ringer's solution

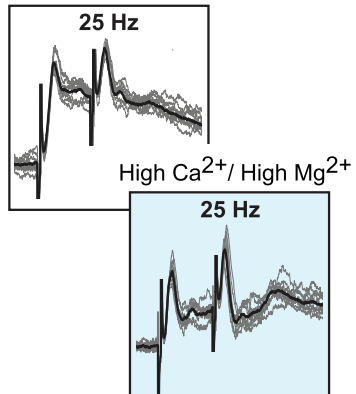


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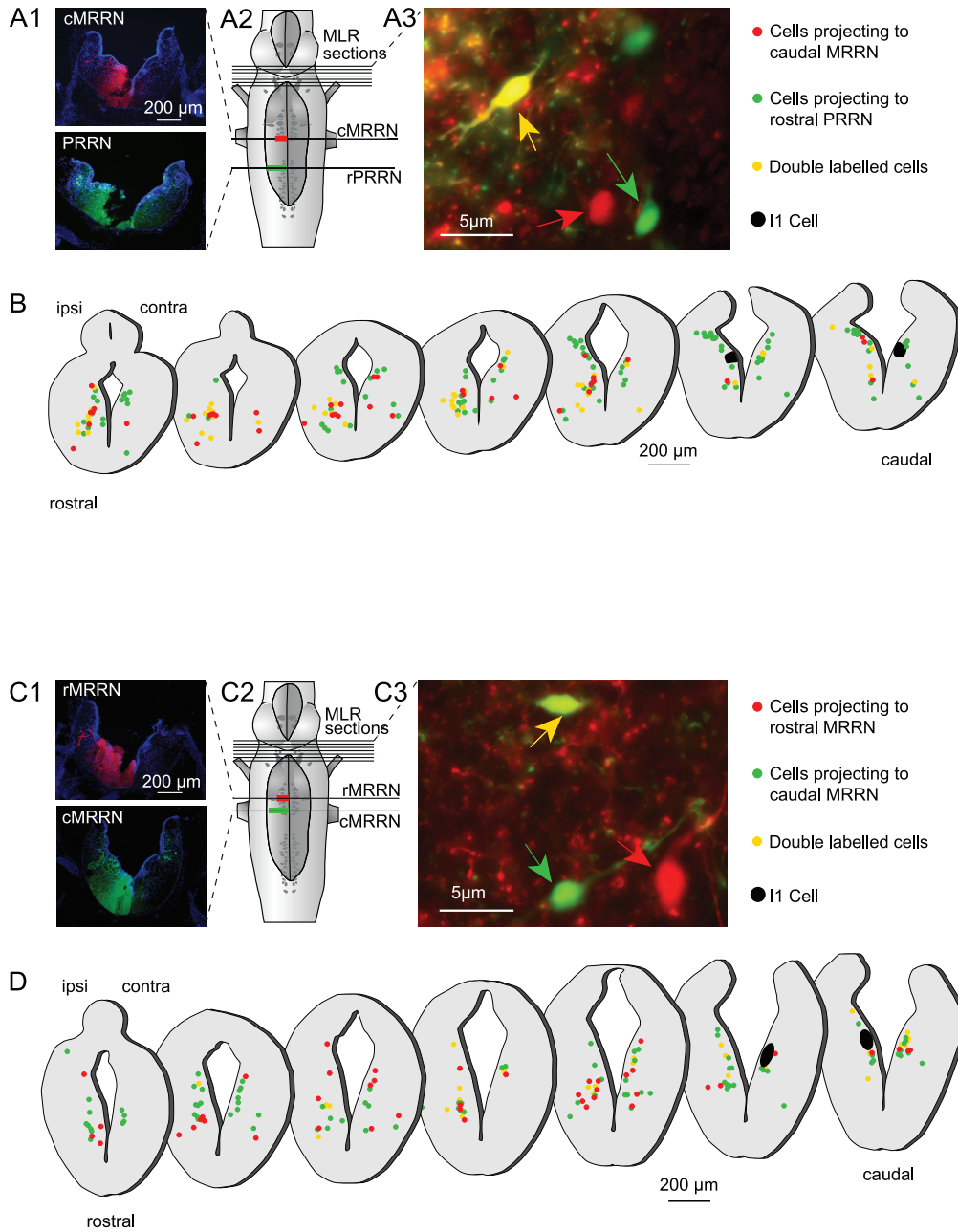


Figure 7

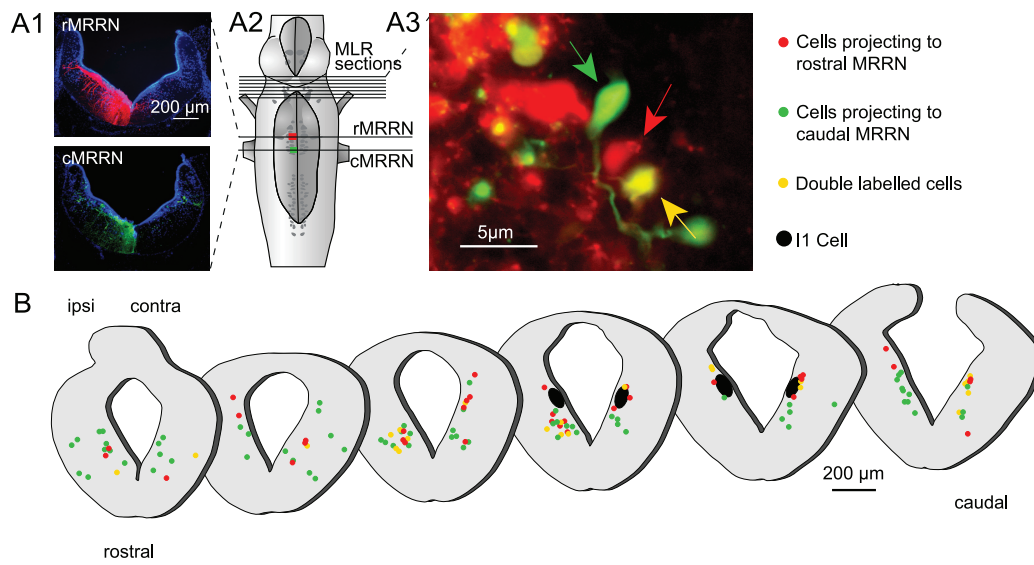


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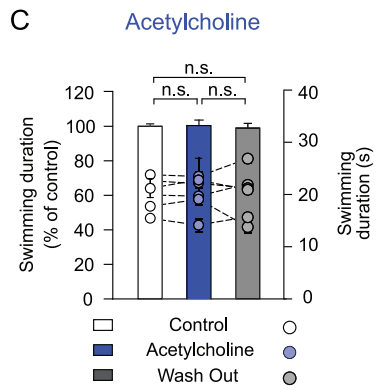
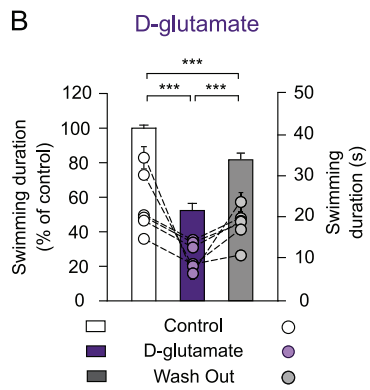
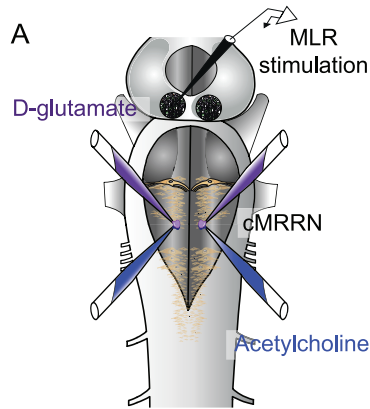


Figure 9

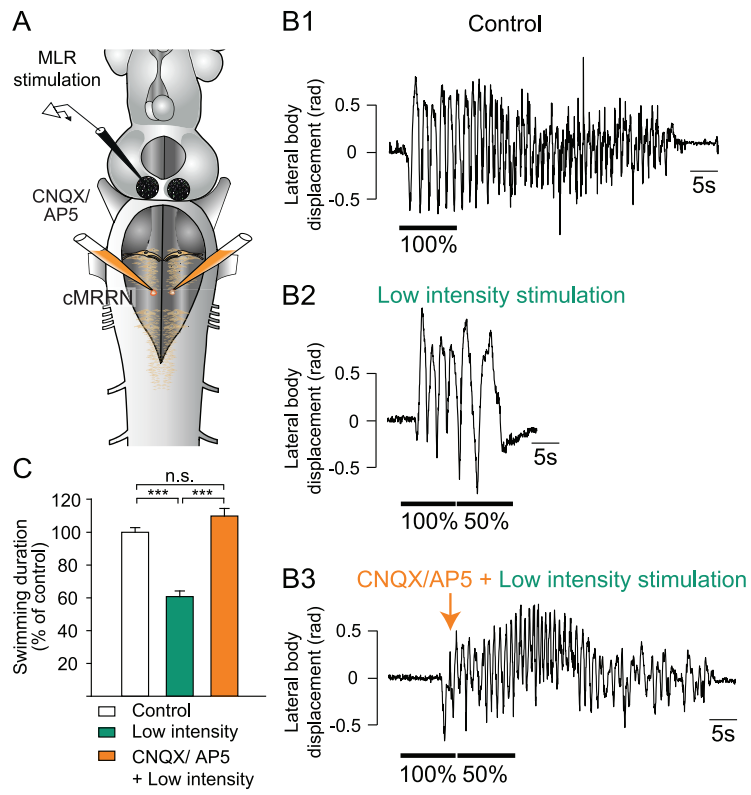


Figure 10